

# Hernando Head Start Parent Newsletter

January 2017

Program of Excellence  
Mid Florida Community Services, Inc.

Volume 1—Number-5

## Supporting Your Child's Social

Teaching children how to interact with others in healthy ways will benefit them not only at school, but also throughout their lives. It will also help them recognize inappropriate behaviors such as bullying. Bullying is any behavior that makes another person feel hurt, degraded, threatened or humiliated. Some example of bullying include name calling, pushing, leaving others out of an activity and vandalizing personal possessions. Cyber bullying occurs when these activities take place through computer communications and the Internet. It is important to help your child un-

derstand what bullying is and what they can do if they are bullied or see others being bullied.

***You can help promote healthy social development and prevent bullying by:***

- ~Talking with your child about what bullying is, why bullying is wrong and what they can do if they witness their peers being bullied
- ~Providing a safe and healthy atmosphere at home
- ~Keeping the lines of communication open between family members



Field trip to Rollerland Stake Rank

## Important Dates to Remember

- ⇒ January 1, 2017—New Year's Day
- ⇒ January 3—In-Service Day for Staff
- ⇒ January 4—Classes Re-sume
- ⇒ January 9-13 - Superbowl of Dads Week
- ⇒ January 16—Martin Luther King, Jr. Holiday
- ⇒ January 25—Early Dismissal

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# From Your CDS

By Ronjaneen Harris,  
Child Development Specialist

I hope everyone enjoyed the holidays and is having a happy New Year. Please make sure you dress your child for the cold weather in warm clothes and closed-in shoes. Also, make sure you bring your child an extra pair of warm clothes to place in their cubbies.

This month, we look forward to seeing you at the parent meeting, the male involvement activity, and other classroom activities. Also, the teachers will begin to schedule home visits. If you have any questions about any of these activities, please ask your child's teacher.

Each month, your child's teacher sends home two home activities for you to do with your child. Please understand that the interaction between you and your child is very important. When your child sees that you enjoy spending time with them and that learning is important, they will be enthusiastic about learning and also believe that learning is important. Your child is learning so much from doing the home activities.

When your child plays with puzzles, beads, lace cards, and math manipulatives, they learn eye-hand coordination; number concepts like more and less, longer and shorter; how to create and reproduce patterns; concepts of color, shape and location; how to use number words; first, second...; how to notice differences and to form categories; left and right progression (a reading skill); one to one correspondence; and patterning skills. So, continue working with your children on the home activity and returning the signed forms to the teacher.

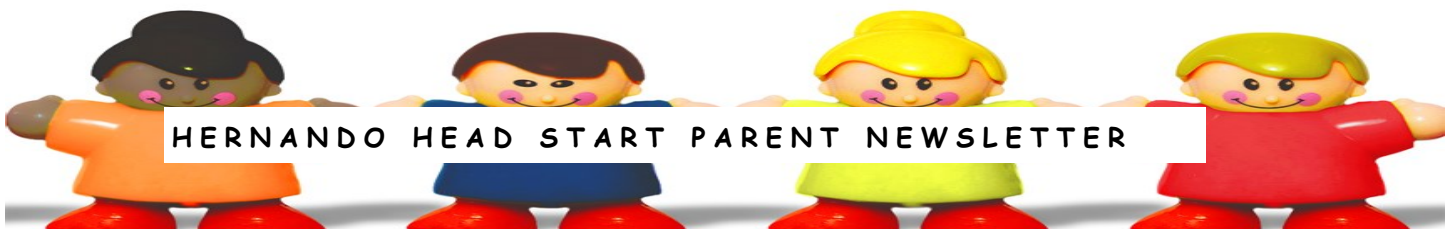
Please go on the Galileo Parent Center to view your child's progress. If you need any assistance with the Galileo Parent Center, please ask your child's teacher or give me a call at 352-754-2464, 256.

## Several tips to help parents of young children promote literacy at home.

- Choose a quiet time for reading to your child, as in before a nap, bedtime, or after dinner.
- Choose a special place for family reading, like a comfortable chair or pillows piled on the floor.
- Let child select the book for you to read aloud.
- Hold the book so that she or he can see the pictures. If possible, also let her or him turn the pages.
- Take time to look at and talk about the pictures. Don't just read the story: talk about it. Let your child point out letters, shapes, colors, and animals.
- Understand that reading begins at home. Children read their environments, so make your home a print rich environment.
- Read ! Don't expect reading to be important to your children if they see that it's not important to you.
- Invite your child to read to you. If he or she is a pre-reader, he'll often interpret his own story using illustrations and his imagination.
- Make lists, lots of them. Make them for grocery shopping, books to buy and things to take on trips.
- Read aloud to your child every day.

\*\*\*adapted from My First Week of School by Derrick Grant.

[www.preschoolrainbow.or](http://www.preschoolrainbow.or)





# Classroom News

## Classroom 807

Happy New Year! Welcome back. We are looking forward to starting this new year with an exciting month. We have a great home activity going out. Please make sure that you bring back the time sheet with your project so our classroom gets credit for you doing the activity. Our next Male Involvement activity will be January 11th at 10 am. Please see Ms. Amy for further details. We want to have 100% participation this month !!  
~Mrs. Amy and Mrs. Reven-  
naugh

## Classroom 809

We are working on sequencing and sizing during the month of January. We will invite our "Super Dads" to come in the classroom and read a book or just participate with the children at their convenience. We will have our parent activity on January 9, at 1:00pm. We will make bird houses to keep the birds from being hungry during the winter. Second Step will include how to calm down, how to be patient while waiting and iden-

tifying and controlling strong emotions.

~Mrs. Suzanne and Mrs.  
Yomaira

## Classroom 811

We would like to welcome our children and families back from break. We hope everyone had a great time off and lots of fun. This month we will be reviewing our classroom expectations. We will also discuss building in our city, how buildings are made, and the differences between the city and the country. Please remember we will be having our Male Involvement the same day as the parent meeting which will be January 9<sup>th</sup>.

~Ms. Nicky and Ms. Yulonda

## Classroom 901

Happy New Years and welcome back families. We appreciate all of your participation in our classroom. However, we encourage you to become involved with your child's education by volunteering in the classroom, school activities, parent meetings, completing and returning home activities, etc.

Jessyal Acevedo is the new assistant teacher in our classroom. She has over four years of working in early childhood.

~Ms. María and Ms. Jessy

## Classroom 903

Welcome back, we all hope that you had a great holiday season with friends and family. Here's the latest from the school. December was filled with lots of holiday fun and much learning about the different holidays. January will bring lots more excitement; we will continue talking about all different animals everywhere. You will be amazed at all of the wonderful things they will be learning about the animals. January also marks the Second Step program about social skills. We will send information each Friday.

We are inviting all our parents to celebrate our Male Involvement this month.

Every child will have the opportunity to take Tabatha our pet each weekend home and HAVE TO RETURN it to school. This will give the opportunity to learn about taking care of something with responsibility and love. Your child will be able to share his/her journal page with the class. This will continue our work on the whole language and pre-reading skills. We hope all of you had a very happy and healthy holiday and a Happy New Year!

~Mrs. Norma and Mrs. Margorie





# Home Activity

## Learning about Technology

Explore and help your child learn to use the technology devices you have at home or at the local library:

- Turn computer off/on
- How to operate a CD player, Ipad, Digital Camera, etc.
- Identify parts of a computer (keyboard, monitor, mouse, on/off button)
- How to manipulate the mouse

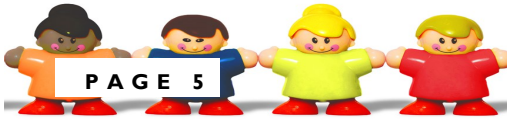


## I Am Moving, I Am Learning (IMIL)



For little kids, toys are essential to growth, learning, and development. When you choose toys for children this age, make sure you select some active toys along with ABC books and cuddly buddies for pretend play.

Active toys help build motor skills and encourage kids to get their daily dose of physical activity. Many of these active toys can be used indoors or out and are appealing to both boys and girls.



# Policy Council Update

## Policy Council Update for December 2016

## Community Events

**Brooksville Raid:** January 21 and 22, 2017:: Brooksville, Florida

**Event Details:** This event portrays the 1846 raid of federal troops into the interior as the union forces attempted to destroy a confederate salt works. \$5 Reenactor fee will be collected, with age 13 and under free.

**Address:** The Sand Hill Boy Scout Camp 11210, Cortez Blvd, Brooksville Florida 34613

**Website:** [www.BrooksvilleRaid.com](http://www.BrooksvilleRaid.com)

The December Policy Council meeting was held on Tuesday, December 13<sup>th</sup> at 10:00 am via video conference. Fourteen policy council members ( 12 parents and 2 community partner members) were present.

The following persons were approved for hire:

**Dawnelle Noles**, Program Substitute - Volusia (east side)

**Yeymary Gordian**, Center Aide - Coleman Center, Volusia

The following reports were approved: Budget and Credit Cards, Enrollment/Attendance, Meals and Snacks, Service Area and Center. Three parent activity requests were approved.

The Galileo Outcomes Analysis Report and six new educational procedures were reviewed.

The next Policy Council meeting is scheduled for Thursday, January 26, 2017 at 10 am. It will be a face to face meeting in Leesburg.

## Parent Engagement



As we start a New Year, we want to focus on setting new habits, and stick with them. Like; Reading on a daily basis. The more books you read to your child the more they will understand how important reading really is.

It will also help develop their vocabulary. Also, work with them on number activities. Count clothes as you work on laundry, count signs as you drive or even the trees you drive by.

What ever you can find!

This will help them prepare them for a lifelong of math. Make school activities fun. ☺

I know we will have an awesome 2017!

Luis Leon, Head Start Family Engagement Coordinator



Check out our  
Product and Safety News



**1** 7-Eleven Fresh to Go Cookies Undeclared Peanuts

**2** CVS Spiced Herbal Tea Potential Salmonella Poisoning

**3** Peach Slices and Mixed Fruit potential glass

⇒ See more at: <http://www.safekids.org/childrens-product> -



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## Head Start

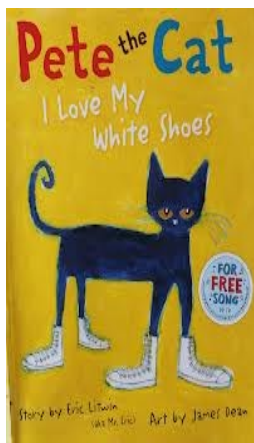
### School Readiness Goals

#### Parent to Parent

Parents,  
If you have anything you would like to share with other parents and families, please see your family advocate so they can assist you with getting information in the newsletter. We look forward to hearing from you.

#### Book of the Month

*Pete the Cat:  
I Love My  
White  
Shoes* asks  
the reader  
questions  
about the col-  
ors of differ-  
ent foods and  
objects.



#### Parent News

In the final analysis, it is not what you do for your children but what you have taught them to do for themselves that will make them successful human beings.

#### Approaches Towards Learning

ATL 1. Show curiosity, creativity and an eagerness to learn and experience new things

#### Language and Literacy Development

LLD 1. Increase English language communication skills

#### Social and Emotional Development

SED 1. Express and manage feelings appropriately  
SED 2. Develop and maintain positive relationships

#### Cognition and General Knowledge

CGK 1. Demonstrate an increased knowledge of pre-academic skills  
CGK 2. Develop life skills and independence through everyday routines and interactions

#### Physical Well-Being and Motor Development

PMD 1. Demonstrate control of large and small muscles  
PMD 2. Develop and practice healthy and safe habits

#### Kids love helping out in the kitchen, and they will enjoy making this fruit cone with you.

- **Ingredients:** 3 different types of fruits like strawberries, cantaloupe and blueberries, small waffle cone, 3 small bowls, 1 large bowl, measuring cup, tablespoon, knife, lite Coolwhip, sherbet or sorbet of any flavor (optional), granola or other toppings (optional)
- **Directions:**
  1. Cut the fruit and place each fruit in its own bowl. You'll want to cut the fruit into small pieces so that they'll fit into the waffle cone.
  2. Introduce your preschooler to the measuring cup, asking her questions about which lines mean 1/2 cup, 1/3 cup, and so on.
  3. Have your child measure out 1/2 cup of strawberries, 1/3 cup of cantaloupe, and count 15 blueberries to place in the large bowl.
  4. Hold the small waffle cone while your child uses the tablespoon to scoop in the mixed fruit from the large plastic bowl. If you want to add sherbet, do so before you add the fruit, so the sherbet rests on the bottom of cone.
  5. Let your child top her creation with some Lite Coolwhip. Add a touch of granola or cereal, if desired.





Mid Florida Community Services, Inc.

## HEAD START

*A National Head Start Association Program of Excellence*

### Mission Statement

Mid Florida Community Services, Inc. is a partner in which low-income people are supported in their efforts to become self-sufficient.

**Welcome back and Happy New Year from your Family Advocates!**

**January is National Mentor Month.** A Father is a child's first mentor. What makes a good father? *Sharing time*, you only get a few short years to make a lifelong impression on your child. *Being a role model*, as a father your children look up to you they think you're a superhero. Children will copy your behavior so treat others with honesty and respect and your kids will do the same. *Be loving, yet stern*, children need to feel loved, never be your child's friend. You are the authority figure do not be a pushover and they won't lack discipline, don't push them too hard so they won't resent you. A good father would know how to balance this delicate line.

Do not forget to **call** if you are going to be absent or late **within the hour**

### **Hernando Head Start: 352-754-2464**

Room 807 Ext.1807 Ms. Amy

Room 809 Ext.1809 Ms. Suzanne

Room 811 Ext.1811 Ms. Niki

Room 901 Ext.1901 Ms. Maria

Room 903 Ext.1903 Ms. Norma

### **The extension for your advocate**

Ms. Lawson ext. 210 - 900 Wing

Ms. Lynda ext. 209 - 800 Wing

### **Child Development Specialist**

Ronjaneen Harris: ext. 256

## **UPCOMING EVENTS**

January 5<sup>th</sup> Parent Advisory Meeting @ 1:00-2:00 p.m.

January 9<sup>th</sup> Parent Committee Meeting @ 2:00-3:00 p.m.

January 9<sup>th</sup> -13<sup>th</sup> Kick Off to the Super Bowl of Dad's

January 12<sup>th</sup> Tailgate Party@2:00pm-3:00pm

January 16<sup>th</sup> Holiday (Center Closed)

Coming in February: Parent Activity- TBA (to be announced)

**Resource Information:** Resource Handbook coming soon

Hernando Cares: Pathways to Recovery- A Behavioral Health Resource Guide

**Arrive 8:00-8:30 a.m.** don't be late!!! Pick up at 2:30 p.m.

\*Please note extended care children **MUST** be picked up by 5:30 PM!





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## **BROOKSVILLE DECEMBER PARENT MEETING MINUTES**

### **Welcome**

The Meeting was open by Amanda Edwards, Chair Person. Ms. Edwards welcome everyone to the meeting and encourage parents to attend monthly meetings.

### **Ice Breaker - Arts and Crafts and Aerobics**

**Reading of the last Minutes:** The Minutes was read by Roxaly Pizarro and approved by the committee.

**Policy Council Update:** Amanda Edwards spoke

**Presentation -** Amanda Edwards did a presentation about Safety Tips and Poisonous Plants of Florida and spoke about the Handy chart.

**Education/Classroom Information:** Ms. Maria held a demonstration with puppets about "How to treat our friends".

**Perfect Attendance:** The children with perfect attendance were recognized. Ms. Lawson thanked the parents for their dedication and commitment to the Head Start program.

**Skills Demonstration:** The children performed, Jingle Bells and Feliz Navidad

**Reminders:** Chaperone Training and Volunteer Training TBA. Drop off time 8:30AM and Pick up time 2:30PM. Family Advocate will remind the parents of Physicals, Immunizations, lead, Hemoglobin and Dental Exams. Then there was a reminder that school will be open Monday and Tuesday: December 19<sup>th</sup> and 20<sup>th</sup>.

**Male Involvement:** Mr. Luis spoke about "All Pro Dad's."

**Meeting Adjourn:** The meeting adjourned at 3:15. The next Meeting WILL BE January 9, 2017 @ 2PM.



