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Mission Statement Mid Florida Community Services, Inc. is a partner in which low-income people are supported in their efforts to become self-sufficient.

HEAD START

A National Head Start Association Program of Excellence

Mid Florida Community Services, Inc.

Welcome

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Deltona Lakes/Head Start



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Vewsletter

February, 2017



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Deltona Lakes

The first month of the New Year has been one of great change in all of the children. They are developing socially and physically, asking many challenging questions that we enjoy exploring the answers to. We also had a great time on our field trip to see manatees at Blue Springs. Thank you to all of the volunteers who helped us.

February is a short month, but full of history and concepts which will be reinforced through our learning activities.

<u>At school this month we will:</u>

- * learn about city, country, shapes, sizes, and farm.
- * learn about the importance of sharing, giving, loving, and friendship.
- * introduce Afro-American Culture Awareness.
- * make home visits. Please schedule a time and date with your child's teacher so we may schedule our home visits.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2017						
			1	2	3	4
5	6	7	8	9	10 Family Engagem 7:45 an	ent
12	13	14	5	16	17	18
19	20	21 Parent Meet 7:55 am	22 ting	23	24	25
26	27	28	Notes:	-	-	-

February 2017 Calendar Template available from www.quickcalendartemplate.com





From the Desk of Dr. Marcy Guddemi, Child Development Specialist

Did you know that research shows when a child enters Kindergarten, there is a 30 Million Word Gap between children from more affluent homes and children from lower income homes? Children from lower income families heard about 616 words per hour, while those from working class families heard around 1,251 words per hour, and those from professional families heard roughly 2,153 words per hour. This Gap makes a profound difference in future school success.

Children need to be in a language rich environment and hear and use language. That is how they learn words and concepts. One technique to use at home and in the classroom is called Parallel Talk. This is simply narrating what you are doing for your child. "Today for breakfast we are having Cheerio's. First I need to get the bowl and spoon. I open the drawer to find the spoon. I am pouring the cereal into your bowl and now I am pouring the milk on top. I am going to sit down now so we can talk about what is going to happen today…" "Let's clean up. We are putting all the toys in the bucket for now; so that later, we can find them and play with them. One, two, three dolls; one, two, three trucks; etc, into the bucket we go." "Let's go for a walk. First we have to put on our coats. Let's button up; one, two, three, big round buttons. Now, Mommy is putting on her sweatshirt but I have a zipper and I have a hood. It is different from yours." It is so easy to just talk while you are doing things.

The study also pointed out that lower income children did not receive as much praise. Let your child know when he/she has done a good job. "I like the way you helped me set the table. Thank you so much!" "Good job on brushing your teeth. Now you have chased the bacteria away!" "I love you! You are the best son in the world."

Since Valentine's Day is coming up soon, fall in love with words and talk, talk, talk!

Perfect Attendance for December

- Triston Bell
- Sara Catalano
- Hunter Craft
- Jariel Martinez
- Jomar Martinez
- Westin Spittler

Perfect Attendance for January

- Sara Catalano
- Za'Khya Gadson
- Westin Spittler







Galileo



Parents:: Remember to log-in to the Galileo Parent Center to see what your child has learned. Also, use Galileo to find some cool activities to do at home. Type <u>www.ati-online</u>

Policy Council Update for January 2017

The January Policy Council meeting was held on Thursday, January 26th at 10:00 am. It was a face to face meeting that was held in Leesburg. Thirteen policy council members (11 parents and 2 community partner members) were present.

- The following persons were approved for hire:
- Ivy Sebastian, Family Advocate (Volusia County)
- Tony Broxton, Family Advocate (Volusia County)
- Amanda Phillips, Teacher (Volusia County)
- Ja'kera Peterson, Program Substitute (Volusia County)
- Elizabeth Witt, Child Development Specialist (Volusia County)
- Kaitlin Burton, Teacher's Assistant (Volusia County)
- Lillie Shells, Program Substitute (Sumter County)
- Carlie Nelson, Teacher's Assistant (Sumter County)

The following reports were approved: Budget and Credit Cards, Enrollment/Attendance, Meals and Snacks, Service Area and Center. Parent activity requests for the following sites were approved: Bushnell, Brooksville, Horizon, Westside, Pathways Port Orange and Malloy.

Policy council members were advised of the update to the program's Selection Criteria which included an increase in the points for the following risk factors: homelessness, foster care and having a family member in the household with a current IFSP or IEP. An updated Head Start Public Relations Plan was reviewed and approved. Materials for an age appropriate home safety program titled "Eddie the Eagle" were distributed following introduction and discussion of the program at a previous policy council meeting.

The next Policy Council meeting is scheduled for Thursday, February 23^{rd} at 10 am. It will be a video conference meeting.









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Deltona Lakes Head Start Parent Meeting Minutes January 17, 2017

- Meeting was started at 8:00 am at Deltona Lakes Media Center
- There were 5 parents present at this meeting
- Our vice president had to step down, so we voted for secretary to be moved to vice president . Paola Gonzalez was voted for Secretary and Unit Council Representative for Deltona Lakes
- We talked about what we would like to do for our yearly parent activity, and gave suggestions on family pictures and pot luck or just a pot luck picnic. We emphasized to parents the importance in attending the meetings and to encourage other parents to attend. Only parents attending meeting can vote. We voted with 5 votes choosing family photos as our yearly parent activity.
- Ms. Blanca was not able to attend meeting but stated they will possibly be having a Valentine/Friendship Party.
- Parents also discussed about having an extra activity and decided to do one for St. Patrick Day (more details to come)
- Paola donated 4 passes to Crayola Orlando Experience and one of the parents Nathanial's dad Josh won.
- Dr. Marcy Guddemi is our new CDS coordinator.
- The meeting came to an end with the announcements:
- \Rightarrow No Student holiday February 20th-President's Day
- \Rightarrow Early Release: February 1, February 8, February 15
- NEXT PARENT MEETING IS FEBRUARY 21TH AT 7:55AM IN THE LIBRARY.
- Meeting ended at 8:32am.





Tips



Family Advocate news

Einancial Emergency Cash Options from Banks

Financial Tips

Hi parents!

This month I would like to share with you some financial tips! Hope they can help you!

If you find that you must borrow money, beware of alternative financial services providers that may promise quick cash; e.g., payday or car title loans come at a steep price and can trap you in debt.

- Many banks offer reasonably priced, small loans that enable you to borrow money and repay the money (plus interest) later.
- Talk to financial institutes in your community to see what options they may offer.
- One example is a line of credit, which you can use to borrow money for a short period of time.
- It is best to work with your bank to set up this type of account in advance instead of waiting until you are in a rush for cash.
- As with any other line of credit, you will be told the APR (annual percentage rate) in advance of signing a formal agreement.
- Be cautious of using fee-based overdraft programs to deliberately overdraw your account if you need cash quickly. The costs can quickly add up depending on the number of transactions covered.
- To learn more, read the interagency brochure Protecting Yourself from Overdraft and Bounced-Check Fees, available online at: www.federalreserve.gov/pubs/bounce/default.htm.

Remember, the parent meeting on the 3rd Tuesday of each month at 7:55am, see you soon!

Nelly Ann Pagán Family Advocate

