SEPTEMBER HEAD START NEWSletter



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FROM THE DESK OF YOUR CDS

By: Jeamary Garcia

Welcome to another wonderful Preschool year at Head Start!

Welcome to the 2021-2022 school year. We would like to welcome all of our returning families, with a special greeting to those families who are joining us here at Head Start for the first time. As we begin the new year during the COVID-19 Pandemic, we would like to assure you we will be doing everything recommended by the Centers for Disease Control (CDC) in order to keep your child and our staff healthy. We know we can count on you to be our partner in this effort. Please watch your child and all others in your household for signs and symptoms of illness. If you detect any, please keep your child home. Take your child's temperature often, assure lots of handwashing and practice wearing masks if tolerated. These will be things we will be doing when they join us this year therefore, practicing at home will help them get adjusted to these new routines. Together we'll provide a positive and nurturing environment where your children can learn and grow as they explore and discover the world around them. We are partners together in creating a stimulating curriculum that encourages your children to learn and develop at their own pace. I trust we can work together as a team in providing the best learning experience possible for your children and us!

My name is Jeamary Garcia and I am the CDS (Child Development Specialist) for your child's center, please feel free to contact me at any time. I look forward to greeting each of you at the center at arrival/dismissal times. It is great seeing your child's smiling face every day at school, remember that attendance is very important and we are glad to have your child at school every day. I am looking forward to this school year and am very excited for what it has to bring.

CONTACT US!



MARK YOUR CALENDARS

Our early release for the month of August was on

Wednesday, August 18 and 25.

First parent meeting will be held on August 30 at 3:00 P.M.

Labor Day-September 6



Head Start Mid Florida Community Services Early Head Start





FAMILY ADVOCATE CORNER

By: Anna Triplett

Managing Separation Anxiety

1. Develop goodbye rituals.

They help your child know what to expect, so the feel more confident. Do the same thing, in the same order, every day. So maybe a hug and a rhyme: "I love you, you love me, have the most fun ever and I'll pick you up at three!" and you wave as you leave. 3. Manage your own feelings privately...

- Managing your own feelings reassures your child that there's nothing to be upset about. Children pick up our cues. You can't expect your child to look forward to playing with the other children in school if you have tears in your eyes as you say goodbye.
- 4. Help your child make a smooth adjustment. It can be difficult if your child cries and clutches at you. But remember that most children have some separation anxiety. Be positive and encouraging. Shorter good buys are better than long drawn out ones

A NOTE FROM THE TEACHERS

CLASSROOM 1030

My name is Mrs. Aida Tua-Aviles I am the Teacher this year with Mrs. Lidia Gonzalez Teacher Assistance. For both is a pleasure to have your child in our classroom. The month of August start with a lot of excitement. We welcome all our families to our Head Start Blended Program at Woodward Elementary School. The children are very excited to came back to school.We learning the different rules in-out the classroom, make turns and follow two steps directions. We Welcoming the children introducing the use of our Second Step curriculum with lessons unit 1: Skill for Learning: listening rules and calming techniques.





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PARENT MEETING MINUTES

No Parent Meeting Minutes. Please attend the next Parent Meeting once the date is announced.



HOME LEARNING / FAMILY ENGAGEMENT

We sent home our first home activity for literacy to learning their name in a fun way using a name puzzle.





POLICY COUNCIL UPDATES

August Policy Council met via Zoom on August 26, 2021. The June meeting minutes were approved. The Budget and Credit Card statements were approved. The Enrollment, Attendance and Snack reports were approved. Heidi Rand reviewed the Program Instructions/Information Memorandums: ACF-IM-HS-21-03 and ACF-IM-HS-21-04, no approvals were needed for these items. All Service Area and Center Reports were approved.



CHILDREN'S BOOK SUGGESTION

<u>The Lost Egg" by Judie McEwen & Dick Rink</u> <u>https://www.kidsworldfun.com/ebook-the-lost-egg.php</u>