



Pathways Deland Newsletter

April, 2017

Policy Council Report



Policy Council update for March 2017

The March Policy Council meeting was held on Thursday, March 23rd at 10:00 am. It was a video conference meeting. Policy Council members from Volusia County met at the Volusia Administration Conference Room in Deland. Policy Council members from Hernando and Sumter counties met at the Hernando Head Start Conference Room in Brooksville. Thirteen policy council members (9 parents and 4 community partner members) were present. Two persons were approved for hire. The following reports were approved/accepted: January 2017 Budget and Credit Cards, Enrollment/Attendance, Meals and Snacks, Service Area and Center. An overview of the *Second Step Curriculum* was provided by Damaris Conner, Education Manager. *Parents are encouraged to ask their children about the puppets in their classroom.* Our Quality Assurance Manager - Jeff Heyne, presented the proposed Early Head Start program selection criteria. He explained the additional points available for foster care, homelessness and sibling in Head Start. Heidi Rand announced that the program has been notified of its selection as an Early Head Start Grant Recipient. The grant will allow us to provide quality child care services to 112 children between birth and 3 years old. This funding will allow for new positions. The first phase of the program expansion will include opening 3 classrooms in Hernando and two classrooms in Volusia. The next Policy Council meeting is scheduled for Thursday, April 27th at 10 am. It will be a face to face meeting at Holiday Inn Express in Leesburg, Florida.

From the desk of Ms. Jennifer

Child Development Specialist

Dear Parents,

On Wednesday March 29, many of our Head Start parents were able to attend a special program on nutrition and a Farmers' Market at the Volusia County Fairgrounds. The program was a joint project between our Head Start health team and the Family Nutrition Program UF/IFAS Extension. The morning consisted of four presentations: Nutrition Basics, Understanding How Much Sugar Is In Soft Drinks, Decorating Pots and Planting Herbs, and a Healthy Cooking Demonstration.

Did you know that a can of Coca Cola has 16 teaspoons of sugar? Other soft drinks like fruit drinks or punches, Gatorade, and chocolate milk have almost as much. Better choices are white milk, water, 100% fruit juice diluted to 50/50 with water. Water can be flavored with lemons or cucumbers, fresh mint, or blueberries. Just a few slices make it tasty and pretty without adding calories and unwanted sugar.

The cooking demo was amazing and so easy. They made a spinach and potato frittata and an herb-filled green salad. You could make this with your child at home. We will post the recipes on our Face Book page.

Thank you for all you do to help your child grow physically, intellectually, socially, and emotionally. If you have questions, I am here for you.



Inside Story classroom 1

By. Mrs. Gail & Mrs. Diana

Dear Families,

I can not believe April is here, we will be working non stop for the rest of the school year. This month we will be learning about Water & Rain (where does it come from? How does it rain?), Numbers, and why is exercise good for you? This month letters are: Ww, Xx, & Yy and numbers: 5-10.

Please review all letters and numbers at home with your child.

Also please make sure you are completing your Home Activities!!



Inside Story Classroom 2

By. Mrs. Marline & Mrs. Gloria

Dear Parents,

During the month of April we will be working on Theme 8: "Let's Move", from the Houghton Mifflin Curriculum. Children learn about different ways to move (using action words); position words, and about following directions and solving problems. We focus on letters Jj, Hh and Ii. We also will be working on Theme 9: Growing and Changing. We will learn about growing and changing, changes in nature and about spring. We will be focusing in letter; Gg, Ee and Dd. Through Second Step we are reviewing Unit 1: skills for learning the goal in this unit is to build skills that help children learn.



Inside Story Classroom 3

By. Mrs. Keyla & Ms. Kristin
& Mrs. Gina

Dear Families,

In the month of April we will be learning about the theme "Let's Move". Children will investigate ways to move their bodies, they will describe their plans and movements, and they will play and move together. We will be reading stories about movement and learning new vocabulary words. We will work on the skill of story prediction and comprehension. This month we will also be focusing on the letters Jj, Hh, and Ii. We will create a list of words that begin with those letters, we will make letter crafts, and we will be doing lots of dancing and moving with Jack Hartman and the alphabet. Thank you families for what you do, and for reinforcing at home the skills that we teach in the classroom.

Special Events For this Month

04/03/2017— Parent Meeting @ 4:00 pm

04/11/2017— Spring Festival

04/11/2017— Parent Activity @ 12:00 pm

04/19/2017— Family engagement Activity @ 1:00 pm

