

Deland Early Head Start



NEWSLETTER

FROM THE DESK OF PAMELA FERNETT SITE SUPERVISOR

Can't believe March is already upon us. It seems like the months are flying by much too quickly. February was a flash and I am sure summer will be here in the blink of an eye. We had lots of exciting events that occurred in February and have much more to come in March.

We are delighted with the progress of all our children at this point of the school year. All have excelled in all their preschool activities. Our staff feels so fortunate to have such delightful, bright and beautiful children.

We also appreciate all of our parents' efforts in getting their children to class. Your participation and communication makes our job so much easier. Thank you for taking the time to allow the Teachers to complete their home visits. It's great to see the children in their natural environments when they join you in these conferences. It helps the teachers learn so much about them.

Don't forget Daylight Savings Time starts on March 13, 2023.

Set those clocks ahead one hour.

Our Transition into Kindergarten will begin this month. Please see your child's teacher to ask what they will be doing and what you can do at home to help your child with this transition.

CONTENTS OF THIS ISSUE

- * From the Desk of you CDS
- * Contact Information
- * Mark your Calendars
- * Family Advocate Corner
- * A note from the teachers
- * Home Learning & Family Engagement
- * Policy Council Updates

MARK YOUR CALENDAR

March 6, 2023- Student Holiday/ Teacher In-service day.

March 10, 2023- Student Holiday/ Teacher In-service day.

March 13-17, 2023- Spring Break

March 20, 2023- Classes Resume

March 22, 2023- Family Fun Day! *early release/ no extended day.

CONTACT INFORMATION

Site Supervisor: Pamela Fennett

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FA- Anna Triplett

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Classroom- Ms. Miguelina/ Ms. Maria

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Extension-103



Head Start

Mid Florida Community Services

Early Head Start

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Family Advocate's Corner

FROM THE DESK OF YOUR FAMILY ADVOCATE

Mrs. Anna Triplet

The Cure for Whining

Should children get what they want by whining? Absolutely not.

Should they learn that they can get their way by marshaling good arguments and making them in a reasonable, humorous, charming way that meets your needs as well as theirs? Absolutely, if you want them to get anywhere in life.

But how to help them make that transition?

Whining is common with toddlers and preschoolers. Parents are usually advised to tell their kids to ask in a "nice" voice, because they can't hear the whiny voice. But whining is a symptom of a deeper issue. So if you want to eliminate whining, you have to address what's underneath.

If your child's whining is driving you crazy, here are six parent-proven secrets to stop the whining. Which secret you use depends on why he's whining.

1. Whining because he doesn't have the internal resources to cope with what's being asked of him: When humans feel overwhelmed, they get whiny. Meet his basic needs for food, rest, down time, run-around time, and connection with you, or you can count on whining.

2. Whining because she needs more connection: Be pre-emptive. Make sure that your child gets enough of your positive attention, unprovoked.

3. Whining because she doesn't like what's happening but feels powerless to get her way: Lawrence Cohen, author of the wonderful book *Playful Parenting*, says: "When children whine they are feeling powerless. If we give in so they will stop whining, we reward that powerlessness. But if we relaxedly, playfully, invite them to use a strong voice, we increase their sense of confidence and competence. And we find a bridge back to close connection."

4. Whining because he needs to cry: Toddlers let off stress by simply having a meltdown, but as they get older they gain more self-control, and begin to whine instead.

5. Whining because it works: Don't reward whining, meaning don't give in and buy the candy. But there is never a reason to be less than kind about it.

6. Whining because you'll do anything to stop it: Why do parents hate whining so much? Because whining is your little one's more mature form of crying.

* For more information on this topic, please see you Family Advocate.

Deland Early Head Start Parent Meeting Minutes

There was no parent meeting held in the month of Feb.



Notes from the Early Head Start Teachers

Classroom


Mrs. Miguelina & Mrs. Maria

Families this month the theme we will be going over is Shoes. Every day you help your child get ready to go to school or to go out to play. While in the classroom we noticed that there are many kinds of shoes there are patterns and colors that the children can identify and explore. Through their investigations, the children will build language and literacy skills as they describe the shoe's colors, sizes, and shapes. They will acquire cognitive skills as they persist in problem-solving when they put on and off their shoes. They will learn confidence and build independence as they practice putting on socks and shoes. In March Spring will be here and the weather will be changing so for this reason the children's clothing will be changing too. We will talk about what shoes they can use now and also how they need to dress for the warmer weather.

Family Engagement Activities

Home learning/ Family Engagement: At home, you can talk to your child about what kind of shoes you put on for different occasions. What kind of shoe it is, what color and even you can compare sizes.

Growth is growth
no matter
how small



BOOK SUGGESTIONS

Ms. Felicia will be bringing in an ant farm, in which the children will be able to see the ants in action, how exciting is that?!

The eBook we have suggested for this creepy crawly theme is "Creepy Crawly Calypso" and you are sure to sing along with your child!

[Creepy Crawly Calypso \(UK\) | Barefoot Books Singalong - YouTube](#)

Policy Council Notes

Meeting Date February 23rd, 2023

February Policy Council met via Zoom on February 23, 2023. Quorum was established with (10) policy council representatives present.

January 2023 Policy Council minutes were approved.

Budget and Credit Card reports reviewed by Tanya Hall. All approved.

Enrollment and attendance report reviewed by Jennifer Fowler. All approved.

Meal & Snack reports for December 2022 reviewed by Seth Williams. All approved.

New Policy and Procedures reviewed by Seth Williams. All Approved.

Program Instructions and Information Memorandum from the Office of Head Start. Informational purposes only.

Staffing Reports & service area reports. Information purposes only.

Parent Activity Funds Requested for Spring Hill, approved.

Leadership team highlights reviewed.

Other business and announcements discussed, simply for informational purposes.

Next Policy Council meeting is Thursday, March 23, 2022.

Want to praise your child's teacher?

You can contact us via our website <https://www.midfloridaheadstart.com/> or by calling us: 1-888-277-0010

Director of Early Learning Services, Tanya Hall (THall@MFCS.US.com) the Deputy Director of Children's Services, Glynne Pascal (GPascal@MFCS.US.com) Please also feel free to reach out to us should you have concerns about your child(ren)'s program.