

Early Release Days: 03/01 03/08 03/22 03/29 **Salida Temprano:**

03/01 03/08 03/22 03/29

Next Parent Meeting: March 23 @ 5:00 pm Junta de Padres:

March 23@ 5:00 pm

Parent Engagement Activity: March 22, 2017 @ 10:00 am Actividad de Padres: March 22, 2017 @ 10:00 am

Spring Break

March 10-19, School starts again on Marcy 20th.

Malloy Head Start 330 East Retta St.

DeLeon Springs, Florida 32130

Malloy Newsletter



MARCH 2017

From the Desk of Dr. Marcy Guddemi Child Development Specialist

We are so happy that so many children are having perfect attendance! Thank you for doing your part to get your child ready and to school on time. The daily schedule starts at 8:00am and if your child is not here by 8:10am, then he/she is tardy! When a child is tardy or absent, he/she misses important learning. The brain is developing so fast at this age and it needs the stimulation school provides.

Thank you, also, to those parents who have volunteered in the classroom! Remember, everyone should try to volunteer at least one day per month. Having you in the classroom is so meaningful for your child! Plus, you get to see how preschool children learn and how the brain is stimulated.

This month, I would like to remind parents that too much screen time (computers, cell phones, TV, I -Pads, tablets) is NOT a good thing for preschoolers. And it is NEVER a good thing for infants and toddlers to play with parents' cell phone or I-Pad, etc..

Research has found two disturbing trends among preschoolers who use screens too frequently and for too long. One is that their fine motor skills (hand and finger movements) are not developing properly. Lack of fine motor skills means that using a pencil, crayon, or markers is hard. It means the lines that the child draws may be wispy or wobbly and that it is hard to write his/her name. It is also hard to button, zip, or tie shoes. Lack of fine motor control is so severe with some that therapy must be performed to strengthen the muscles of the hands and fingers to get the child ready for school.



The second trend is that the muscles that control the eye to see far distances are not developing properly. Using screens is near vision. Therefore, too much screen time prevents far vision from developing. More and more preschoolers are wearing glasses today. Besides limiting screen time, children also need to go outside where they can practice seeing even farther than the four walls of a room.

Please, limit the amount of screen time for your child. One hour total a day is enough! If he/she begs to watch one more program, go for a walk outside or send him/her outside to play instead. You could also get a book and read to your child. If you do a little art project you would also be strengthening his/her fine motor muscles. You are your child's role model, so try not to overuse your screens either! Your child is watching you and looking for your lead.

Policy Council update for February 2017

The February Policy Council meeting was held on Thursday, February 23rd at 10:00 am. It was a video conference meeting. Policy Council members from Volusia County met at the Volusia Administration Conference Room in Deland. Policy Council members from Hernando and Sumter counties met at the Hernando Head Start Conference Room in Brooksville. Thirteen policy council members (11 parents and 2 community partner members) were present.

The following person was approved for hire:

Kari Thornsbury, Dietary Aide (Hernando County)

The following reports were approved/accepted: December 2016 Budget and Credit Cards, Enrollment/Attendance, Meals and Snacks, Service Area and Center. Heidi Rand- Director, expressed concern regarding the amount of classrooms (more than 25%) with attendance rates below 85%. Parents are encouraged to be mindful of the attendance policy and remind other parents as well.

An overview of the High Scope Curriculum, Houghton Mifflin Curriculum and Galileo Assessment/Curriculum was provided by Heidi Rand. A detailed review of the Second Step Curriculum will be presented next month.

Our Quality Assurance Manager - Jeff Heyne, led a training on Head Start program eligibility. He explained the four eligibility categories, provided examples of funds that are considered to be income and described the consequences a staff member would face if it is determined that the staff member did not accurately process income information in an effort to ensure that the family is determined to be eligible.

Policy Council members were advised that our program has been asked to submit a grant proposal for Volusia/Flagler United Way. The grant proposals will request funding to support kindergarten readiness and promote healthy lifestyles in Volusia County.

The next Policy Council meeting is scheduled for Thursday, March 23rd at 10 am. It will be a video conference meeting.

Classroom #1 News

Hello all, we the Emoji's in Classroom 1 are very busy. We are embarking on a new adventure in learning early reading skills through our letter sound songs, and site word play. We are also going to be learning within our social and emotional skills of, thinking of solutions and speaking assertively. Lastly we are going to be celebrating Dr. Seuss' birthday and the season of Spring. We want to give a birthday shout to Jeriell Lesane, Ms. Teal and Ms. Gina

Classroom #2 News

Dear Parents in classroom 2,

We wanted to thank you for receiving us in your home and sharing with us the expectations and worries about your child. We are here to help you and your child through this experience of early education. The year is getting shorter and we are closer to the time for your child to enter kindergarten, with your help and our work, we want that transition to be smooth and fun. Please come to our transition meetings on March 3rd, April 6th and May 4th. We are looking forward to see you there and share important information and other parents' experience.

Don't forget to work with your child at home in the Home Activities we are sending twice a month, your dedication will form the study habits your child need to be successful during those school years. Ms. Agustina and Provi

Classroom #3 News

During the month of March we will be looking at and comparing The Busy City and The Country Life. How they are the same and how they may be different. We will also visit the Deland Museum and enjoy a picnic lunch at the park. Our nutrition activity is looking at and tasting cantaloupe. We will be making fruit kabobs to enjoy. The letters we will be focusing on are Cc, Vv, Qq. Second Step will be a review of some of our previous weeks, and our Family Engagement for the month will be on Wednesday, March 22, at 10:00am.

Ms. Burton & Ms. Judith



Classroom #4 News

On February we had the opportunity to have a lot of activities about construction. We had oral presentations of home activity. Also Luis's dad came to talk about everything about construction. We were able to see tools, and how we can used them, the children had the opportunity to play and interact. In this month of March, we are going to field trip to the Deland Museum. We are starting with the topic of in the city, in the country, Country Life, Busy City, To Market, where we will be able to have activities about things we can see in the farm and city, and compare them. In math we will do activities of addiction and subtraction. We are going to learn about the animals that live on the farm and the product that come from him. The children we will learn about money and its value. The letters that are going to be are letter C,V and Q. In Second Step we will be working to demonstrate speaking up assertively in response to scenarios. Ms. Gisela and Ms. Marianela

Family Advocate

FA's News:

We wish to all of our families a very relaxing and enjoyable, Spring Break (March 10-17). Please take advantage during this upcoming break to have the best time as a family.

Our Money Smart Training was provided at our last Parent Meeting 02/23/17 and special information and budgeting charts ideas were distributed among the attendees. There are many different tools you can use to document your budget. Several budget tools are listed below.



Expense Envelope System : Although it is safer to pay bills online or by check, this tool is useful if you decide you still want to pay your bills in cash each month. Label and envelope for each expense category (rent, gas, food) and write the amount and due date under the label. Keep the envelopes in a very safe place until you make the payment. This way you're not be tempted to spend the money in something else.

Computer Spreadsheet System: If you can have access to a personal computer, you can create your own spreadsheet with columns for income sources, income dates, expenses, and expenses due dates. At the end of the income and expenses column, enter the formula to total each column. Free personal finance tools are also available online and on smart phones. It is important to enter transactions frequently to track your financial position.

Budget Box System: The budget box is a small box with dividers for each month, with one divider for each day of the month. When you received a bill, check the due date and place it behind the divider that represents the bill's due date. As you received income, pay your bills right away so you will not be tempted to spend on something else.

Monthly Payment Schedule or Calendar: These tools let you record in advance when you will receive income and when bills are due. Write the amount of your net pay on the calendar date you will receive it. Do the same with your basic necessities and high priority expenses so you can ensure that the funds are available to pay these expenses on time. Assign dates on the calendar to pay your basic necessities and high priority expenses. Each month, cross out the expenses listed on your calendar as you pay them. This ensures the payment has not been forgotten.

*To all of our families with rollover children for the next school year 17-18, ELCFV is accepting application for the 17-18 VPK Vouchers. For more information please contact your Family Advocate.

Thanks to all of our parents for being active at the school events, parent meetings and field trips!

Happy Spring Break! S. Otero & R. Sanchez Malloy Family Advocates

Les deseamos a todas nuestras familias un receso muy relajante y agradable en familia, el Receso de Primavera es de marzo-10-17. Por favor tomen ventaja durante este tiempo para pasar el major tiempo y disfrutar en familia. Nuestro entrenamiento de Ahorro Responsible fue ofrecido en nuestra Junta de Padres 02/23/17, tambien se entrego información y tablas de ejemplo para manejo del dinero a todos los que asistieron. Existen muchas herramientas que podemos utilizar para manejar nuestro dinero, como las siguentes:

Sistema de sobres de gastos: Aunque es más seguro pagar facturas en línea o por cheque, esta herramienta es útil si decide que todavía desea pagar sus facturas en efectivo cada mes. Etiqueta un sobre para cada categoría de gasto (alquiler, gas, comida) y escriba la cantidad y fecha de vencimiento bajo la etiqueta. Guarde los sobres en un lugar seguro hasta que haga el pago. De esta manera usted no está tentado a gastar el dinero en otras cosas.

Sistema de hoja de cálculo en computadora: Si puede tener acceso a una computadora personal, puede crear su propia hoja de cálculo con columnas para las fuentes de ingresos, fechas de ingresos, gastos y fechas de vencimiento de los gastos. Al final

de la columna ingresos y gastos, ingrese la fórmula para totalizar cada columna. Herramientas gratuitas de finanzas personales también están disponibles en línea y en teléfonos inteligentes. Es importante ingresar transacciones con frecuencia para rastrear su posición.

Sistema de organizador de presupuesto: El cuadro de presupuesto es una pequeña caja con divisores para cada mes, con un divisor para cada día del mes. Cuando reciba una factura, compruebe la fecha de vencimiento y colóquela detrás del divisor que representa la fecha de vencimiento de la factura. Al recibir ingresos, pague sus facturas de inmediato para que no se sienta tentado a gastar en otra cosa.

Calendario o calendario de pagos mensuales: Estas herramientas le permiten grabar de antemano cuando usted recibirá ingresos y cuando las facturas se deben pagar. Escriba la cantidad de su pago neto en la fecha del calendario que usted recibirá. Haga lo mismo con sus necesidades básicas y los gastos de alta prioridad para que pueda asegurarse de que los fondos están disponibles para pagar estos gastos a tiempo. Asigne fechas en el calendario para pagar sus necesidades básicas y los gastos de alta prioridad. Cada mes, anote los gastos que figuran en su calendario a medida que los paga. Esto asegura que el pago no ha sido olvidado.