

Brooksville Parent Newsletter

October 2018



October 2018

Program of Excellence

Volume 1—Number-9

Educational Tips to Help Interest Your Child

The early years are critical to developing a lifelong love of reading. You can't start reading to a child too soon! **Read together every day.**

Read to your child every day. Make this a warm and loving time when the two of you can cuddle close together. Bedtime is an especially great time for reading together.

Give everything a name. You can build comprehension skills early, even with the littlest child. Play games that involve naming or pointing to objects. Say things like, "Where's your nose?" and then, "Where's Mommy's nose?" Or touch your child's nose and say, "What's this?"

Say how much you enjoy reading together.

Tell your child how much you enjoy reading with him or her. Look forward to this time you spend together. Talk about "story time" as the favorite part of your

day.

Read with fun in your voice.

Read to your child with humor and expression.

Use different voices for different characters. Ham it up!

Know when to stop.

If your child loses interest or has trouble paying attention, just put the book away for a while. Don't continue reading if your child is not enjoying it.

Be interactive.

Engage your child so he or she will actively listen to a story. Discuss what's happening, point out things on the page, and answer your child's questions. Ask questions of your own and listen to your child's responses.

Read it again and again and again.

Your child will probably want to hear a favorite story over and over. Go ahead and read the same book for the 100th time! Research sug-

gests that repeated readings help children develop language skills.



INSIDE THIS ISSUE:

From Your CDS	2
Classroom News	2-3
Meet your Staff	3
Home Activity	4
IMIL	4
Policy Council Report	5
Parent Engagement	5
Book of the Month	6
Nutrition Activity	7
Social & Emotional	8

From Your CDS

From the Desk of
Chantal A. Duncan, M.Ed.
Child Development Specialist



Dear Family and Friends,

Happy Fall! As we begin this beautiful, colorful, and cooler time of year, please remember to send jackets and weather appropriate clothes with your child. We will continue to go outside each day.

All the children seem to have settled in to their new routines very well. It is amazing to see how quickly they develop their social-emotional skills through the power of play. They are happy to explore all the new play areas around the preschool. It is delightful to see so many smiling faces each day.

As always, I am available to chat if you should have questions or concerns. I can be reached at 352-754-2464, extension 245. Thank you for trusting us to share your children and provide them with love.

Mark Your Calendars for October

- **Parent Meeting**
October 9, 2018 at 9am in the Cafeteria
- **Parent Volunteer Training**
To be Announced
 - October 12, 2018
(**Student Holiday**)
 - October 23, 2018
Policy Council Meeting
 - October 26, 2018
(**Student Holiday**)
- **Surprise in the trunk**
To be Announced

A Few Friendly Reminders!!!

Hours of operation: 8:30 AM ~ 2:30 PM.
Don't forget to empty your child's backpack nightly for important information!

Classroom

News

Room 806

In classroom 806 this month, we will learn about the five senses (hearing, **sight, touch, taste and smell**). You can help your child learn more by talking with her/him about the things that she/he is doing at school and the new letter and words that he/she is learning.

Birthdays

Keshaun G. 10/05

Ms. Evelyn & Ms. Shelby

Room 1402

Here in classroom 1402, we are working on how to be a friend, following classroom and outside rules and routines. We are also working on using our words to communicate. We are working on our feelings and be-



ing able to name how we feel!
Sadly, we bid farewell to one of our classmates
as he transitioned into a VPK classroom. Good
Luck, Cameron!

Miss Nicole & Mrs. Amber

Room 901

We are continuing to transition into the third month of school and things seem to be off to a great start. We have welcomed three new students to our classroom. We are learning and growing in knowledge every day. We are continuing to work on recognizing the ABC's, the numbers 1-20 with counting, colors, shapes, our names and transitions within our school day. We will continue to work on how to manage our feelings and actions during our Second Step curriculum. In our curriculum for October, we will be learning about "A is for Apple", "So Many Trees!", "Nutrition Activity" and "The Colors of Fall".

Ms. Kathie and Mrs. Jackie

Room 902

This month we will be busy with the children working on craft activities, practicing letter sounds and working on counting above 20. Our themes will be: **Visiting the Doctor, Visiting the Dentist, Moving the Mail and Nutrition, Healthy foods for our Bodies.** Some activities coming up will be our Head Start Awareness Week October 15-19th, Parent Activity will be pumpkin carving on October 17th at 10am and we all will be taking a short field trip to Mid Florida Community Services on October 31st. A quick reminder, parents if your child will not be in or will be in late please give us a call also if your phone number has changed please let us and the Family Advocate know. **Up coming classroom birthdays: Ms. Margie 10/4 Clarence 10/14 and Za'Riah 10/22.**

Ms. Nicky & Ms. Margie

Room 903

For the month of October we plan to continue reviewing and practicing writing our names, Counting and recognizing our numbers and letters and working on our social and emotional skills. We also will be planning to do pumpkin carving, where we will welcome parents to come out and volunteer in the classroom to help the children carving pumpkins. We will announce dates for this activity at a later time. **Our Birthdays for October** are Datrell C. 10/04/13, Bentley G. 10/20/13 and Julian S. 10/24/13.

Ms. Jessyal / Ms. Evian

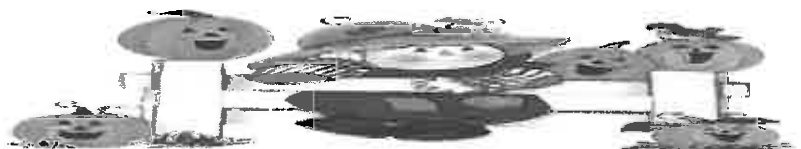
Room 904

Happy Fall everyone!! We are excited to start studying the changing seasons. We will also be learning about community helpers. We will be focusing on our letter writing for letters E, I, F, A and H. Our first Homework assignment will be a Scarecrow challenge starting on October 1. Prizes will be awarded. This month we will also be starting our Nutrition Curriculum Grow it, Try it, Like it and will be learning about different vegetables. In our second step curriculum we will continue to learn about following directions and identifying our feelings. We will need volunteers to help us with our plans. Please see Ms. Amy for further details. Thank you to all our parents who attended the Parent meeting. Your involvement makes all the difference.

Ms. Doyle & Ms. Revennaugh

Birthdays

Dominic 10/21/2013





Riddles and Brain Teasers for Kids

Q. What has a face and two hands but no arms or legs?

A. A clock!

Q. What is the easiest way to double your money?

A. Put it in front of the mirror of course!

Q. What has a thumb and four fingers but is not alive?

A. A glove.

Q. What has to be broken before you can use it?

A. An egg.

Q. What has a neck but no head?

A. A bottle.

Q. What gets wetter as it dries?

A. A towel.



I Am Moving, I Am Learning (IMIL)

Getting prechoolers moving can be especially helpful on a rainy day when they cannot go outside to play. Additionally they allow students to work on their gross motor and fine motor skills. These games also often involve music and allow students to think creatively. Read more: [Indoor Preschool Movement Games | cHow.com http://www.chow.com/list_6607282_indoor-preschool-movement-games.html#ixzz1Irts8f9H](http://www.chow.com/list_6607282_indoor-preschool-movement-games.html#ixzz1Irts8f9H)

Provide scarves and a clear space for the students to move around. Play several different types of music, and allow the students to get up and dance or move to the music. As you do this, discuss with the children how the music makes them feel and how they can use their movements to reflect the music.

Have the children form a large circle. Choose one child to stand in the middle of the circle. Put on some music. The child in the middle must perform an action to the music such as clapping, marching or toe-tapping. The rest of the group imitates the action. After about 30 seconds, the child in the middle points to a classmate and switches places with him. The game continues with the new person in the middle choosing an action. Make the game more interesting by introducing the children to a variety of dance moves throughout the year.

Put a twist on the traditional game of musical chairs. Place carpet squares around the room. Make sure there is one square for each child. Play music and ask the chil-

dren to dance around the room. When the music stops, each child must find a carpet square to sit on. Remove one square and play the music again. As the carpet squares are removed, the children must begin sharing them. See how many children are able to sit down when only a few squares are left. Use hula hoops if carpet squares are not available.



FROM YOUR FAMILY ADVOCATES

October is known as
Breast Cancer Month
Hispanic Month
Head Start Awareness Month

Mark your Calendar

- Parent Meeting
October 9, 2018 at 9am in the Cafeteria
- Parent Volunteer Training
To be Announced
- October 12, 2018
(Student Holiday)
- October 23, 2018
(Policy Council Meeting)
- October 28, 2018
(Student Holiday)
- Surprise in the trunk
To be Announced

ATTENTION

Please inform the teacher of
any change of family infor-
mation or pick up changes.

Please bring in a change of
clothes
and contact staff of absences

School Daily Time
HS—8:30AM-2:30PM
EHS—8:30Am - 4:30PM



Family Advocates

Martha Lawson Ext. 210
Lynda Kersey Ext. 209
Celina Degollado Ext. 213



Attendance Matters:

1. Absenteeism in the first month of school can predict poor attendance throughout the school year.
2. Poor attendance can influence whether children read proficiently by the end of third grade or be held back.
3. When students improve their attendance rates, they improve their academic prospects and chances for graduating.

Health Team

De'Lillian Richardson Ext.
214
Elizabeth Velazquez Ext.
249
Martha Maner Ext. 231

Hernando Head Start Program Staff

HS Classroom Staff

- 806 Evelyn Lugo/ Shelby DerRamus
- 901 Kathy Isaacson/ Jacqueline Clark
- 902 Nicky Longsworth / Marjorie Haimes
- 903 -Jessyal Acevedo/ Yulani Turnbull
- 904 Amy Doyle / Shirley Revennaugh
- 1402: Tina Dillon/Amber Russell

EHS Classroom Staff

- 807 Dionne Williams / Gina Hamilton
- 809 Michelle Maldonado/Audrey Hibbert
- 811 Elly Parker / Bridget Lovell
- 812 Nicola Martinez/Sita Ramrattan

Family Advocates

Martha Lawson Ext. 210
Lynda Kersey Ext. 209
Celina Degollado
Ext. 213



Health Team

De'lillian Richardson
Ext. 214
Elizabeth Velazquez
Ext. 249
Martha Maner
Ext. 231



**Parent
to
Parent News**

Parents,

If you have anything you would like to share with other parents and families, please see your family advocate so they can assist you with getting information in the newsletter. We look forward to hearing from you.

~Head Start Staff~

Book of the Month



Five little pumpkins sitting on a gate. The first one said, "Oh my, it's getting late." Join Pete the Cat as he rocks out to this cool adaptation of the classic Halloween song "Five Little Pumpkins."

School Readiness Goals

Approaches Towards Learning

ATL 1. Show curiosity, creativity and an eagerness to learn and experience new things

Language and Literacy Development

LLD 1. Increase English language communication skills \

Social and Emotional Development

SED 1. Express and manage feelings appropriately

SED 2. Develop and maintain positive relationships

Cognition and General Knowledge

CGK 1. Demonstrate an increased knowledge of pre-academic skills

CGK 2. Develop life skills and independence through everyday routines and interactions\

Physical Well-Being and Motor Development

PMD 1. Demonstrate control of large and small muscles

PMD 2. Develop and practice healthy and safe habits

Goals

CGK 2. Develop life skills and independence through everyday

PMD 1. Demonstrate control of large and small muscles

PMD 2. Develop and practice healthy and safe habits

SED 2. Develop and maintain positive relationships



**1st Annual Halloween Spooky
Train**

**FRIDAY & SATURDAY, OCTOBER 5TH &
6TH, 12TH & 13TH, 19TH & 20TH, 26TH &
27TH**

**SUNSET RIDE 6:00PM - 7:00PM, FRIGHT
RIDE 7:15PM - 10:00PM**

Introducing The Concourse Grand Railroad. We invite you to attend our first annual Halloween event and have a great family time. Board the Spooky Train and experience a brand new and exciting scary train ride. Take advantage of our giant Halloween hay bales with fun faces for a memorable photo opportunity. Please go to Links and visit the Grand Railroad page for more information.

Guest of all ages are welcome on the miniature train, but the Sunset Ride may be best for the young or fearful. 12 months and under are free!



*Check out our
Product and Safety News*

Top Food Recalls **Top 7 Recalls**

Safe Kids is committed to keeping you informed about recalls of products that can put kids at risk. This recall report includes reptile cage lights that can ignite and Pull-Back Speedy Jets toy planes with tires that can detach and pose a choking hazard to young children. The **Safe Kids'** recall center is a unique place where parents and caregivers can go to stay up-to-date on recalls of all child-related products.

Publix Super Markets Ground Chuck Beef

Possible *E. Coli* Contamination

Marsee Baking Cookies Undeclared Peanuts

Premo Brand Turkey & Cheese Wedge Sandwiches

Possible *Listeria Monocytogenes* contamination



Ingredients

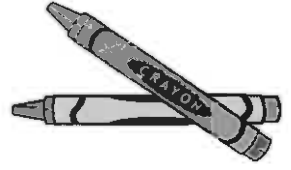
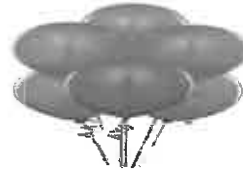
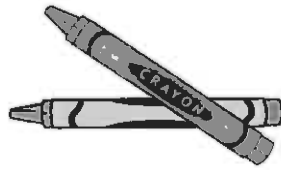
- 1 cup old-fashioned rolled oats
- 1 cup steel cut oats
- 1/2 cup shredded sweetened coconut
- 1 cup crispy rice cereal (like Rice Krispies or crushed rice chex)
- 1 cup peanut butter (you could use any nut butter)
- 1 cup ground flaxseed ground
- 2/3 cup chocolate chips
- 3/4 cup honey
- 2 teaspoons vanilla extract



Instructions

In a large mixing bowl, combine all ingredients. Refrigerate for at least 1 hour before forming into 1-2 inch balls. (If the mixture isn't holding together well enough you can add a little more nut butter or honey to help it bind). Keep refrigerated for an easy snack on the go. Feel free to include other "add-ins" like chopped almonds, raisins, etc.

From the Disability
Services Specialist



Ms. Zorabelle
Nevarez is now our
Disability Services
Specialist for
Hernando County.
She successfully
joined are team in
August.
Please feel free to
stop by and say hi.
She is located in
room 808.

HEAD START OPEN HOUSE!!

DATE: OCTOBER 24, 2018

Time: 2:45pm-3:45pm

Come and Meet Your Child's Teacher

Learn What your Child Learns

Ask Questions...



Head Start
Early Head Start



Hey Parents!
Simple Reminders!



Your Little Ones have adjusted well to their new teachers, friends, and routine during the months. You have done a terrific job of reassuring your children that you will return to reunite with them as soon as class is over. The children appear to feel secure and free to explore their new classroom, make new friends and develop new skills. Thank-you so much for all your help and support. You are the best!

Encourage your child to wash his/her hands before and after school, especially during the upcoming cold and flu season. We will continue to encourage hand washing here at school.

Policy Council Notes

The September Policy Council Meeting was held on Thursday, September 27th at Lake Sumter State College in Leesburg. Five 2017-18 policy council members were present. Sixteen policy council members, elected for 2018-19 program year, were in attendance to observe the meeting process. Seven staff members were present.

The following documents were approved: *Budget Report, Credit Card Report, Meals and Snacks Report, Service Area Reports, Center Reports and the Family Engagement Plan.* Details of the approved *Enrollment/Attendance Report* included the following: The average daily attendance of 3 Head Start classrooms in Volusia County was below 85% in August 2018 due to illness or transportation issues. The daily attendance of 2 Head Start classrooms in Hernando/Sumter County was below 85% in August 2018 due to illness, family travel plans or transportation issues.

The Program Information Report for services provided in 2017-18 (Early Head Start and Head Start) was reviewed. This report included data about program services in a variety of categories such as the number of children and families participating in the program, number of staff employed by program and the number of families who achieved their goals.

The following **new hires** were approved for Volusia County sites: 2 teachers and 1 center aide

The following **new hires** were approved for Hernando County sites: 3 teachers

Policy Council members who served during 2017-18 program year received special recognition for their dedicated service.

Training for newly elected 2018-19 **Policy Council members** is scheduled for Thursday, Oct. 11th at 9:30 am in Volusia County at the MFCS Admin. Office in Deland and Tuesday, Oct. 16th at 10:00 am in the Training room at the Hernando Admin. Office in Brooksville.

