



Deltona Lakes Head Start Newsletter

January, 2018



Welcome Back!

It is amazing how quickly the New Year comes and goes. I hope you had a wonderful break! We are already beginning to plan for next year! We are happy to see all your smiling faces back school. We wish you all a Happy 2018 and look forward to all the exciting events to come throughout the school year. As studies show it is important for children to stick to a routine, see the helpful information below.



Toy Safety Shopping Tips: Buy the right toy for the right age child



Ages 3 through 5

*Avoid toys that are constructed with thin, brittle plastic that might easily break into small pieces or leave jagged edges.

*Look for household art materials, including crayons and paint sets, marked with the designation "ASTM D-4236." This means the product has been reviewed by a toxicologist and, if necessary, labeled with cautionary information.

*Teach older children to keep their toys away from their younger brothers and sisters.

READ THE LABEL....

Shopping for toys during the holidays can be exciting and fun, but it can also be frustrating. There can be thousands of toys to choose from in one store, and it's important to choose the right toy for the right age child. Toys that are meant for older children can be dangerous for younger children.

Last year, an estimated 140,700 children were treated in the U.S. hospital emergency rooms after toy-related incidents and 13 children died..

Winter



☺ School Closures:

Monday January 15, 2018, Martin Luther King's Birthday

☺ Parent Meeting:

☺ **Wednesday, 1/31/18 @ 1:00pm**

☺ Family Engagement Activities:

☺ **Wednesday, 1/31/18 @ 11:45a.m.**



Today is your day! Your classroom is waiting... Get on your way!

Family Advocate News

By Nelly Pagan

Financial Recovery.

It's a new year!!!! Let's get started on the right foot, enjoy it and feel organized from the beginning. I would like to share some options with you to help you recover from the Holidays and avoid financial stress. Remember, you have the chance to check your credit report for free once a year. Check your free credit report and see how you are doing on your credit score by following the link below. Checking your credit report can be helpful if you plan this year to buy a new car, buy a home, or plan a family vacation.

<https://www.freecreditreport.com>

There are many different tools you can use to document your budget. Several budget tools are listed below.

Expense Envelope System

Although it is safer to pay bills online or by check, this tool is useful if you decide you still want to pay your bills in cash each month label and envelope for each expense category (rent, gas, food) and write the amount and due date under the label. Keep the envelopes in a very safe place until you make the payment. This way you will not be tempted to spend the money on something else.

Computer Spreadsheet System

If you can have access to a personal computer, you can create your own spreadsheet with columns for income sources, income dates, expenses, and expenses due dates. At the end of the income and expenses column, enter the formula to total each column. Free personal finance tools are also available online and on smart phones. It is important to enter transactions frequently to track your financial position.

Budget Box System

The budget box is a small box with dividers for each month, with one divider for each day of the month. When you receive a bill, check the due date and place it behind the divider that represents the bill's due date. As you receive income, pay your bills right away so you will not be tempted to spend the money on something else.

Monthly Payment Schedule or Calendar

These tools let you record in advance when you will receive income and when bills are due. Write the amount of your net pay on the calendar date you will receive it. Do the same with your basic necessities and high priority expenses so you can ensure that the funds are available to pay these expenses on time. Each month, cross out the expenses listed on your calendar as you pay them. This ensures the payment has not been forgotten.

Nelly A. Pagan

Family Advocate

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Inside Story of Classroom 1

By: Ms. Susan, Ms. Sue, Ms. Maria & Ms. Nancy

Dear parents and guardians,

Happy New Year and welcome back! We hope everyone had a fun winter break. With all of our time off, our little ones will have to get used to getting up and going to school and following a structured schedule once again. With this in mind, we will use the first couple of weeks back to reintroduce rules and reinforce classroom procedures. Our classroom theme will be "Under Construction". We will paint boxes to create our own city, explore tools, build with different types of materials such as play dough, and have fun learning

about and playing with construction vehicles in our sand table and block area. Academically, we will be working on identifying numbers 1-10, letters in our name, letter sounds, and syllables in words. We will also begin working on sequencing the events of a story as we read and act out our favorite stories such as, "The Three Bears" and "Brown Bear, Brown Bear". Please remember the weather is getting colder, so please ensure that your little one's have an extra change of clothing at school for the winter months.

Thanks for your support!

Ms. Susan, Ms. Sue,
Ms. Maria & Ms. Nancy



Policy Council UPDATE for December 2017 Meeting

Policy Council update for December 2018

Will be sent out once as a separate attachment.

