



December 2016

Program of Excellence
Mid Florida Community Services, Inc.

Volume 1—Number-4

Positive Parenting Tips that Promote Good Behavior

Keep a Schedule

Young children need a regular schedule. They behave better when they know what to expect. Try to have them eat, nap and play at the same time each day. When planning their daily schedule, include for active time, quiet time, time for playing together, and time for children to play by themselves.

Offer Encouragement

Encouraging words help your child build confidence. The key to encouraging your child is to be a coach more than a cheerleader. A cheerleader says: "What a great job?" or "What a beautiful picture!" A coach uses specific praise. For example, when your child sets the table, you might say "You did such a good job setting the table! You put the spoons and

napkins!" When you look at a child's painting, you might say, "This painting just glows with color. You used blue, green, red, yellow, and orange. Tell me how you did this!" Specific praise means a lot to a child than a brief. "You are great."

Additional Tips

Tell your child what they can DO instead of telling the DON'T. Provide children with sample explanations for your rules or limits and offer alternatives. Parents should work together so that children get a set of consistent limits. Whether parents are living together or apart, having the same rules is important to avoid confusing children.

Source: Pinwheels for Prevention

Important Dates to Remember

- ⇒ Dec. 6- Parent Meeting @ 6pm
- ⇒ Dec. 6- Dad's Day @ 9:30am
- ⇒ Dec. 13- Field Trip to Continental Country Club
- ⇒ Dec. 22- Winter Break Begins
- ⇒ Dec. 23-Jan. 09- Winter Break
- ⇒ Jan. 10, 2016- Children return to school



Davis Family— CR 02

Happy Birthday

Naytiri— Dec. 12

Sofia— Dec. 14

Kayden— Dec. 16

Ayanna— Dec. 18



Building Lasting Friendships

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From Your CDS

Ronjaneen Harris,
Child Development Specialist

The holidays are a time for giving and receiving. However, it is so nice when a child learns to give at an early age. Unfortunately, we are not able to buy everything our children desire to have all the time, and helping young children to understand the value of money can be tricky. Not only do they need to learn to recognize the various forms and denominations of a currency and the value of each individual unit but also how to count it (and eventually to add, subtract, multiply and divide it), why money is important and how it is used in everyday life. The complex and abstract nature of these concepts means children need plenty of time and lots of opportunities to talk about, to play with and to meaningfully use money with the help of an adult.

Learning to save and learning to give are also important money lessons that are much easier for children to take into adulthood when the foundations are laid in childhood. However, they are also not easy lessons for a young child to learn or understand. For the holidays, have children make gifts and/or cards. These are everlasting memories they will treasure forever.

For ways on helping your child learn to give visit <http://hildhood101.com/2012/10/helping-children-learn-to-give/>



Ms. Ruth A. Williams 1954-2016

Carlina Lindo, Bushnell FA

Many times we forget how important families are and we take for granted all of the wonderful things of having a family can bring to our lives. Christmas Holidays is celebrated on Sunday, December 25, 2016. It is a time of the year that families and friends celebrate by singing, cooking, eating and exchanging gifts.

Looking forward to seeing you at our Parent Meeting on Tuesday, December 6, 2016 @ 6pm.

Remember!!! Head Start is closed on:

Thursday December 22 thru Monday January 9, 2017 for winter break

Classes resume on Tuesday, January 10, 2017

Thank you to our Bushnell Head Start families for allowing us to serve you.

Things to remember: CLASSES BEGIN AT 8AM-DON'T BE LATE. Sign your child in & Out Daily, No Outside Food or Toys, Check Back Packs Daily. Shots and physical must be updated for the New Year. If you change your phone, address or email notify your FA

Defensora de Familia de Head Start de Bushnell, Carlina Lindo

Muchas veces nos olvidamos la importancia de las familias y damos por hecho todas las cosas maravillosas que las familias pueden traer a nuestra vida.

Las Navidades se celebran el

Domingo, 25 de Diciembre del 2016. Es el tiempo donde familias y amistades celebran cantando, cocinando, comiendo e intercambiando regalos.

Esperando verlos en la reunión de padres el Martes, 6 de Diciembre del 2016 a las 6pm.

Acuerdense que Head Start estará cerrado:

Jueves, 22 de Diciembre del 2016- Recreo de Invierno al Lunes, 9 de Enero del 2017

Clases resumen el Martes, 10 de Enero del 2017

Gracias a las familias de Bushnell Head Start por darnos la oportunidad de servirles.

Acuerdense: LAS CLASES EMPIEZAN A LAS 8AM, NO LLEGUES TARDE. Firme su niño diario, no se permite comidas o juguetes de afuera y revise las mochilas (back packs) diariamente. Las vacunas y físico de su niño tiene que estar al día para el año nuevo. Notifique a su trabajadora de familia si cambia su número de teléfono, si tiene una nueva dirección o correo electrónico.

Classroom News

This month, we will be learning about different holiday celebrations around the world. We will be learning about Kwanzaa, Hannukah, and Christmas. You can share in this time of celebration by getting books from the local library and reading about the holidays with your children.

We are going on a field trip to Continental Country Club in Wildwood to sing Christmas carols. Each class needs one chaperone. Please let your teacher know if you are available.

Please continue to return home activities in a timely manner so they can be documented at the end of each month.

Mrs. Tammy/Mrs. Michelle
Ms. Heloise

Home Activity

Frustrated over constantly having to tie your children's shoelaces? Teach them to tie their own shoelaces. Ian's Shoelace Site (http://fiegggen.com/shoelace_tipsforchildren.htm) contains articles and helpful hints on teaching young children, left-handed persons, elderly, and special needs individuals how to tie their own shoes. There is even information as to what knot is easier to tie. Spend some time this holiday season helping someone learn this valuable self-help skill.

Parent to Parent

Parents,

If you have anything you would like to share with other parents and families, please see your family advocate so they can assist you with getting information in the newsletter. We look forward to hearing from you.

Policy Council Update for November 2016

The November Policy Council meeting was held on Thursday, November 17th at 10:00 am via video conference. Fifteen policy council members were present. A special welcome was extended to a new community policy council member, Carolyn Casler. Ms. Casler is employed by the Early Learning Coalition of Pasco/Hernando counties.

The following persons were approved for hire:

Jessyal Acevedo, Teacher's Assistant - Hernando Head Start
Megan Golembieski, Program Substitute -Hernando/Sumter counties
Jeamary Garcia, Teacher - Horizon Head Start -Volusia County
Brittany Jackson, Extended Day Teacher - EVEC - Volusia County
Juliette Santiago, Family Advocate - Chisholm Head Start – Volusia County

Budget report training was conducted by Kris Bates, Chief Financial Officer of Mid Florida Community Services, Inc.

The following reports were approved: Budget and Credit Cards, Enrollment/ Attendance, Meals and Snacks, Service Area and Center. Staff will be asked to decrease the number of pictures included in center reports and increase the size of any pictures that are included in these reports.

An Information Memorandum recently issued by the Office of Head Start was reviewed. The memorandum highlighted new requirements in the Head Start Performance Standards. As a result of the memorandum, programs are prohibited from expelling or suspending a child due to the child's behavior.

A presentation on the Galileo curriculum was provided Child Development Specialist, Karen Bourbonnais. The twelve learning domains were reviewed. Additionally, information related to how the Galileo data can be easily accessed by parents and utilized by teachers and administrators to support the development of children in the program.

A series of changes to the Policy Council By laws were reviewed and approved during the meeting. The specific areas affected by these changes included:
Family and Community Partnership
Eligibility, Recruitment, Selection, Enrollment & Attendance - ERSEA
Health
Oral health

The following **announcements** were made:

Mid Florida Community Services, Inc. has purchased a new location at 233 Oakridge Street in Holly Hill, Florida. The goal is to open the location at the beginning of the 2017-18 school year. However, if we are awarded the Early Head Start grant, efforts will be made to open the new location in April 2017.

A large room at the Hernando Head Start building is currently being renovated to become a Training Room for use by Head Start staff and possibly community partners.





Check out our
Product and Safety News



1

7-Eleven Fresh to Go
Cookies Undeclared Pea-
nuts

2

CVS Spiced Herbal
Tea
Potential Salmonella Poison-
ing

3

Peach Slices and
Mixed Fruit Potential Glass

[http://www.safekids.org/
product-
re-
calls#sthash.6JbMbUKu.dpu](http://www.safekids.org/product-recalls#sthash.6JbMbUKu.dpu)
f

From Me to You:

As we prepare for the holiday season, I am reminded that we also go through changes. Our children grow and develop along with us. So take time out to train them at home with numbers and colors, simply just have fun learning! They can identify the colors on display as you shop or they can count the number of houses that are decorated as you drive along. Before you know it they will be asking for the keys to your car! 😊

Happy Holidays!

BE THE DIFFERENCE!

School Readiness/Parent Advocate

Luis Leon

**Head Start Family Engagement Coordina-
tor**

835 School St. Brooksville, FL

352-754-2464

Parent Meeting Minutes

Parent meeting was called to order on Tuesday, November 1, 2016 @6pm. Welcome and introductions I am moving; I am Learning (IMIL) skills demonstration done by students. Ms. Audrey Moyer chaired the meeting.

Minutes of the last meeting approved by parents.

Parent voted to receive the newsletter via hardcopy

Perfect and good attendance for the month of October, 2016 – Total of 15 students.

Child Growth and Development Training by Mrs. Tammy Herring. Ms. Herring explained the stages of a child's growth and also stressed: "listen and read to your child daily".

Parents received the following handouts: What is Child Development?, progression skills sheet from bright baby to curriculum for Prek, and Fast Facts Data and Statistics about Diabetes.

Classroom report– Children are learning a lot, a reminder to parents to work on home activities, and be at school every day on time.

Report – FA's –90 days approaching for Dental, Lead and Hemoglobin, physical/immunizations/ dental exams and/or treatment need to be updated. Customer Satisfaction Survey- We want to hear from parents how MFCS serves them by completing the survey.

Bushnell Center dates of events, activities and other discussions. Friday, 11/4/16 Story time by Staywell @ 9:30am, Daylight Saving Time ends Sunday, 11/6/16, Election Day Tuesday, 11/8/16, Veteran's Day –Holiday-Friday 11/11/16-No School, Story Time by Book Works Friday 11/17/16, Male/Parent Involvement Day Wednesday 11/23/16. Head Start is closed 11/24-25/16 Thanksgiving Holidays, Parent Training on Thursday 12/8/16 "It's a Health Thing 9:30 -11:30am. Parent Activity & Spring Fling will follow up at next meeting. Meeting Adjourned and Refreshments served. Next meeting Dec. 6, 2016.