



# HEAD START NEWS

Spring Hill Early Head Start Newsletter



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## FROM THE DESK OF YOUR CDS

**By: Zoribel Nevarez**

"Did you know that you could make your shopping in the grocery store a fun and learning time for your children? There are so many math ideas to talk about as you go down every aisle. Here are some cool activities to do..

- Point out the signs hanging from the ceiling that show numbers for the different aisles—focus on 1, 2, 3 to start.
- Count items that you put in your cart. Focus on numbers up to 3.
- 1 carton of eggs, 2 boxes of cereal, 3 bananas in the bunch.
- Count how many there are if you add one more item to your cart: We had 2 boxes of tissues, but I am going to buy 1 more. That makes 1, 2, 3!
- Use the word more: Let's buy more apples. Compare using more: Look at our bag of onions and our bag of peppers. We bought more onions.
- Describe items using color names: Red and green apples, a yellow box of cereal, or brown bread.
- Compare temperature. Use warm when you get to the rotisserie chicken, and cold on the ice cream aisle.
- Compare sizes of fruits and vegetables. Big grapefruit, small blueberries. Big broccoli, small green beans.
- When carrying groceries, talk about which bags are light and which are heavy.
- Notice the shape of cheese! Can you find cheese in the shape of a circle, square, and triangle? Name each one!
- Notice the shapes of objects in the supermarket: floor tiles may be squares, wheels on grocery cart look like circles, and more.
- In the paper goods aisle, point out square napkins and paper plates that are circles.
- In the frozen foods, can you find a square box or a frozen pizza shaped like a circle? Point to and each and name its shape.



## CONTACT US!

CDS: Zoribel Nevarez | 352-279-2436

Family Advocates:

Lynda Kersey (352) 556-4800, Ext. 2105  
Brianna Yuhasz (352) 556-4800, Ext. 2201  
Nitza Jerez (352) 556-4800, Ext. 2204  
Classroom Phone Number & Extensions  
352-556-4800  
Ext. 2301, 2302, 2401, 2402



## MARK YOUR CALENDARS

May 10 -@1:00 pm Parent meeting  
May 27- Early release day pick up at 1:00 pm  
May 30- No school Holiday



Head Start  
Mid Florida Community Services  
Early Head Start

Let's Get  
Connected!



@MFCSHHeadStart



## FAMILY ADVOCATE CORNER

By: Nitza Jerez

This month we had our first Parent Meeting and Transition to kindergarten in person and it felt so good! We were able to also project the meeting by zoom for those that couldn't attend. We had eighteen parents that attended by zoom and ten in person. Parents in attendance learned to advocate for their children that will be starting Kindergarten. We encourage everyone to attend our last parent committee meeting for the year which will take place on May 10th @ 1:00 pm. Hope to see you.

## A NOTE FROM THE TEACHERS

## EHS HEAD START

**Classroom 301**-Hello family and friends from 301.

Can't believe May is here, times are flying by, we are busy learning and having fun. This month we will be working on the shoe study. Learning everything about shoes. Let's have fun and learn together with our children. Please reach out to us if you need anything we are here to help always. Have a great month.

Happy Mother's Day to all our mothers, hope you all enjoy your day. May is here, we are ready to learn and grow.

~ Mrs. Betzaida and Mrs. Marisol

**Classroom 302**-Hi from Room 302!

We are so excited to be learning more about bags and how to carry things inside them! We are exercising our fingers and hands by opening and trying to close eggs in our sensory bins. Reading books is becoming a real treat with the class and the children are developing favorites to read over and over. This builds our vocabulary and develops our sequencing skills. Potty training and practicing dressing/undressing are still in full bloom as well. Thank you for letting us help your child grow!

~ Ms. Laurel and Ms. Olivia

**Classroom 401**-Hello, May 2022!!!

Class 401 is very proud of everything we have learned during this school year. Our children have learned to do many activities by themselves. They are very happy and love what they are doing at school. As a teacher, we feel very proud to see the progress of each child and all the advance we made together. We are all grateful to all our parents for all the support in every activity we plan in our classroom. Thank you so much for camming in our Eater event. That was awesome!!! We had an amazing time.

~ Ms. Alma & Ms. Nicky.

**Classroom 402**-Greetings Friends and Families, from room 402.

We have been having so much fun learning about what brushes do and how helpful they are to our lives. The children was able to use makeup brushes on a mannequin head. She had her hair styled with beautiful clips as well.



## PARENT MEETING MINUTES

Present:

Nitza Jerez, Family Advocate  
Brianna Yuhasz, Family Advocate  
Lynda Kersey, Family Advocate  
Keyandra Raines, Family Advocate  
Nadeige Alexis, Family Advocate

Ronjaneen Harris, CDS

Zoribel Nevarez, CDS

Michele Hann, Education Manager

Jennifer Orlandi, Teacher 902

Carrie LaBarge, Early Learning Specialist

Total parents: 22

Discussion:

1. Welcome! Introductions made. Parents attended via Zoom and in person.
2. Parents given link to check what school child will be zoned for kindergarten. Reminder to see FA if in need of updated shots and physical to register
3. Parents received handouts and raffle ticket for prizes. Announced days off, last day of school for Head Start children (May 27th).
4. Ms. Jennifer, from 902, presented what is going on in each classroom.
5. Transition to Kindergarten presented by Carrie LaBarge
6. Prizes given to parents who attended in person
7. Reminder to parents who have concerns about how transition may affect their child's behavior to reach out to Rebecca Martinez, our Behavior Specialist.

Questions and Concerns: None



## CHILDREN'S BOOK SUGGESTION

Mother's Day Story: "A Special Mother's Day" by Alyssa Liang  
<https://youtu.be/fVzWGtzjLj0>

## HOME LEARNING / FAMILY ENGAGEMENT

TEACHERS WILL BE SENDING HOME  
ACTIVITIES TWICE A MONTH SO LOOK OUT  
FOR THE FUN ACTIVITIES

## POLICY COUNCIL UPDATES

April Policy Council met via Zoom on April 28, 2022.  
Quorum was established with 13 present.

Annette Becklan, Head Start Mental Health Consultant, presented and trained the members with a thorough presentation on Social and Emotional Mental Health.

The March meeting minutes were approved. The Budget and Credit Card statements were approved. The Enrollment, Attendance and Snack reports were approved.

Jennifer Fowler presented request for Parent Activity Funds that were approved.

Heidi Rand presented on ACF-PI-HS-22-02 on Head Start Funding Increase. This was presented for information purposes only and voting not required. Heidi stated that the focus for the pay increase will go the Teachers and Teacher Assistants. Management is working on the budget to eliminate center positions to help divide the funds.

Staffing Reports were presented for information purposes. All Service Area and Center Reports were presented and approved.

Seth Williams shared the update on writing the No Kids Hungry Grant. He shared that the grant was submitted before April 15th and waiting to hear if the program receives the funding. Until funding is received we do not at this time have funds to provide backpack meals at this time. If approved the program will run for 25 weeks. Seth explained that the Sunshine Health grant was not approved.

Next Policy Council meeting is Thursday, May 26, 2022.