


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Head Start staff must check with school manager and/or school staff for correct portion sizes for items. For example, how many chicken nuggets, cheese sticks, etc. are to be served to count as 1 serving, what size scoop or spoodle is to be used for serving spaghetti?</b>				
All our grain & bread products at breakfast & lunch are <b>whole-grain</b> rich.☺	<b>Yellow highlighted menu items indicate that these menu items differ from menu items offered at the feeder school.</b>	<b>Note: Some schools may have a non-pork version of items that have the pork symbol listed. If this is the case, the manager will let the site know.</b>	<b>Milk: 1% White milk offered at breakfast and lunch daily.</b> <i>When juice is listed, the feeder school will choose 1 flavor to send to the site(s).</i>	*Cereal choices: Cheerios or Cinnamon Toast Crunch reduced sugar.
	<b>1</b> <b>Breakfast:</b> 1 Chicken Biscuit, small Fresh Fruit <b>Entrée:</b> 1 Turkey & Cheese or Ham & Cheese Sandwich <b>Sides:</b> ¼ c Cheesy Beans & ¼ c Applesauce (or ½ c Applesauce Cup)	<b>2</b> <b>Breakfast:</b> *Cereal ☞, ¼ c Peaches <b>Entrée:</b> 3 Mini Corndogs 🍌 <b>Sides:</b> ¼ c Broccoli & small Fresh Fruit	<b>3</b> <b>Breakfast:</b> Croissant w/ Egg & Cheese ☞, Juice <b>Entrée:</b> Roasted Chicken or 5 Popcorn Chicken, Breadstick <b>Sides:</b> ¼ c Mashed Potato w/ Gravy & ¼ c Pears	<b>4</b> <b>Breakfast:</b> 2 French Toast Sticks ☞, small Fresh Fruit <b>Entrée:</b> Cheese Pizza ☞ <b>Sides:</b> ¼ c Corn & small Fresh Fruit
<b>7</b> <b>Breakfast:</b> *Cereal ☞, ¼ c Peaches <b>Entrée:</b> 3 Nuggets or 5 Popcorn Chx w/ a 2 oz. Roll <b>Sides:</b> ¼ c Baked Beans & small Fresh Fruit	<b>8</b> <b>Breakfast:</b> 1 Yogurt w/ Cheerios ☞, ¼ c Mixed Fruit <b>Entrée:</b> 1 Cheesy Filled Bread Stick w/ Marinara <b>Sides:</b> ¼ c Corn & ¼ c Applesauce (or ½ c Applesauce Cup)	<b>9</b> <b>Breakfast:</b> *Cereal ☞ <b>Entrée:</b> 1 Chicken Sandwich <b>Sides:</b> ¼ c Lettuce & Tomato & small Fresh Fruit	<b>10</b> <b>Breakfast:</b> Croissant w/ Egg & Cheese, small Fresh Fruit <b>Entrée:</b> ½ c Baked Spaghetti <b>Sides:</b> ¼ c Green Beans & ¼ c Pears	<b>11</b> <b>Breakfast:</b> 2 French Toast Sticks ☞, small Fresh Fruit <b>Entrée:</b> Cheese Pizza ☞ <b>Sides:</b> ¼ c Cooked Carrots & ¼ c Peaches
<b>14</b> <b>Breakfast:</b> 1 pkg Mini Maple Pancakes ☞ or *Cereal ☞, ¼ c Peaches <b>Entrée:</b> 1 Hot Dog 🍌 <b>Sides:</b> ¼ c Baked Beans & ½ c Strawberry Cup	<b>15</b> <b>Breakfast:</b> 1 Sausage Biscuit, small Fresh Fruit <b>Entrée:</b> 3 Nuggets or 5 Popcorn Chx w/ a Breadstick <b>Sides:</b> ¼ c Corn & ¼ c Applesauce (or ½ c Applesauce Cup)	<b>16 Early Release Day</b> <b>Breakfast:</b> *Cereal ☞, ¼ c Pears <b>Entrée:</b> 1 Hamburger <b>Sides:</b> ¼ c Spiral Fries & ¼ c Mixed Fruit (or ½ c Mixed Fruit Cup)	<b>17</b> <b>Breakfast:</b> Croissant w/ Egg & Cheese ☞, Juice <b>Entrée:</b> Chicken Sandwich <b>Sides:</b> ¼ c Sweet Potato Waffle Fries & small Fresh Fruit	<b>18</b> <b>Breakfast:</b> 2 French Toast Sticks ☞, small Fresh Fruit <b>Entrée:</b> Cheese Pizza ☞ <b>Sides:</b> ¼ c Broccoli w/ Cheese & ¼ c Peaches
<b>21</b> <b>Breakfast:</b> *Cereal ☞, ¼ c Peaches <b>Entrée:</b> 3 Mini Corndogs 🍌 <b>Sides:</b> ¼ c Broccoli & Cheese & ½ c Strawberry Cup	<b>22</b> <b>Breakfast:</b> 1 Yogurt w/ Cheerios ☞, ¼ c Applesauce <b>Entrée:</b> 5 Popcorn Chx w/ a Roll <b>Sides:</b> ¼ c Mixed Veggies & small Fresh Fruit	<b>23 Early Release Day</b> <b>Breakfast:</b> *Cereal ☞, ½ c Pears <b>Entrée:</b> Rib-B-Q <b>Sides:</b> ¼ c Green Beans & small Fresh Fruit	<b>24</b> <b>Breakfast:</b> Croissant w/ Egg & Cheese, small Fresh Fruit <b>Entrée:</b> Chicken Sandwich <b>Sides:</b> ¼ c Sweet Potato Waffle Fries & a Fresh Apple	<b>25</b> <b>Breakfast:</b> 2 French Toast Sticks ☞, small Fresh Fruit <b>Entrée:</b> Cheese Pizza ☞ <b>Sides:</b> ¼ c Broccoli & Cheese & ¼ c Peaches
<b>28</b>  <b>HAPPY MEMORIAL DAY!</b>	<b>29</b> <b>Breakfast:</b> 1 Sausage Biscuit, small Fresh Fruit <b>Entrée:</b> 3 Nuggets or 5 Popcorn Chx w/ a Breadstick <b>Sides:</b> ¼ c Corn & ¼ c Applesauce (or ½ c Applesauce Cup)	<b>30 Early Release Day</b> <b>Breakfast:</b> *Cereal ☞, ¼ c Peaches <b>Entrée:</b> 1 Hamburger <b>Sides:</b> ¼ c Spiral Fries & small Fresh Fruit		

This institution is an equal opportunity provider.



This symbol indicates that the product is made with Pork.



This symbol indicates that the product is made with Beef.



This symbol indicates that the product is made with Turkey.



This symbol indicates that the item is vegetarian or lacto-vegetarian.