



SEPTEMBER

HEAD START NEWS

Deltona Lakes Head Start Newsletter



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FROM THE DESK OF YOUR CDS

By: Jeamary Garcia

Welcome to another wonderful Preschool year at Head Start!

Welcome to the 2021-2022 school year. We would like to welcome all of our returning families, with a special greeting to those families who are joining us here at Head Start for the first time. As we begin the new year during the COVID-19 Pandemic, we would like to assure you we will be doing everything recommended by the Centers for Disease Control (CDC) in order to keep your child and our staff healthy. We know we can count on you to be our partner in this effort. Please watch your child and all others in your household for signs and symptoms of illness. If you detect any, please keep your child home. Take your child's temperature often, assure lots of handwashing and practice wearing masks if tolerated. These will be things we will be doing when they join us this year therefore, practicing at home will help them get adjusted to these new routines.

Together we'll provide a positive and nurturing environment where your children can learn and grow as they explore and discover the world around them. We are partners together in creating a stimulating curriculum that encourages your children to learn and develop at their own pace. I trust we can work together as a team in providing the best learning experience possible for your children and us!

My name is Jeamary Garcia and I am the CDS (Child Development Specialist) for your child's center, please feel free to contact me at any time. I look forward to greeting each of you at the center at arrival/dismissal times. It is great seeing your child's smiling face every day at school, remember that attendance is very important and we are glad to have your child at school every day. I am looking forward to this school year and am very excited for what it has to bring.

All Aboard for Perfect Attendance

"Please remember if your child will not be attending for the day to call and let your teachers know."



CONTACT US!

CDS: Jeamary Garcia: (352)279-2420
Family Advocate: Anna Triplett | (386)337-4820
Classroom Phone Number:
Ms. Lorraine & Ms. Olga Center Deltona Lakes Rm:101
Phone # (386)681-7617



MARK YOUR CALENDARS

Early Release: September 1, 8, 15, 22, 29.

No School: September 6 Labor Day

Parent Meeting : To be determined



Head Start
Mid Florida Community Services
Early Head Start

Let's Get
Connected!



@MFCSHHeadStart



FAMILY ADVOCATE CORNER

By: Anna Triplett

Managing Separation Anxiety

1. Develop goodbye rituals.
They help your child know what to expect, so they feel more confident. Do the same thing, in the same order, every day. So maybe a hug and a rhyme: "I love you, you love me, have the most fun ever and I'll pick you up at three!" and you wave as you leave.
3. Manage your own feelings privately...
Managing your own feelings reassures your child that there's nothing to be upset about. Children pick up our cues. You can't expect your child to look forward to playing with the other children in school if you have tears in your eyes as you say goodbye.
4. Help your child make a smooth adjustment.
It can be difficult if your child cries and clutches at you. But remember that most children have some separation anxiety. Be positive and encouraging. Shorter goodbyes are better than long drawn out ones.



A NOTE FROM THE TEACHERS

ROOM 101

Welcome Parent/Guardians to Deltona Lakes Blended classroom. We are happy that you're here with us. We look forward to helping you and your child this school year. The teachers in this classroom are dedicated to getting your child ready for their educational career by setting a strong foundation. Your child will be learning the daily routine of the classroom, following class rules, identify letters beginning with their name, counting, and how to manage feeling with a curriculum called Second Step. In our class we will be using The Creative Curriculum and will be studying different topics every six weeks. This month we are just learning our class rules and getting use to being in school. The teachers will also be assessing your child to see where they are educationally. If you have any question please feel free to call the classroom.



HOME LEARNING / FAMILY ENGAGEMENT

Familiar Faces:

As children develop trusting relationships with important adults in their lives they are more easily able to interact with new people and in new environments. It is important to familiarize your child with the adults that she will encounter regularly, and to help him/her learn to feel comfortable when you and he/she meet unfamiliar adults.

Materials: construction paper; markers; tapes; photographs of adults who work at your child's school, neighbors, or friends; binder.

What to do

1. Tape photos of each person to its own sheet of paper
2. Talk with your child about the people in the photo. Show them the photo of adults
3. Ask your child what each person does. Write their ideas in a sentence or two under the adults picture.
4. When finished bind the book together
5. Read the book regularly with your child to help them become more familiar with the adults he encounters regularly.
6. Explain to your child that the book will be on the bookshelf for her to read whenever they choose

PARENT MEETING MINUTES

No Parent Meeting Minutes.
Please attend the next Parent Meeting once the date is announced.



POLICY COUNCIL UPDATES

August Policy Council met via Zoom on August 26, 2021. The June meeting minutes were approved. The Budget and Credit Card statements were approved. The Enrollment, Attendance and Snack reports were approved. Heidi Rand reviewed the Program Instructions/Information Memorandums: ACF-IM-HS-21-03 and ACF-IM-HS-21-04, no approvals were needed for these items. All Service Area and Center Reports were approved.



CHILDREN'S BOOK SUGGESTION

[The Adventures of Gary & Harry](https://www.youtube.com/watch?v=EdmX_fXWBWs)
https://www.youtube.com/watch?v=EdmX_fXWBWs

[Peeny Butter Fudge](https://www.youtube.com/watch?v=4nCmonhNIUY)
<https://www.youtube.com/watch?v=4nCmonhNIUY>

[Jalapeño Bagels](https://www.youtube.com/watch?v=6vv-8j2Xwt0)
<https://www.youtube.com/watch?v=6vv-8j2Xwt0>