



Coleman Head Start Newsletter

November, 2017

By Jennifer Fowler , CDS

The Importance of Play

It is generally through play that a preschool child learns about the world around them and then assimilates what they have learned into their concept of reality.

Preschool children enjoy three different forms of play: physical, manipulative, and symbolic.

Physical play: refers to activities that involve use of the muscles. These include running, hopping, jumping, climbing, throwing, sliding, and play-ing with a ball.

Manipulative play: refers to ac-tivities by which a child learns to gain better control over her environment. These activities include the use of puzzles and building blocks (which also require some physical play skills) as well as games that involve social manipulation ("What can I do to make Daddy come to me?").

Symbolic play: involves manipu-lation of events and objects. These play activities would include the use of fantasy; pretend play, and nonsense rhymes. In symbolic play, a child can change events, identities and emo-tions for the sake of her play, thereby gaining more complete control over her newly created world.

Because young children enjoy play, it becomes a very natural way for them to learn about themselves and about the world in which they live. As children grow and change, play develops with them according to a developmental sequence.

Checkout our NEW playground equipment coming to Coleman on Monday November 6th!!!!



Family Advocate News

By Migdalia Vega

Dear parents,

Let's get ready for our Thanksgiving family dinner! How? Let's share a few tips to help you save some money and still have a great dinner.

This year you can organize a Family Thanksgiving Potluck Dinner:

Plan your menu with at least two weeks before the holiday.

Call and confirm your guest.

Assigned the menu.

Get a Loyalty Reward Card from Winn-Dixie.

Compare the local's supermarkets weekly specials.

Don't forget to look for coupons. Some examples:

http://www.couponsforprint.com/printable-coupons/?gclid=EAIAIQobChMI1dSYnsXS1gIVFluGCh3xVgduEAAAYAAEgJsRPD_BwE
www.couponmom.com46427

For decoration, your children can help you with hand crafts center piece.

Let's get ready! Is almost Christmas and you can save some money!

Don't forget that Christmas is around the corner.

Prepare your shopping list with time to assure the best

prices in the stores.

You can start with the lay away plan that is already available in so many stores.

Take advantage on Black Friday and Cyber Monday. Please remember you can use the facilities of the Center to use the computers.

Review the toys catalog with your children.

Don't forget if you need Christmas decorations, please visit the thrift shop or garage sales.

Let's enjoy the Holidays all the way!!!!!!

Thank you,

Your Family Advocate,

Migdalia Vega

Family Advocate

Coleman Head Start

Phone: (386) 774-0423

Fax: (386) 774-4135

E-mail: mvega@mfcs.us.com

Family Advocate News

By Migdalia Vega

Queridos Padres,

Aquí algunas sugerencias para la cena de acción de gracias y navidad. De tener alguna duda de la información déjenme saber y yo les explico.

http://www.couponsforprint.com/printable-coupons/?gclid=EAIaIQobChMI1dSYnsXS1qIVFluGCh3xVgduEAYAyAAEqJsRPD_BwE
www.couponmom.com



Gracias,
Su Representante de
Familias,

Migdalia Vega
Family Advocate
Coleman Head Start
Phone: (386) 774-0423
Fax: (386) 774-4135
E-mail: mvega@mfcs.us.com

Policy Council UPDATE

Policy Council update for October 2017

A mandatory Policy Council training was held on Thursday, October 26th at 9:30am at Lake Sumter State College in Leesburg. The October Policy Council meeting started at noon on this date immediately after the mandatory training. Eighteen 2017-18 policy council members were present. Two of the eighteen members in attendance were alternate policy council members. Voting during this meeting was limited to official policy council representatives and alternates from sites that were not represented at the meeting.

The following reports were discussed: Budget, Credit Cards, Enrollment/Attendance, Meals and Snacks, Service Areas and Centers.

Policy Council officers for 2017-18 were elected. The new officers are Chairperson - Jonathan Martinez (Volusia); Vice-Chairperson- Sheila Ramos (Volusia); Secretary - Pat Nohr (Volusia); Policy Council Liaison- Jacob Raby (Hernando).

Candidates for the following vacancies have been approved for hire: Early Head Start Teacher at Oak Ridge Site (Volusia); Teacher Assistants at Coleman (Volusia), Port Orange-2 (Volusia), Blue Lake Elemen-

tary (Volusia); Child Development Specialist (Hernando) ; Education Manager (Hernando, Sumter and Volusia counties).

Heidi Rand, Director of Early Learning Programs, advised the Policy Council of a recent Information Memorandum from the Office of Head Start that provided guidance for opportunities for programs to respond to the needs of recent hurricane victims. She also reminded the Policy Council of the Parent Activity Fund amount of \$5 per child and discussed the details of the permitted use of the funds.

Budget training will be conducted during the November Policy Council meeting by the Chief Financial Officer of Mid Florida Community Services, Kris Bates.

The School Readiness Committee will meet on Nov. 15th.

Due to the holidays, the November and December Policy Council meetings will be earlier than the regularly scheduled meeting date. The November meeting will be held on November 16th. The December meeting will be held on December 14th. Each of these meetings will be conducted via video conference. Participants will meet at the conference room of the administrative office closest to their county.

The program specialist from the Head Start Region IV Office will be visiting our program in November 14th - 17th.



Mid Florida Community Services, Incorporated
Coleman, Head Start
Parent Meeting Minutes
10/31/2017

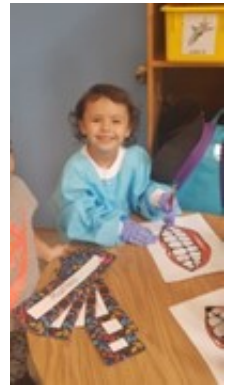
1. Welcome
 - Pledge of Allegiance
 - Ice breaker game: Balls
 - Parent's meeting minutes in newsletter
2. New Business
 - Policy Council Report - By Sheila Parking lots issues & Parent Volunteer Form
 - Vote for December meeting Tuesday 12/19/17 (12/26/17 is a holiday) - 25 Parents voted.
3. Important Dates:
 - Fire Truck Demonstration and Fire Prevention Activity with 11/02/17 @ 11:00am.
 - Arts on the grow Artist Visits: 11/06, 11/07, 11/09/17
 - Family Engagement Activity: Tuesday 11/07/17. Theme: Arts on the grow @ 10:00am.
 - No School: Friday 11/10/17 (Veterans Day Holiday)
 - No School: Wednesday 11/22/17 (Student Holiday)
 - No School: Thursday 11/23/17- Friday 11/24/17 (Thanksgiving Holiday)
 - Next Parent Meeting: Tuesday 11/28/17 @ 2:15pm. Bring ideas for the Parent Activity
4. Service Area Reports:
 - (1) CDS (Jennifer Fowler): explained the importance of parents logging in Galileo. Parents are in contest for the number of loggings in Galileo; Parent Volunteer Training date to be announced. Helping Tree in each classroom (please sign in to volunteer. Attendance is very important. This month higher attendance was classroom 2! Jennifer also explained password usage and talked about the Federal Review visit.
 - (2) Teachers: are following Galileo curriculum and engaging all classroom with the program.
 - (3) Family Advocate (Migdalia Vega): Thank Angela Hudson for donating books for our lending library. Thanked all the parents for submitting their child's lead & hemoglobin results.
5. Guest Speaker: Katie Ostrander, Program Director at Adapt Behavioral Services
6. Announcements / Questions / Comment
7. Migdalia (FA) raffled a women bag and a Disney book. Winners: Tamara Foley and 1 Liana Parsons
 - 25 parents attended
 - Meeting adjourned at 3:15pm.

Inside Story of Classroom 1

By. Mrs. Keyla Rivera & Ms. Nichole Means

Dear Families,
Last month our class learned about "Visiting the Doctor" and "The Dentist Office". Students had lots of fun dressing up, role playing, and participating with science experiments. In the month of November, our class will be learning about the theme "Moving the Mail" and students will be describing the role of the mail carrier, will be talking about neighborhood resources (post office, library), and also will be able to distinguish the United States flag from other flags. Our class will also be participating in a nutrition lesson about squash and learning about how they grow and how they can be used in meals and as snacks. We will spend the rest of the month talking about fall, learning about artist that will be visiting our

class, creating art, and reviewing letters, sounds, writing, counting, identifying numbers, and shapes. In Second Step, the next few weeks we will be talking about Identifying Anger, Same or Different Feelings, Accidents, Caring and Helping, and We Feel Feelings in Our Bodies. We would like to thank you all for your continuous support!



Inside Story of Classroom 2

By. Mrs. Lisa & Ms. Katie

It has been a wonderful October! We have been working very hard on Social Skills and sharing during center time as well as letters, numbers and colors. We had a great time with the Parent Day activity, carving pumpkins. We learned about Fire Safety and drew pictures of our family meeting place in case of a fire at home. We brought in and sorted recycling materials, to make our world a better place to live in. We welcomed many parents for

open house and are getting ready to start a fun filled November. Thank you to all of our wonderful Volunteers!



Inside Story of Classroom 3

By. Mrs. Olga Arias & Mrs. Ada Roque

October was an awesome and busy month. Children were learning about doctors, dentist, strawberries, and the firehouse. For the Family Engagement parent and children did a pumpkin Carving and get to take them home, and with the seeds children did a piece of art pretending they were planting a pumpkin patch and count them after they were dried. We also conducted an Open House and amazed parents with a parade of pictures. Children also celebrate a full week of hat day,

character day, inside out or backwards, and pajama day, and had a blast showing off their special outfits. I would like to say thanks to all the parents that help us so much with all the activities and for returning the home activities on time.



Inside Story of Classroom 4

By. Mrs. Blanca Maldonado & Ms. Margarita Montes

Dear Parents,

During the month of October children learned about fire safety, Doctors and Dentist work area. Through Second Step we continue to learn some skills to increase our ability to identify our own and others feelings, understand the complexity of feelings, take other's perspectives, and learn ways to respond with empathy.

During The Month of November we will do the following activities: Discuss the customs

and lifestyles of the American Indian & Pilgrims. Discuss the things we are thankful for. Talk about Family Traditions during the Thanksgiving celebration activities. Discuss The Five Food Groups as nutritional awareness. Continue working on concepts (colors, shapes, & letters) and different patterns.

The weather is changing and the days are getting shorter and colder. It is time to replace the clothing that your child has in their cubbies. Please

provide warmer clothes for your child such as sweatshirts and long pants. The health of your child is very important to us. A healthy child will perform better in a learning environment



- ☺ **November 1, 8, 15, 22 & 29** - No Early Release Day
- ☺ **November 2nd**, - Firefighter visit
- ☺ **November 6, 8, & 9**—Arts on the Grow Artist Visit
- ☺ **November 10th** - No School
- ☺ **November 14th** — Family Engagement
- ☺ **November 22nd** - No School
- ☺ **November 23 & 24** - Thanksgiving Break