

Sumter Head Start Menu February 2021

Menus Created by Sumter County School District

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Milk: 1% White milk offered at breakfast, lunch, and snack to all children over age 2. Whole milk offered to all children under age 1. Juice: 100% juice offered for all servings.</p> <p>Condiments: offered as needed. This institution is an equal opportunity provider. Menu Subject to Change.</p>				
<p>1</p> <p>Breakfast: WG Donut, Peaches, Milk</p> <p>Lunch: Hot Dog, WG Bun, Smiley Potatoes, Baked Beans, Apple Slices, Milk</p>	<p>2</p> <p>Breakfast: Chicken & WG Waffles OR WG Apple Cinnamon Texas Toast, Juice, Milk</p> <p>Lunch: Meatball Sub, Green Beans, Banana, Milk</p>	<p>3</p> <p>Breakfast: Egg Patty w/ WG Bread, Oranges, Milk</p> <p>Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk</p>	<p>4</p> <p>Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk</p> <p>Lunch: WG PBJ, Cheese Stick, Carrots, Peaches, Milk</p>	<p>5</p> <p>Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk</p> <p>Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk</p>
<p>8</p> <p>Breakfast: WG Donut, Peaches, Milk</p> <p>Lunch: Chicken Sandwich, Potato Wedges, Baked Beans, Apple Slices, Milk</p>	<p>9</p> <p>Breakfast: Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk</p> <p>Lunch: Cheese Calzone, Green Beans, Banana, Milk</p>	<p>10</p> <p>Breakfast: Egg Patty w/ WG Bread, Oranges, Milk</p> <p>Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk</p>	<p>11</p> <p>Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk</p> <p>Lunch: Cheeseburger on WG bun, Tater Tots, Carrots, Peaches, Milk</p>	<p>12</p> <p>Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk</p> <p>Lunch: 3X5 Breadstick Cheese Pizza OR Corn Dog, Corn, Orange, Milk</p>
<p>15</p> <p>HOLIDAY No School</p>	<p>16</p> <p>Breakfast: Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk</p> <p>Lunch: Pepperoni Calzone, Green Beans, Banana, Milk</p>	<p>17</p> <p>Breakfast: Egg Patty w/ WG Bread, Oranges, Milk</p> <p>Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk</p>	<p>18</p> <p>Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk</p> <p>Lunch: Taco Nachos, Refried Beans, Peaches, Milk</p>	<p>19</p> <p>Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk</p> <p>Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk</p>
<p>22</p> <p>Breakfast: WG Donut, Peaches, Milk</p> <p>Lunch: Hot Dog, WG Bun, Smiley Potatoes, Baked Beans, Apple Slices, Milk</p>	<p>23</p> <p>Breakfast: Chicken & WG Waffles OR WG Apple Cinnamon Texas Toast, Juice, Milk</p> <p>Lunch: Meatball Sub, Green Beans, Banana, Milk</p>	<p>24</p> <p>Breakfast: Egg Patty w/ WG Bread, Oranges, Milk</p> <p>Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk</p>	<p>25</p> <p>Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk</p> <p>Lunch: WG PBJ, Cheese Stick, Carrots, Peaches, Milk</p>	<p>26</p> <p>Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk</p> <p>Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk</p>