## \*Sumter Head Start Menu April 2021\* Menus Created by Sumter County School District

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk: 1% White milk offered at breakfa	st, lunch, and snack to all children over a	ge 2. Whole milk offered to all children	under age 1. <b>Juice:</b> 100% juice offered for	all servings.
Condiments: offered as needed.  This institution is an equal opportunity provider. Menu Subject to Ch				
			1	2
			Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk	HOLIDAY  No School
			Lunch: Taco Nachos, Refried Beans, Peaches, Milk	NO SCHOOL
5	6`	7	8	9
Breakfast: WG Donut, Peaches, Milk	Breakfast: Chicken & WG Waffles OR WG Apple Cinnamon Texas Toast, Juice, Milk	Breakfast: Egg Patty w/ WG Bread, Oranges, Milk	Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk	Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk
<b>Lunch:</b> Hot Dog, WG Bun, Smiley Potatoes, Baked Beans, Apple Slices, Milk	Lunch: Meatball Sub, Green Beans, Banana, Milk	Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	Lunch: WG PBJ, Cheese Stick, Carrots, Peaches, Milk	Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk
12	13	14	15	16
Breakfast: WG Donut, Peaches, Milk	Breakfast: Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk	Breakfast: Egg Patty w/ WG Bread, Oranges, Milk	Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk	Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk
<b>Lunch:</b> Chicken Sandwich, Potato Wedges, Baked Beans, Apple Slices, Milk	Lunch: Cheese Calzone, Green Beans, Banana, Milk	Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	Lunch: Cheeseburger on WG bun, Tater Tots, Carrots, Peaches, Milk	Lunch: 3X5 Breadstick Cheese Pizza OR Corn Dog, Corn, Orange, Milk
19	20	21	22	23
Breakfast: WG Donut, Peaches, Milk	Breakfast: Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk	Breakfast: Egg Patty w/ WG Bread, Oranges, Milk	Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk	Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk
<b>Lunch:</b> Chicken Nuggets, Tater Tots, Carrots, Apple Slices, Milk	Lunch: Pepperoni Calzone, Green Beans, Banana, Milk	Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	<b>Lunch:</b> Taco Nachos, Refried Beans, Peaches, Milk	Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk
26	27	28	29	30
Breakfast: WG Donut, Peaches, Milk	Breakfast: Chicken & WG Waffles OR WG Apple Cinnamon Texas Toast, Juice, Milk	Breakfast: Egg Patty w/ WG Bread, Oranges, Milk	Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk	Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk
<b>Lunch:</b> Hot Dog, WG Bun, Smiley Potatoes, Baked Beans, Apple Slices, Milk	Lunch: Meatball Sub, Green Beans, Banana, Milk	Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	Lunch: WG PBJ, Cheese Stick, Carrots, Peaches, Milk	Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk