Sumter Head Start Menu March 2021 Menus Created by Sumter County School District

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk: 1% White milk offered at breakfa	ast, lunch, and snack to all children over a	ge 2. Whole milk offered to all children	under age 1. Juice: 100% juice offered for	r all servings.
Condiments: offered as needed.		-		opportunity provider. Menu Subject to Change
1	2	3	4	5
Breakfast: WG Donut, Peaches, Milk	Breakfast: Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk	Breakfast: Egg Patty w/ WG Bread, Oranges, Milk	Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk	Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk
Lunch: Chicken Sandwich, Potato Wedges, Baked Beans, Apple Slices, Milk	Lunch: Cheese Calzone, Green Beans, Banana, Milk	Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	Lunch: Cheeseburger on WG bun, Tater Tots, Carrots, Peaches, Milk	Lunch: 3X5 Breadstick Cheese Pizza OR Corn Dog, Corn, Orange, Milk
8	9	10	11	12
Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School
15	16	17	18	19
Breakfast: WG Donut, Peaches, Milk	Breakfast: Chicken & WG Waffles OR WG Apple Cinnamon Texas Toast, Juice, Milk	Breakfast: Egg Patty w/ WG Bread, Oranges, Milk	Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk	Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk
Lunch: Hot Dog, WG Bun, Smiley Potatoes, Baked Beans, Apple Slices, Milk	Lunch: Meatball Sub, Green Beans, Banana, Milk	Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	Lunch: WG PBJ, Cheese Stick, Carrots, Peaches, Milk	Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk
22	23	24	25	26
Breakfast: WG Donut, Peaches, Milk	Breakfast: Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk	Breakfast: Egg Patty w/ WG Bread, Oranges, Milk	Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk	Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk
Lunch: Chicken Sandwich, Potato Wedges, Baked Beans, Apple Slices, Milk	Lunch: Cheese Calzone, Green Beans, Banana, Milk	Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	Lunch: WG PBJ, Cheese Stick, Carrots, Peaches, Milk	Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk
29	30	31		1
Breakfast: WG Donut, Peaches, Milk	Breakfast: Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk	Breakfast: Egg Patty w/ WG Bread, Oranges, Milk		
Lunch: Chicken Nuggets, Tater Tots, Carrots, Apple Slices, Milk	Lunch: Pepperoni Calzone, Green Beans, Banana, Milk	Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk		