

# Go Sheppard Early Head Start Newsletter

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## MARK YOUR CALENDAR

**November 8: Teacher/Student Holiday No school**  
**November 11: Veteran's Day No School**  
**November 18: Tie Dye Party!**  
**November 21-25 Thanksgiving Holiday Break**  
**November 28: Classes Resume**  
**No Parent Meeting this month**  
**Early Release Days:**  
**11/02/2022– Head Start**  
**11/16/2022—Head Start**  
**11/30/2022– Early Head Start**

## From the Desk of Your CDS

By, Marline Medero-Lopez

### *Using the Potty*

Dear Parents,

If your toddler isn't using the potty yet, don't worry. All children learn eventually. Here are some tips.

- Be sure the potty chair is placed where your child spends the most time. You'll want it to eventually be in the bathroom. Tell your child what the potty is for.
- Have your child sit on the potty a few times a day without a diaper on. Stay with your toddler and read a book about using the potty. (The New Potty by Mercer Meyer/ <https://youtu.be/BlNAwSDatUc>)
- If you notice your child is squirming or holding herself, be sure to respond quickly. Help your child recognize these signs and get to the potty quickly.
- Be sure to praise every effort your child makes at using the potty. You may consider giving incentives like stickers or a trip to the park.
- After several weeks of following these tips, it's time to ditch the diapers and go for training pants or underwear. Celebrate accomplishments by letting your toddler choose her favorite big-kid underwear.

With November's holiday soon approaching and children spending a couple of days at home, these tips are helpful to continue practicing your child's training and keeping in routine, while out of school. Happy holidays to all of you!

## FAMILY ADVOCATE CORNER



Dear Parent,

Thank you to all those parents that participated in our parent meeting; 10 parents participated! Remember that child's attendance is very important. Please call me and let us know when your child will be absent and why. If your child is going to be late please call the teachers @ (386) 749-0300. If a child is out 2 days in a row without an excuse, I will do a home visit on the 2<sup>nd</sup>. day.

Thank you, your Family Advocate,  
*Margarita Montes*

Queridos Padres,

Gracias a todos los padres que participaron en nuestra reunión de padres; 10 padres participaron!

Recuerde que la asistencia es bien importante. Por favor llámeme y déjeme saber si su niño (a) va a estar ausente y la razón. Si su niño (a) va a llegar tarde por favor llame a las maestras al (386)749-0300. Si un niño (a) falta 2 días seguidos y yo no se la razón, yo hare una visita domiciliaria al 2<sup>nd</sup>. día.

Gracias, su Representante de Familias,  
*Margarita Montes*

## A NOTE FROM THE TEACHERS

## Classroom 3

Ms. Dora & Mrs. Gloria

Hello Families, this month children continue to learn facts about trees through activities, stories, nature walks and art. This month we will also be

learning about Thanksgiving and why we give thanks. We encourage you to become a volunteer and further support our classroom. Furthermore, we will be scheduling Parent/Teacher conferences so please be on the lookout for the notices in your child's communication folder. Thank you!

Hola familias, este mes los niños continúan aprendiendo datos sobre los árboles a través de actividades, historias, paseos por la naturaleza y arte. Este mes también aprenderemos sobre el Día de Acción de Gracias y por qué damos gracias. Te animamos a que te conviertas en voluntario y apoyes aún más nuestra clase. Además, programaremos conferencias de padres / maestros, así que esté atento a los avisos en la carpeta de comunicación de su hijo.

¡Gracias!

## Classroom 4

Ms. Michele & Araceli

The children continue to discover facts about "trees" through books and activities as we finish our "Tree Study." We are looking forward to an exciting Fall while we learn through play and develop appropriate social skills. It is so fun to watch as the children change and grow. Our family tree wall is almost complete and we will begin adding "what we are thankful for" this week. Please take a moment to look at the children's beautiful art work. Parent papers and completed work will be in your child's communication folder located at the top of each cubby. Please check it daily ☐

Los niños continúan descubriendo hechos sobre los "árboles" a través de libros y actividades a medida que terminamos nuestro "Estudio de los árboles". Esperamos un otoño emocionante mientras aprendemos a través del juego y desarrollamos habilidades sociales apropiadas. Es muy divertido ver cómo los niños cambian y crecen. Nuestra pared del árbol genealógico está casi completa y comenzaremos a agregar "por lo que estamos agradecidos" esta semana. Por favor, tómese un momento para mirar la hermosa obra de arte de los niños. Los documentos de los padres y el trabajo completado estarán en la carpeta de comunicación de su hijo ubicada en la parte superior de cada cubículo. Por favor, compruébalo diariamente 12

## CHILDREN'S E-BOOK

[Who Lives in Trees? - YouTube](#) by Trish Holland

[I Am Thankful - Thanksgiving Kids Books Read Aloud - YouTube](#)

[The Very Stuffed Turkey - Thanksgiving Kids Books Read Aloud - YouTube](#)

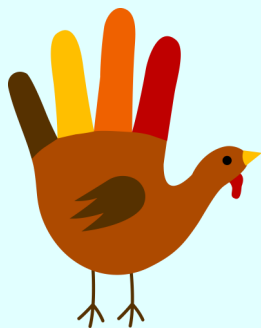
[Read Aloud Book - Trees Count - YouTube](#) by Trish Holland

## HOME LEARNING ACTIVITY

## Thanksgiving Hand Art

1. Trace your child's Hand
2. Have a conversation about thanksgiving as you trace hand
3. Discuss 5 things you are thankful for with your child and write them on each of the fingers. In this step

discuss with your child what makes them "Happy" this is a great way to share your feelings and thoughts with your child. Your child may need help thinking about what they are thankful for and using the proper feeling words.



## Want to praise your child's teacher?

You can contact us via our website <https://www.midfloridaheadstart.com/> or by calling us: 1-888-277-0010

Interim Director of Early Learning Services, Tanya Hall (THall@MFCS.US.com) the Deputy Director of Children's Services, Glynne Pascal (GPascal@MFCS.US.com) Please also feel free to reach out to us should you have concerns about your child(ren)'s program.

## PARENT MEETING MINUTES

**Welcome – Family Advocate & Center Staff  
New Business**

Parent Treat – It will be October 28, 2022. Jaclyn Ortega and Edith Acosta will help set up and make the baggies that morning.

Thanksgiving meal – Yoneire Gaona have two sponsors for our Thanksgiving Baskets. We want to thank Elia Neri, Jose Caro, and Fidel Onofre for donating as well. The donations will be collected at the end of the month.

Festival – Parents select the spring festival

**Service Area Reports:**

CDS – Information about spirit week, open house, and ProCare was shared.

Teachers –

EHS: Learning about the types of brushes and their different uses.

HS: Children will be observing and comparing trees and learning about what lives in them, types of trees, seasons, plants, etc.

Family Advocate – Shirts will be tie-dye in the classroom in a Parent engagement activity. Discuss week 2 of our parent curriculum. We have a Christmas sponsor. FA will be on Vacation from November 10- 15, 2022.

**Important Dates:**

No School: Monday, October 17 and 21, 2022 (In-Service/ Student Holiday)

No School: Tuesday, November 8, 2022 (In-Service/Student Holiday)

No School: Friday, November 11, 2022 (Veterans day)

No School: Monday- Friday, November 21-25, 2022

(Thanksgiving Break)

Early Release Day

HS: October 19, 26

November 2, 16, 30

EHS: October 26.

November 30

Next Parent Meeting: December 9, 2022

**Guest Speaker: Family Advocate ELCVF** – ELC came to talk to parents about their services: Resource and referral, VPK, SR, and child development services.

**Adjournment** 5:20pm





# Policy Council Notes

## Meeting Date October 27th, 2022

September Policy Council met via Zoom on October 27, 2022. Quorum was established with (14) policy council reps present.

Voting in new Policy Council members along with the Policy Council Chair. Krystal was nominated as chair, and it was seconded. Krystle accepted it, and it was passed.

Nominations for Vice Chair were made, Brenda was nominated and seconded. Brenda didn't accept the nomination. Another nomination was made, Jose was nominated and seconded, Jose accepted and was selected at the Vice Chair to Policy Council. Secretary nomination was up next, Monique was nominated and it was seconded, passed and she was elected secretary. Last seat is the treasurers, Suzanne was then nominated and it was seconded and passed. Suzanne is the reassures for this Policy Council executive team for this program year.

Chair – Krystal

Vice Chair - Jose

Secretary- Monique

Treasurer – Suzanne

September minutes were approved. We then spoke about the August Budgets and Credit Card statements. Early Head Start & Head Start grants reviewed and talked through. All in target with the Head Start Budget and Grant. All approved.

Review enrollment and attendance report with Jennifer Fowler. All approved.

Review Meal & Snack reports for August 2022. All approved.

EHS 3 Grant, reviewed and new roles introduced explained to the Policy Council team. EHS 3 Grant was voted on and approved.

Program instruction information memorandums. Tanya Hall began to speak about Child Incident reporting Health and Safety from the Office of Head Start. Updated Policies and Procedures, and spoke about training that took place. Along with new monitoring projects. No votes needed at this time, information purposes only.

Staffing reports, center reports information purposes only, no need to be voted on at this time.

Service area reports, all approved.

Other business and announcements discussed, simply for informational purposes.

Policy Council Member preferences discussed.

Next Policy Council meeting is Thursday, November 17, 2022.



### CONTACT US!

Child Development Specialist : Marline Medero  
(386)956-3636

Family Advocate: Margarita Montes  
386-283-1675/ 386-279-8089

Center Phone Number & Classroom Extensions  
CR #1 386-749-0300 ext. 1 CR #2 386-749-0300 ext. 2  
CR #3 352-428-2242 ext. 3 CR #4 386-749-0300 ext. 4

