



Deltona Lakes Head Start Newsletter

November, 2017

By Jennifer Fowler, CDS

The Importance of Play



It is generally through play that a preschool child learns about the world around them and then assimilates what they have learned into their concept of reality.

Preschool children enjoy three different forms of play: physical, manipulative, and symbolic.

Physical play: refers to activities that involve use of the muscles. These include running, hopping, jumping, climbing, throwing, sliding, and play-ing with a ball.

Manipulative play: refers to activities by which a child learns to gain better control over her environment. These activities include the use of puzzles and building blocks (which also require some physical play skills) as well as games that involve social manipulation ("What can I do to make Daddy come to me?").

Symbolic play: involves manipulation of events and objects. These play activities would include the use of fantasy; pretend play, and nonsense rhymes. In symbolic play, a child can change events, identities and emotions for the sake of her play, thereby gaining more complete control over her newly created world.

Because young children enjoy play, it becomes a very natural way for them to learn about themselves and about the world in which they live. As children grow and change, play develops with them according to a developmental sequence.



© School Closures:

Veterans Day-11/10/2017 & Thanksgiving Holiday,
11/22-11/24/2017 Classes Resume on Monday,
11/27/2017

© Parent Meeting:

© Wednesday, 11/29/2017 @ 12:45 p.m.

© Family Engagement Activities:

© Wednesday, 11/29/2017 @ 1:00 p.m.



Family Advocate News

By Nelly Pagan

Let's get ready for our Thanksgiving family dinner! How? Let's share a few tips to help you save some money and still have a great dinner.

This year you can organize a **Family Thanksgiving Potluck Dinner:**

- Plan your menu with at least two weeks before the holiday.
- Call and confirm your guest.
- Assigned the menu.
- Get a Loyalty Reward Card from Winn-Dixie.
- Compare the local's supermarkets weekly specials.
- Don't forget to look for coupons. Some examples:

http://www.couponsforprint.com/printable-coupons/?gclid=EA1aIQobChMI1dSYnsXS1qIVFluGCh3xVgduEAAyAAEgJsRPD_BwE
www.couponmom.com

For decoration, your children can help you with hand crafts center piece.



Let's get ready! Is almost Christmas and you can save some money!

Don't forget that Christmas is around the corner.

- Prepare your shopping list with time to assure the best prices in the stores.
- You can start with the lay away plan that is already available in so many stores.
- Take advantage on Black Friday and Cyber Monday. Please remember you can use the facilities of the Center to use the computers.
- Review the toys catalog with your children.
- Don't forget if you need Christmas decorations, please visit the thrift shop or garage sales.

Let's enjoy the Holidays all the way!!!!!!

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Today is your day! Your class-room is waiting... Get on your way!

Inside Story of Classroom 1

By: Ms. Susan, Ms. Sue, Ms. Maria & Ms. Nancy

Dear Parents/Guardians,

Wow it's hard to believe that October is already passed us. We had a great time using our senses as we explored different types of objects such as leaves, foods, environmental sounds, and different types of textures. We were working on using descriptive words such as tall, short, squishy, big, little, soft, loud, and quiet to describe objects in our classroom environment. Please continue to encourage your child to talk what they are exploring at home. This will help them to grow their vocabulary so they can begin to express themselves

using a variety of words.

During the month of November, we will be talking about the changes in our weather. It's getting cooler outside so we will explore how weather effects our lives as we do our daily weather report. For example, when it is cool outside we wear different types of clothing (jackets, sweaters). For our second step program, which focuses on social emotional development, our puppets, Joey and Princess, will talk about accidents and how we re-

spond to others and how we show others we care. We will continue to focus a lot on the letters in our name and introduce letters, numbers, shapes, and colors through stories, songs, and classroom games. We will also begin to share our family traditions as we talk about family gatherings. We hope everyone has a great November.

Policy Council UPDATE for October 2017 Meeting



A mandatory **Policy Council training** was held on Thursday, October 26th at 9:30am at Lake Sumter State College in Leesburg. The **October Policy Council meeting** started at noon on this date immediately after the mandatory training. Eighteen 2017-18 policy council members were present. Two of the eighteen members in attendance were alternate policy council members. Voting during this meeting was limited to official policy council representatives and alternates from sites that were not represented at the meeting.

The following reports were *discussed*: Budget, Credit Cards, Enrollment/Attendance, Meals and Snacks, Service Areas and Centers.

Policy Council officers for 2017-18 were elected. The new officers are Chairperson - Jonathan Martinez (Volusia); Vice-Chairperson- Sheila Ramos (Volusia); Secretary - Pat Nohr (Volusia); Policy Council Liaison- Jacob Raby (Hernando).

Candidates for the following vacancies have been approved for hire: Early Head Start Teacher at Oak Ridge Site (Volusia); Teacher Assistants at Coleman (Volusia), Port Orange-2 (Volusia), Blue Lake Elementary (Volusia); Child Development Specialist (Hernando) ; Education Manager (Hernando, Sumter and Volusia counties).

Heidi Rand, Director of Early Learning Programs, advised the Policy Council of a recent Information Memorandum from the Office of Head Start that provided guidance for opportunities for programs to respond to the needs of recent hurricane victims. She also reminded the Policy Council of the Parent Activity Fund amount of \$5 per child and discussed the details of the permitted use of the funds.

Budget training will be conducted during the November Policy Council meeting by the Chief Financial Officer of Mid Florida Community Services, Kris Bates.

The School Readiness Committee will meet on Nov. 15th.

