

Go Sheppard Early Head Start Newsletter

CONTENTS OF THIS ISSUE

- From the Desk of you CDS
 - Contact Information
 - Mark your Calendars
 - Family Advocate Corner
 - A note from the teachers
- Home Learning & Family Engagement
 - Parent Meeting Minutes
 - Policy Council Updates

MARK YOUR CALENDAR

November 8: Teacher/Student Holiday No school

November 11: Veteran's Day No School

November 18: Tie Dye Party!

November 21-25 Thanksgiving Holiday Break

November 28: Classes Resume

No Parent Meeting this month

Early Release Days:

11/02/2022– Head Start

11/16/2022—Head Start

11/30/2022– Early Head Start

From the Desk of Your CDS

By, Marline Medero-Lopez

Using the Potty

Dear Parents,

If your toddler isn't using the potty yet, don't worry. All children learn eventually. Here are some tips.

- Be sure the potty chair is placed where your child spends the most time. You'll want it to eventually be in the bathroom. Tell your child what the potty is for.
- Have your child sit on the potty a few times a day without a diaper on. Stay with your toddler and read a book about using the potty. (The New Potty by Mercer Meyer/ <https://youtu.be/BlNAwSDatUc>)
- If you notice your child is squirming or holding herself, be sure to respond quickly. Help your child recognize these signs and get to the potty quickly.
- Be sure to praise every effort your child makes at using the potty. You may consider giving incentives like stickers or a trip to the park.
- After several weeks of following these tips, it's time to ditch the diapers and go for training pants or underwear. Celebrate accomplishments by letting your toddler choose her favorite big-kid underwear.

With November's holiday soon approaching and children spending a couple of days at home, these tips are helpful to continue practicing your child's training and keeping in routine, while out of school. Happy holidays to all of you!

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FAMILY ADVOCATE CORNER



Dear Parent,
Thank you to all those parents that participated in our parent meeting; 10 parents participated! Remember that child's attendance is very important. Please call me and let us know when your child will be absent and why. If your child is going to be late please call the teachers @ (386) 749-0300. If a child is out 2 days in a roll without an excuse, I will do a home visit on the 2nd. day.
Thank you, your Family Advocate,
Margarita Montes

Queridos Padres,
Gracias a todos los padres que participaron en nuestra reunión de padres; 10 padres participaron! Recuerde que la asistencia es bien importante. Por favor llámeme y déjeme saber si su niño (a) va a estar ausente y la razón. Si su niño (a) va a llegar tarde por favor llame a las maestras al (386)749-0300. Si un niño (a) falta 2 días seguidos y yo no se la razon, yo hare una visita domiciliaria al 2nd. día.
Gracias, su Representante de Familias,
Margarita Montes



A NOTE FROM THE TEACHERS

Classroom 1

Ms. Magali & Anabel

Hello parents in the month of November we will continue to study about brushes, the children had so much fun discovering the various things that brushes can do such as a hairbrush, toothbrushes, paint brushes and so much more we appreciate the parents who have brought in brushes that we can use for our study. Parents if you have any questions or concerns, please make sure to reach out to us. Thanks

Hola padres, en el mes de noviembre continuaremos estudiando sobre los cepillos, los niños se divirtieron mucho descubriendo las diversas cosas que pueden hacer los cepillos, como cepillos para el cabello, cepillos de dientes, pinceles para pintar y mucho más. Agradecemos a los padres que han traído pinceles que podemos utilizar para nuestro estudio. Padres, si tienen alguna pregunta o inquietud, asegúrese de comunicarse con nosotros. Gracias

Classroom 2

Mrs. Ondina & Mrs. Maribel

During the month of November in classroom #2 we will talk about clothes and the different types of clothing such as Coats, sweaters, Jackets and winter clothing, there is also one for each season of the year.

We will talk especially about the fall season, how the color of the leaves is changing and the trees are losing their leaves as well as the pumpkins in this beautiful season. Classroom #2 wishes you good family time.

Durante el mes de noviembre en el aula #2 hablaremos de ropa y los diferentes tipos de ropa como Abrigos, suéteres, Chaquetas y ropa de invierno, también hay una para cada estación del año.

Hablaremos especialmente de la temporada de otoño, como el color de las hojas va cambiando y los arboles van perdiendo sus hojas al igual que las calabazas en esta hermosa temporada. Aula #2 les desea buen tiempo en familia.

CHILDREN'S E-BOOK

[Who Lives in Trees? - YouTube](#) by Trish Holland

[I Am Thankful - Thanksgiving Kids Books Read Aloud - YouTube](#)

[The Very Stuffed Turkey - Thanksgiving Kids Books Read Aloud - YouTube](#)

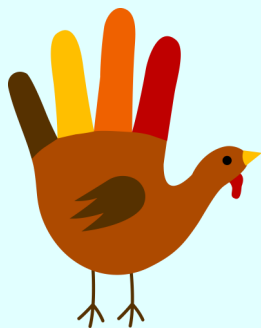
[Read Aloud Book - Trees Count - YouTube](#) by Trish Holland

HOME LEARNING ACTIVITY

Thanksgiving Hand Art

1. Trace your child's Hand
2. Have a conversation about thanksgiving as you trace hand
3. Discuss 5 things you are thankful for with your child and write them on each of the fingers. In this step

discuss with your child what makes them "Happy" this is a great way to share your feelings and thoughts with your child. Your child may need help thinking about what they are thankful for and using the proper feeling words.



Want to praise your child's teacher?

You can contact us via our website <https://www.midfloridaheadstart.com/> or by calling us: 1-888-277-0010

Interim Director of Early Learning Services, Tanya Hall (THall@MFCS.US.com) the Deputy Director of Children's Services, Glynne Pascal (GPascal@MFCS.US.com) Please also feel free to reach out to us should you have concerns about your child(ren)'s program.

PARENT MEETING MINUTES

**Welcome – Family Advocate & Center Staff
New Business**

Parent Treat – It will be October 28, 2022. Jaclyn Ortega and Edith Acosta will help set up and make the baggies that morning.

Thanksgiving meal – Yoneire Gaona have two sponsors for our Thanksgiving Baskets. We want to thank Elia Neri, Jose Caro, and Fidel Onofre for donating as well. The donations will be collected at the end of the month.

Festival – Parents select the spring festival

Service Area Reports:

CDS – Information about spirit week, open house, and ProCare was shared.

Teachers –

EHS: Learning about the types of brushes and their different uses.

HS: Children will be observing and comparing trees and learning about what lives in them, types of trees, seasons, plants, etc.

Family Advocate – Shirts will be tie-dye in the classroom in a Parent engagement activity. Discuss week 2 of our parent curriculum. We have a Christmas sponsor. FA will be on Vacation from November 10- 15, 2022.

Important Dates:

No School: Monday, October 17 and 21, 2022 (In-Service/ Student Holiday)

No School: Tuesday, November 8, 2022 (In-Service/Student Holiday)

No School: Friday, November 11, 2022 (Veterans day)

No School: Monday- Friday, November 21-25, 2022

(Thanksgiving Break)

Early Release Day

HS: October 19, 26

November 2, 16, 30

EHS: October 26.

November 30

Next Parent Meeting: December 9, 2022

Guest Speaker: Family Advocate ELCVF – ELC came to talk to parents about their services: Resource and referral, VPK, SR, and child development services.

Adjournment 5:20pm



Policy Council Notes

Meeting Date October 27th, 2022

September Policy Council met via Zoom on October 27, 2022. Quorum was established with (14) policy council reps present.

Voting in new Policy Council members along with the Policy Council Chair. Krystal was nominated as chair, and it was seconded. Krystle accepted it, and it was passed.

Nominations for Vice Chair were made, Brenda was nominated and seconded. Brenda didn't accept the nomination. Another nomination was made, Jose was nominated and seconded, Jose accepted and was selected at the Vice Chair to Policy Council. Secretary nomination was up next, Monique was nominated and it was seconded, passed and she was elected secretary. Last seat is the treasurers, Suzanne was then nominated and it was seconded and passed. Suzanne is the reassures for this Policy Council executive team for this program year.

Chair – Krystal

Vice Chair - Jose

Secretary- Monique

Treasurer – Suzanne

September minutes were approved. We then spoke about the August Budgets and Credit Card statements. Early Head Start & Head Start grants reviewed and talked through. All in target with the Head Start Budget and Grant. All approved.

Review enrollment and attendance report with Jennifer Fowler. All approved.

Review Meal & Snack reports for August 2022. All approved.

EHS 3 Grant, reviewed and new roles introduced explained to the Policy Council team. EHS 3 Grant was voted on and approved.

Program instruction information memorandums. Tanya Hall began to speak about Child Incident reporting Health and Safety from the Office of Head Start. Updated Policies and Procedures, and spoke about training that took place. Along with new monitoring projects. No votes needed at this time, information purposes only.

Staffing reports, center reports information purposes only, no need to be voted on at this time.

Service area reports, all approved.

Other business and announcements discussed, simply for informational purposes.

Policy Council Member preferences discussed.

Next Policy Council meeting is Thursday, November 17, 2022.



CONTACT US!

Child Development Specialist : Marline Medero
(386)956-3636

Family Advocate: Margarita Montes
386-283-1675/ 386-279-8089

Center Phone Number & Classroom Extensions
CR #1 386-749-0300 ext. 1 CR #2 386-749-0300 ext. 2
CR #3 352-428-2242 ext. 3 CR #4 386-749-0300 ext. 4

