



HEAD START NEWS

Easterseals Head Start Newsletter



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FROM THE DESK OF YOUR CDS

By: Arnessia King

Dear Parents and/or Guardians:

As we begin the month of May, I am in awe at how quickly the year flew. As it begins to wind down for Head Start, and our teachers plan their final lessons, we take a moment to reflect on the safety of our children. I know all of our families have busy schedules, so a change in daily routines, lack of sleep, stress, fatigue, cell phone use, and simple distractions are some things many people experience and can be contributing factors as to why children have been left unknowingly in vehicles. During the month of April, you received/signed information regarding the potential for distracted adults to fail to drop off a child at a facility/home and instead leave them in the adult's vehicle upon arrival at the adult's destination. I just want to remind you that it only takes a car 10 minutes to heat up to 20 degrees and become deadly. Even with a window cracked, the temperature inside a car can cause heatstroke. The body temperature of a child increases 3 to 5 times faster than an adult's body. I want to encourage you to create reminders by putting something in the back seat that you will need at work, school or home such as a briefcase, purse, cell phone or your left shoe. Remember our children are our future.



CONTACT US!

CDS: Arnessia King / 386-507-1761
Family Advocate: Robyn Walker / 386-956-3883



MARK YOUR CALENDARS

Head Start Early Release days: 5/11/22, 5/18/22, 5/25/22 Early Head Start Early Release days: 5/11/22 and Memorial Day Holiday 5/23/22



Head Start
Mid Florida Community Services
Early Head Start

Let's Get
Connected!



@MFCSHHeadStart



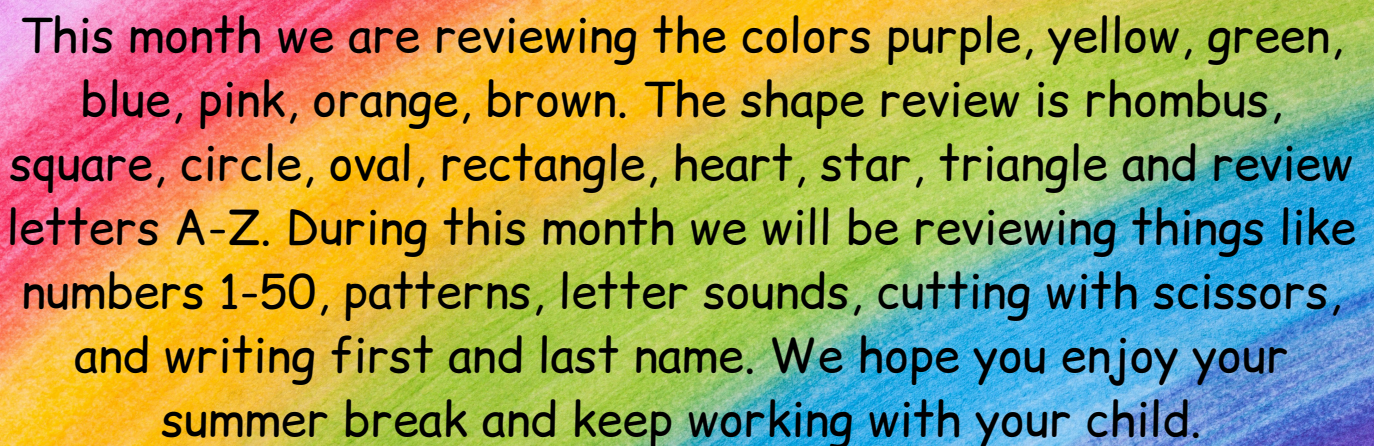
Hello Parents and Guardians,

Can you believe that the school year is almost over? I hope that every one of you has a great and safe summer. Many churches and Volusia County has a Free Summer Meals Program and there are many places near us that will offer it. The program will serve children 18 yrs. and under.

I will be in my office all Summer serving you and other families as well. Please contact me for support. I can be reached at 386-956-3883. If your child is returning next school year, we need to meet to complete a rollover application. If your child is turning three make sure you have filled out a Head Start Application. It's a different program and the child doesn't automatically go from Early Head Start to Head Start.

A NOTE FROM THE TEACHERS

CLASSROOM



This month we are reviewing the colors purple, yellow, green, blue, pink, orange, brown. The shape review is rhombus, square, circle, oval, rectangle, heart, star, triangle and review letters A-Z. During this month we will be reviewing things like numbers 1-50, patterns, letter sounds, cutting with scissors, and writing first and last name. We hope you enjoy your summer break and keep working with your child.

PARENT MEETING MINUTES

Robyn Walker, the family advocate along with teacher, Danna Gordon waited on the zoom parent meeting for 15-20 minutes. No parents joined the meeting.



POLICY COUNCIL UPDATES

April Policy Council met via Zoom on April 28, 2022. Quorum was established with 13 present.

Annette Becklan, Head Start Mental Health Consultant, presented and trained the members with a thorough presentation on Social and Emotional Mental Health.

The March meeting minutes were approved. The Budget and Credit Card statements were approved. The Enrollment, Attendance and Snack reports were approved.

Jennifer Fowler presented request for Parent Activity Funds that were approved.

Heidi Rand presented on ACF-PI-HS-22-02 on Head Start Funding Increase. This was presented for information purposes only and voting not required. Heidi stated that the focus for the pay increase will go to the Teachers and Teacher Assistants. Management is working on the budget to eliminate center positions to help divide the funds.

Staffing Reports were presented for information purposes. All Service Area and Center Reports were presented and approved.

Seth Williams shared the update on writing the No Kids Hungry Grant. He shared that the grant was submitted before April 15th and waiting to hear if the program receives the funding. Until funding is received we do not at this time have funds to provide backpack meals at this time. If approved the program will run for 25 weeks. Seth explained that the Sunshine Health grant was not approved.

HOME LEARNING / FAMILY ENGAGEMENT

Home Learning / Family Engagement Activities: Jar of Love

Brainstorm a bunch of simple little activities that celebrate the love you have for those around you (examples below), wrote each one on a little slip of paper, and put all the slips in a jar. Starting at the beginning of the Summer, the kids trade off picking a slip of paper from the jar at breakfast and then you can do the activity on the paper they pulled out sometime that day. If you draw out an activity that won't work that day, you can draw out a different activity that might work better. Some days, you may not get to doing the activity you chose and that's okay - put it back in the jar for later. Just have a goal to get to at least seven activities from the jar during the Summer- so keep it nice and flexible!

Here are some examples to put in your jar:

- see how many hugs and kisses you can give today
- "heart attack" someone's front door (Make tons of hearts and write on them how you feel about them).
- take a treat to someone
- do a "secret service" for someone in your family
- do something nice for someone outside your family
- read a story about loving and caring for others
- pop some popcorn and watch a fun movie that has a love story (Princess Bride is our favorite)
- give a sincere compliment to someone today
- write a nice note or email to someone you love who you haven't seen for a while.

CHILDREN'S BOOK SUGGESTION

MAKING FRIENDS, ELLEN GRIMI-TRENT,
[HTTPS://YOUTU.BE/FV5F-THSFZL](https://youtu.be/FV5F-THSFZL)

