



SEPTEMBER

HEAD START NEWS

Blue Lake Head Start Newsletter



CONTENTS OF THIS ISSUE

- FROM THE DESK OF YOUR CDS
- CONTACT INFORMATION
- MARK YOUR CALENDARS
- FAMILY ADVOCATE CORNER
- A NOTE FROM THE TEACHERS
- HOME LEARNING & FAMILY ENGAGEMENT
- PARENT MEETING MINUTES
- POLICY COUNCIL UPDATES



FROM THE DESK OF YOUR CDS

By: *Jeamary Garcia*

Welcome to another wonderful Preschool year at Head Start! Welcome to the 2020-2021 school year. We would like to welcome all our returning families, with a special greeting to those families who are joining us here at Head Start for the first time. As we begin the new year during the COVID-19 Pandemic, we would like to assure you we will be doing everything recommended by the Centers for Disease Control (CDC) in order to keep your child and our staff healthy. We know we can count on you to be our partner in this effort. Please watch your child and all others in your household for signs and symptoms of illness. If you detect any, please keep your child home. Take your child's temperature often, assure lots of handwashing and practice wearing masks if tolerated. These will be things we will be doing when they join us this year therefore, practicing at home will help them get adjusted to these new routines. Together we will provide a positive and nurturing environment where your children can learn and grow as they explore and discover the world around them. We are partners together in creating a stimulating curriculum that encourages your children to learn and develop at their own pace. I trust we can work together as a team in providing the best learning experience possible for your children and us!

My name is Jeamary Garcia and I am the CDS (Child Development Specialist) for your child's center, please feel free to contact me at any time. I look forward to greeting each of you at the center at arrival/dismissal times. It is great seeing your child's smiling face every day at school, remember that attendance is very important, and we are glad to have your child at school every day. I am looking forward to this school year and am very excited for what it has to bring.



CONTACT US!

CDS: Jeamary Garcia - { 352} 279-2420

Family Advocate: Anna Triplett - {386} 337-4820

Classroom Phone Number

12-022: {386} 248-5883



MARK YOUR CALENDARS

**No School September 7, 2020
due to Labor Day.**



Head Start
Mid Florida Community Services
Early Head Start



FAMILY ADVOCATE CORNER

By: Anna Triplett

Managing Separation Anxiety

1. Develop goodbye rituals.

They help your child know what to expect, so they feel more confident. Do the same thing, in the same order, every day. So maybe a hug and a rhyme: "I love you, you love me, have the most fun ever and I'll pick you up at three!" and you wave as you leave.

2. Manage your own feelings privately...

Managing your own feelings reassures your child that there's nothing to be upset about. Children pick up on our cues. You can't expect your child to look forward to playing with the other children in school if you have tears in your eyes as you say goodbye.

3. Help your child make a smooth adjustment.

It can be difficult if your child cries and clutches at you. But remember that most children have some separation anxiety. Be positive and encouraging. Shorter goodbyes are better than long drawn out ones.

A NOTE FROM THE TEACHERS

CLASSROOM 12-022

Dear Families,

Welcome back to our class. We are excited to be back in school. We are learning our schedule and routines in the classroom. We are also learning to make friends. Please remember to send extra clothes and a blanket with your child. If you are going to be late or absent please call the center phone to let us know.

Sincerely,

Mrs. Marilyn and Miss. Katie



HOME LEARNING / FAMILY ENGAGEMENT

Ask families to continue bringing family photos. Talk to families whose children find it particularly challenging to transition from home to school in the morning.

Coming Soon!

POLICY COUNCIL UPDATES

The July minutes were approved. A prospective ten staff were approved for hire. The enrollment, attendance, and snack reports were approved. Additionally, a review of our school options were reviewed and updated with the Council. Service area and center reports were also approved.



CHILDREN'S BOOK SUGGESTION

A POCKET FOR CORDUROY by Don Freeman
https://youtu.be/_cURRIUGVwg