



JANUARY 2022

HEAD START NEWS

Jo Sheppard Head Start & Early Head Start Newsletter



CONTENTS OF THIS ISSUE

- FROM THE DESK OF YOUR CDS
- CONTACT INFORMATION
- MARK YOUR CALENDARS
- FAMILY ADVOCATE CORNER
- A NOTE FROM THE TEACHERS
- HOME LEARNING & FAMILY ENGAGEMENT
- PARENT MEETING MINUTES
- POLICY COUNCIL UPDATES



FROM THE DESK OF YOUR CDS

By: *Melissa Davila*

Holidays can be a time when parents decide that doing things with their children will be a priority. They will use the time to get to know each other and enjoy each other's company. Children love doing things with parents. Try to arrange some individual time with each child if you can, as well as family time - this helps build good relationships and helps with building your children's self-esteem.

Sometimes saying "I'm bored" is another way of saying "I want you to play with me", and sometimes the child has not even started to try to think of what to do by themselves.

Happy Holidays to everyone & enjoy this time with your family!!

INFORMACIÓN DE SU CDS

Las vacaciones de invierno pueden ser un momento en el que los padres deciden que hacer cosas con sus hijos será una prioridad, aprovecharán el tiempo para conocerse y disfrutar de la compañía del otro. A los niños les encanta hacer cosas con los padres. Trate de organizar un tiempo individual con cada niño, si puede, así como el tiempo en familia; esto ayuda a construir buenas relaciones y ayuda a desarrollar la autoestima de sus hijos.

A veces, decir "estoy aburrido" es otra forma de decir "quiero que juegues conmigo" y, a veces, el niño ni siquiera ha empezado a pensar en qué hacer por sí mismo.

Felices vacaciones de invierno a todos y disfruten de este tiempo con su familia!!



CONTACT US!

CDS: Melissa Davila (386)-507-1329
Family Advocate: Margartia Montes
Phone: (386) 283-1675
Mobile: (386) 279-8089
Classroom Phone Number & Extensions
(386)-749-0300
FA: ext. 5
1: ext. 1
2: ext. 2
3: ext. 3
4: ext. 4



MARK YOUR CALENDARS

Classes Resume – 4th
January Early Release Days – (HS - 5th, 12th, 19th, 26th)
(EHS – 12th)
No School – 17th
Parent Meeting – 14th @ 4:30pm

HAPPY
NEW YEAR



Head Start
Mid Florida Community Services
Early Head Start

Let's Get
Connected!



@MFCSHHeadStart



FAMILY ADVOCATE CORNER

By: Margarita Montes

Dear parent,
Thank you for participating at the parents meeting. Please remember to continue working on your goals and should you have any questions or need help, please feel free to contact your Family Advocate. I am here to assist you in any way possible.

As I stated at enrollment time you are welcome to use the parent resource area at any time. You have access to a computer, printer, fax and copy machine. Please let me know if you need any help with this when doing so.

Thank you

MENSAJE DE SU REPRESENTANTE DE FAMILIA

Estimados padres

Muchas gracias por participar en la reunión de padres. Por favor continúen trabajando en sus metas. Y si tienen alguna pregunta o necesitan ayuda por favor déjeme saber y le ayudare. Como le dije durante la matrícula usted está invitado a usar el área de recurso de padres en cualquier a cualquier hora. Usted tendrá acceso a la computadora, impresora y la copiadora. Por favor déjame saber si necesita alguna ayuda cuando lo esté usando. Gracias

Contact Information:

Margarita Montes | Family Advocate / Representate de Familia
JoSheppard Head Start

Phone: (386) 283-1675 | Mobile: (386) 279-8089 | Fax: (386) 626-8113
E-mail: mmontes@mfcs.us.com

A NOTE FROM THE TEACHERS

CLASSROOM 1

Magali Vallejo & Anabel Trujillo

Hello Parents welcome back! In the month of January we will begin our new study of "light". During our new study of light, the children will learn how light can be used in many different ways. The teachers will encourage the parents to bring in items such as a flashlight, battery led lights etc. The teacher will also ask open ended questions during the study which will improve the children's cognitive and vocabulary skills. Please parents dress your child/ren accordingly to the weather, and please check your child/ren for symptoms before arriving to school.

Hola Padres bienvenidos de nuevo! En el mes de enero comenzaremos nuestro nuevo estudio de la "luz". Durante nuestro nuevo estudio de la luz, los niños aprenderán cómo la luz se puede usar de muchas maneras diferentes. Los maestros alentarán a los padres a traer artículos como una linterna, luces led de batería, etc. El maestro también hará preguntas abiertas durante el estudio que mejorarán las habilidades cognitivas y de vocabulario de los niños. Por favor, los padres visten a su hijo / ren de acuerdo con el clima, y por favor revise a su hijo/s para detectar síntomas antes de llegar a la escuela.

CLASSROOM 2

Maribel Mancilla and Ondina Soliz

During the month of January in classroom 2 we will work with the children. To know and learn from the lights that exist we will talk that the sun is the first light and then the ones we use for when night comes. We will also learn about the season of winter. Our children will participate in book activities, and how to dress this season of the year. Always implementing the hygiene and safety of our children.

Durante el mes de enero en salon #2 trabajaremos con los niños para conocer y aprender de la luces que existen hablaremos que el sol es la primera luz y luego las que usamos para cuando llega la noche. También aprenderemos sobre la temporada de invierno. Nuestros hijos participarán en actividades con libros , y como vestirse esta temporada del año. Siempre implementando la higiene y seguridad de nuestros niños.

CLASSROOM 3

Mabel Rodriguez & Mrs. Aracely

Our class already started with the new study Reduce, Reuse, Recycle. Our children are going to learn how materials are sorted by plastic, metal, glass, paper, and wood. If you see your child pointing to the recycle symbols on objects, they are learning to look for the symbol. They are going to learn where do trash go and What do workers do there?. We are going to send you weekly information on what is the theme so you can reinforce this information at home. From now on to many weeks, be alert to point to any recycle truck that may pass by. Also we are going to need some clean plastic bottles that can be used to create projects. Thank you for being an active parent in our classroom. Enjoy winter break and keep everyone safe. We are hoping to see you next year 2022!!

Nuestra clase ya comenzó con el nuevo estudio Reducir, reutilizar, reciclar. Nuestros niños van a aprender cómo se clasifican los materiales por plástico, metal, vidrio, papel, madera. Si ve a su hijo señalando los símbolos de reciclaje en los objetos, está aprendiendo a buscar el símbolo. Van a aprender a dónde va la basura y qué hacen los trabajadores allí. Te vamos a enviar semanalmente información sobre cuál es la temática para que puedas reforzar la información en casa. De ahora en adelante, durante muchas semanas, esté alerta para señalar cualquier camión de reciclaje que pueda pasar. También vamos a necesitar algunas botellas de plástico limpias que se puedan usar para crear proyectos. Gracias por ser un padre activo en nuestro salón de clases. Disfrute de las vacaciones de invierno y mantenga a todos a salvo. ¡¡Esperamos verte el próximo año 2022 !!

PARENT MEETING MINUTES

JoSheppard Head Start & Early Head Start
Parent Meeting Minutes
12/10/21 @ 4:15pm

Welcomed all parents and staff
New Business
Policy Council Report was reported by Cristina
Next parent meeting: Parents voted for the next parent meeting to be the second Friday in January 2022.
Parent Activity suggestion: Paint with a twist, bowling / skating, CPR, Family Pictures.
Festival: Cristina volunteered to plan the Spring festival.

Important Dates:
Santa's visit: Thursday 12/16/21 @ 10:00 am. Parents are welcome to come
No School: Friday 12/17/21 – Friday 12/31/21.
Classes resume Tuesday, January 01/04/22.
No School: Monday 01/17/22 (Martin Luther King Jr. Holiday)
Early Release days:
EHS January 12, 2022
HS January 5, 12, 19 and 26, 2022

Service Area Reports:
CDS - Could not connect.

Teachers:
Classroom 1 and 2: Finish the study of clothes and are beginning the study of light. Where children will learn how light can be use in different ways. Ask parent to bring items for the study of light (Flashlight)
Classroom 3 Bethsaida Gloria: Children are learning about the Reuse, Reduce and Recycle and learning about the letter R
Family Advocate: What you do matters – Topic 1, the Brain and Its amazing potential

Guest Speaker: Jennipher Nieves, Talked to the parent about the Migrant Education Program

Meeting adjourned at 5:15p.m.



HOME LEARNING / FAMILY ENGAGEMENT

Move and Say

Invite your child to maneuver around a small obstacle course while you describe his body motions.

Your child will gain experience using position words to talk about what he is doing.

What you do:

- Use a garden hose or rope to mark an interesting path for your child to follow.
- Describe his movements as he moves along the path: through the box tunnel, under the bench, over the block.
- Invite him to say the words first with you and then encourage him to describe his position by himself: Where will you go next?
- Add new challenges to the path to increase his physical skills. Try incorporating a small plastic lid that he can stand on with one foot or a one-inch wide tape for walking on a line.
- Describe more subtle movements such as walk next to the box, jump away from the paper, go around the puddle, or tiptoe along the line.
- Periodically, reposition the obstacles to provide new actions and help him learn new positions.
- Walk him through the path the first time you use the new position words.

POLICY COUNCIL UPDATES

December Policy Council met via Zoom on December 16, 2021. Quorum was established with 13 community reps present. Heidi Rand, requested a change to the agenda to place Denise Mercado, Inclusion Coordinator on the agenda to present a training on Inclusion. Denise explained the process of the Inclusion Team reviewing every screening conducted on children and then reviewed with families and referred when needed. The inclusion team educates parents on the entire referral process to empower them to advocate for their child. If a child is under 3 they are referred to our partner Early Steps. If the child is over 3 they are referred to our partner Fiddlers on the Hernando County side and Child Time in Volusia. These partners come directly onsite and work with the teachers and child in the Head Start classroom. The Inclusion team also goes directly into the classrooms to observe students and work with teachers to assist with strategies and material usage through modeling. Denise mentioned that a higher number of children on the autism spectrum are being seen and due to this the inclusion team is being proactive and going through an autism spectrum navigator training through UCF to provide the highest quality support. The November meeting minutes were approved. Amy Thomas, Deputy Director of Children's Services, introduced Michelle Hann the new Education Manager for Hernando/Sumter County. The Budget and Credit Card statements were approved. The Enrollment, Attendance and Snack reports were approved. Tanya Hall, Deputy Director of Program Services, presented the Recruitment Action Plan and was passed. Heidi Rand presented and discussed the Temporary COVID-19 Vaccination, Testing, and Face Covering Policy. She stressed that this is a temporary plan and subject to change and be put on hold based on any changes from the Office of Head Start. Following an open discussion the vote was 8 yes and 6 no. The majority passed the temporary policy. Seth Williams, Health Manager, stressed that all of our regular health prevention strategies and our procedures with students currently in place would not change if the temporary COVID-19 policy is to be implemented or put on hold. Heidi Rand presented the Criteria for Selection of Children for 2022-2023 program year and was passed. Staffing Reports were presented for information purposes. All Service Area and Center Reports were presented and approved. Next Policy Council meeting is Thursday, January 27, 2022.

CHILDREN'S E- BOOK SUGGESTION

The Adventures of Gary & Harry A Tale of Two Turtles, by Lisa Matsumoto, illustrated Michael Furuya
<https://www.youtube.com/watch?v=y3nmslDCKuE>