

Woodward Head Start April 2018

From the Teachers:

We will begin April finishing our theme "Let's Move" as we learn more about movement, and read stories about following directions and solving problems using the topic "Follow the Leader". Through our theme "Growing and Changing" we will read stories about growing up, changes in nature and how things in nature grow and change. Our theme will close with learning about spring using the topic "Look, It's Spring!" and reading stories about how plants and animals grow and change in the spring. Through the Second Step curriculum we will review how to learn and get along with others, and focusing on learning empathy, emotion management, friendship and problem solving skills.











From the Desk of: Jennifer Fowler, CDS



Day after Day after Day...

Children thrive on routines. The daily routine carried out in the classroom helps children feel safe, secure and happy because they know what happens next.

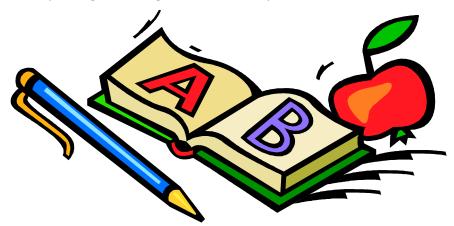
A written schedule is posted in each classroom, and outlines a time frame for the day's events. The schedule includes a balance of activities like arrival time, large group, small group, meals and indoor/outdoor play. Written schedules are critical for managing the day, but they are only a guide.

A picture schedule is available for the children. This helps them understand the routine and that certain things happen every day at school.

"Transitioning" in the classroom, or moving from one activity to the next throughout the day, can cause stress and mistaken behavior in children. To help, a successful teacher will have some creative transition ideas in her bag of tricks and will allow a child to move at his or her own pace whenever possible.

Classrooms that I consider "evolved" often seem loud and chaotic, but a closer look will reveal that the children know the routine, are independent and are working in their own way to achieve a common goal or to arrive at a certain point in the day.

Ask your child's teachers about transitions! They'll be happy to share some really clever ideas that may even help you keep things running more smoothly at home.





Make the most of your spring-cleaning yard sale-By: Sarah Brooks

This year, instead of stressing out and adding "garage sale" to your never-ending to-do list, let's make it fun! Garage sales don't have to be all work and no play — we'll show you exactly how you can make the most of this year's spring-cleaning garage sale.

Decide what to sell: As you tackle your spring cleaning to -do list, start setting aside items you no longer want, use or need. Include *everything* — from shower curtains and bath mats to silverware, art work and clothing. We suggest having a designated spot in your house for the stuff, such as on a few tables in the garage or in a spare bedroom.

Organize your items: Don't spend days organizing your items or stressing over this — remember, it's supposed to be fun! Simply group similar items together. Place clothing on one table, art work and trinkets on another, and kitchen and bathroom goodies on another. Larger items, such as furniture, yard tools, televisions and baby equipment, can be placed in the driveway or on the lawn. Price items accordingly, and know that it's better to overprice something than underprice it. You can always negotiate.

Advertise: Tip: Don't choose a holiday weekend, because people may be out of town.

First, make sure your neighborhood allows for garage sales any weekend of the year (some neighborhoods have community sales). If so, choose a weekend that works best for you, and start advertising! Tell your friends, post an ad on Craigslist and hang flyers in nearby supermarkets and coffee shops. The day of the sale, make sure you have plenty of signs and balloons within a 1 to 2 mile radius of your house. Most people who go to garage sales simply drive around looking for signs.

The day of the sale: Ahh, the day is finally here, and it's go time! Wake up an hour to two beforehand and go grab yourself some coffee and doughnuts. Trust us, you'll need it (plus, coffee and doughnuts make any event more fun). Get all your items arranged how you'd like, and sit back and relax. When potential customers start arriving, feel free to introduce yourself, but make sure to give them their space, too. If someone's interested in an item, always be willing to negotiate price. Remind yourself that you no longer want or need any of these items and that you priced them slightly higher than you intended on selling them for.

Donate any items that don't sell: Hopefully, your garage sale will be a success and you can take a much-needed minivacation or finally purchase that new rug you've had your eye on for months. For any items that don't sell, donate them to charity or Goodwill. Do not bring them back inside and store them. Remember, the whole point of your spring-cleaning garage sale is to get rid of excess clutter!



Thank you,

Nelly A. Pagán

Family Adcocate

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Policy Council update for March 201

The March Policy Council Meeting was held on Thursday, March 26th at Mid Florida Head Start/Early Head Start Administrative Offices in Hernando and Volusia Counties via video conference. Thirteen policy council members were present. One community partner was present. Ten staff members were present.

The attendance rate of several classrooms fell below 85% last month. The primary reason for absences was illness.

The following reports were approved: Budget, Credit Cards, Enrollment/Attendance, Meals and Snacks, Service Areas and Centers. Parent Activity requests for the following sites were approved: Holly Hill, West Volusia Education Center (WVEC), Osteen and Woodward.

New hires for the following positions were approved:

Volusia County: Part Time Extended Day Teacher at Chisholm Center and Center Aide at West Volusia Education Center (WVEC); Hernando County: Head Start Teacher at Spring Hill and Early Head Start Teacher in Brooksville.

Glynne Pascal, Education Manager, provided an overview of the curricula being used in the Head Start and Early Head Start classrooms. Galileo is a Pre-K curriculum and is a great resource for individualizing lesson plans. Each parent has a log-in code that allows them to check their child's development progress at any time and receive suggestions for at home activities. Houghton Mifflin is another Pre-K curriculum that is used in some of our Head Start classrooms as a supplemental curriculum. It is very hands-on and strong in literacy and math. Second-Step supports the development of social emotional learning so children can be kind, caring and responsible members in society. Grow It, Try It, Like It! is the nutrition education component that encourages children to try different fruits and vegetables. Creative Curriculum is used in our Early Head Start classrooms and is very responsive to intentional care giving for ages 0-3. It enables children to develop a secure attachment with the important people in their lives and gain confidence in themselves as learners.

The next meeting is scheduled for 10am on Thursday, April 26th at Lake Sumter College in Leesburg. It will be a face to face meeting.



Parents:: Remember to log-in to the Galileo Parent Center to see what your child has learned. Also, use Galileo to find some cool activities to do at home.



Type <u>www.ati-online</u> or Galileo preschool program.com

More News You Can Use!

April is Parent Conference month.

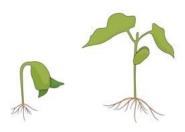
Please check our Conference Calendar for a date that is best for you.

Reminders from the Teachers



- Please remember to check and return your child's folder every day.
- Please check to make sure that your child has a change of clothing that is appropriate for the weather.
- Please leave toys and personal items at home.









A special note:

Early Release for April is Wednesday, April 4th 12:45pm

Early Release days will resume on Wednesday, May 16, 2018.





Mrs. Woodman, Mrs. Deakins, Ms. Rose and Ms. B 740-7910 ext. 21534