



Want to praise your child's teacher?

You can contact us via our website [https://](https://www.midfloridaheadstart.com/)

www.midfloridaheadstart.com/

or by calling us: 1-888-277-0010

Interim Director of Early Learning Services, Tanya Hall

(THall@MFCS.US.com) the Deputy Director of Children's Services,

Glynne Pascal

(GPascal@MFCS.US.com) Please

also feel free to reach out to us should you have concerns about your child(ren)'s program.

Upcoming DATES

11/11— No school

11/21-25 Thanksgiving break

Early Release Day-

1:00pm Dismissal

November 10, 2022

November 9, 2022

November 29, 2022



Head Start

Mid Florida Community Services

Early Head Start

MID FLORIDA
COMMUNITY SERVICES, INC.

Helping People. Changing Lives.



Phone Numbers

**Zoribel Nevarez CDS—
352-279-2436**
**Center number
352-793-3737 Ext.201**

Message from your Family Advocate

Attendance Policy: Your child's attendance and timely arrival at the school is very important. A monthly attendance rate is 85% is required by Head Start Performance Standards. Please call your child's Family advocate or the classroom by 8am to report an absence or tardiness. If your child has irregular attendance or excessive absences, your Family Advocate will contact you to determine if assistance is needed to ensure your child consistently comes to school.

I want to remind parents please be sure to keep up with your child's physical and immunizations the Family advocate will contact you to let you know before your child's physical and immunizations will expire. I would like to remind parents to be sure to come to the office to let the Family advocate or the teacher know if you have a new phone number or if you have a new address, or if you need to add or take someone off The Change to Family Information form.

Message from your CDS

Hello Families

Welcome to November! October is over, and November brings with it the scent of pumpkin pie, cranberries and of course, delicious turkey. But one thing you may not know about November is it is also recognized as National Child Safety and Protection Month. National Child Safety and Protection Month is an entire month dedicated to recognizing the unique potential dangers many children face in their everyday lives, and taking tangible steps of prevention against those challenges.

This month looks at the world through the eyes of a child, so today we look at how you can recognize National Child Safety and Protection Month, and keep the children in your life safe. **Safety at Home-** First and foremost, children should be safe at home. According to the Center for Disease Control and Prevention, on average, 12,175 children ages birth to 19 die each year in the United States from an unintentional injury. You can prevent some of these injuries by making sure your home is a safe environment for children of all ages. Some helpful tips for safety-proofing your home include: Keep walkways and areas near stairs clear of clutter to help prevent falls. Give your children a designated place to put their toys, then work to make sure they follow through. Keep all cleaners, medications and other potentially harmful substances up high and out of reach of children. If you do keep products on lower shelves or areas, use a child-proof lock for the cabinet. When cooking, use the back burners of the stove and turn handles toward the back of stove, so children aren't able to reach or knock the pots over. Test the fire alarms in your home regularly and have a plan in place with your children in case there is a sudden fire in the home. For younger children, keep small items out of reach to avoid suffocation or choking. For infants, put them to sleep on their backs without blankets, pillows or toys in the crib. **Safety in the Car-** When riding in the car, children should be fastened with a seat belt into the appropriate car seat or booster seat. You can learn which safety seat is best for your child's age and size by checking online with your state department. Make sure the fastening on the seat is secure—not too tight and not too loose. **Safety with Food** Choking on food can be a serious hazard for many children, both young and old. Some foods are more dangerous, such as hot dogs, hard candies and nuts. Foods like these cause up to 40% of all child choking deaths. Help prevent potential issues by monitoring what your child eats, and breaking or cutting it up into smaller bites whenever possible. **Safety around Water-**According to the Center for Disease Control and Prevention, drowning is the leading cause for children ages one to four. It's incredibly vital to monitor children when swimming or near a water source, provide adequate safety swimming materials and stay close by in case children experience any issues. Water can be a fun activity for the family, but requires special attention to make sure children stay safe.

Classroom News

Dear Families:

Welcome to the Fall Season. The weather is changing, we have survived Hurricane Ian, and the children are growing and learning. During the month of October we continued our Study about Balls. We identified different types of balls, sports that use a ball, watched a video on how footballs are made, foods that are shaped like a ball, and stores that sell balls. We even watched a video showing animals playing with a ball.

October 15 was the annual Fall Festival in Bushnell. The children came to school the following Monday and were sharing their memories about the festival. The most common memory was the candy from the parade and the Fireworks later that evening.

On October 20 Representatives from Sumter County Health Department visited our classroom to do a Grow It, Try It, Like It Nutrition lesson with the children. We learned about Crookneck Squash. The children used their 5 Senses to explore the vegetable. We learned that vegetables need water, sunlight, air, and soil to grow. The children were provided a slice of fresh squash to taste. As usual some liked it and some didn't. At the end of the visit the children listened as a book was read to them. Many questions and thoughts were shared during this activity. An activity booklet along with a recipe was sent home with the children. We encourage you to visit the produce section where you shop and try new foods with your children.

Our first Parent Involvement Activity was Monday October 31. Parents were invited in to paint and decorate a small pumpkin with their child. Thank you to Ms. Jennifer Goodman for donating a pumpkin for each child.

October 31 was also our Open House Event. Parents were invited to come and explore the classroom and see their child's art work.

Thank you to all those who volunteered during October. Your help makes a valuable contribution to our day at school. If you would like to volunteer, even for just 5 minutes, ask and we will surely appreciate it.

Together we make the school year a success.

Mrs. Tammy and Ms. Heloise

Parent Meeting Minutes

Parent Meeting Minutes: September 6, 2022

Parent meeting started at 5pm in person at center

Parent were greeted by: Family Service Coordinator,
CDS, and teachers

Reports

Teachers: Yes X

Family Service Coordinator Yes X

Policy Council Rep: Yes No:

Notes:

Welcome by Family Services Coordinator

Head Start Review: Relayed by classroom teachers

Current study in class and tips to assist at home

Policy Council and Parent Committee

Candidates for policy Council and Parent Committee

Male Involvement Representative

Introduction of Parent Education Curriculum

FA Reminders:

Attendance Policy

Family Information Changes Next Parent Meeting:
Tuesday December 13, 2022

Time 5:00pm to 6:00pm

Quote Corner:

The more that you read, the
more things you will know, the
more that you learn, the more
places you'll go."– Dr. Seuss

Policy Council Notes

Meeting Date October 27th, 2022

September Policy Council met via Zoom on October 27, 2022. Quorum was established with (14) policy council reps present.

Voting in new Policy Council members along with the Policy Council Chair. Krystal was nominated as chair, and it was seconded. Krystle accepted it, and it was passed.

Nominations for Vice Chair were made, Brenda was nominated and seconded. Brenda didn't accept the nomination. Another nomination was made, Jose was nominated and seconded, Jose accepted and was selected at the Vice Chair to Policy Council. Secretary nomination was up next, Monique was nominated and it was seconded, passed and she was elected secretary. Last seat is the treasurers, Suzanne was then nominated and it was seconded and passed. Suzanne is the reassures for this Policy Council executive team for this program year.

Chair – Krystal

Vice Chair - Jose

Secretary- Monique

Treasurer – Suzanne

September minutes were approved. We then spoke about the August Budgets and Credit Card statements. Early Head Start & Head Start grants reviewed and talked through. All in target with the Head Start Budget and Grant. All approved.

Review enrollment and attendance report with Jennifer Fowler. All approved.

Review Meal & Snack reports for August 2022. All approved.

EHS 3 Grant, reviewed and new roles introduced explained to the Policy Council team. EHS 3 Grant was voted on and approved.

Program instruction information memorandums. Tanya Hall began to speak about Child Incident reporting Health and Safety from the Office of Head Start. Updated Policies and Procedures, and spoke about training that took place. Along with new monitoring projects. No votes needed at this time, information purposes only.

Staffing reports, center reports information purposes only, no need to be voted on at this time.

Service area reports, all approved.

Other business and announcements discussed, simply for informational purposes.

Policy Council Member preferences discussed.

Next Policy Council meeting is Thursday, November 17, 2022.