

Head Start Menu January 2021

Menus Created by Sumter County School District

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk: 1% White milk offered at breakfast, lunch, and snack to all children over age 2. Whole milk offered to all children under age 1. Juice: 100% juice offered for all servings. Condiments: offered as needed.				
This institution is an equal opportunity provider. Menu Subject to Change.				
11 Breakfast: WG Donut, Peaches, Milk Lunch: Hot Dog, WG Bun, Smiley Potatoes, Baked Beans, Apple Slices, Milk	12 Breakfast: Chicken & WG Waffles OR WG Apple Cinnamon Texas Toast, Juice, Milk Lunch: Meatball Sub, Green Beans, Banana, Milk	13 Breakfast: Egg Patty w/ WG Bread, Oranges, Milk Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	14 Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk Lunch: WG PBJ, Cheese Stick, Carrots, Peaches, Milk	15 Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk
18 Breakfast: WG Donut, Peaches, Milk Lunch: Chicken Sandwich, Potato Wedges, Baked Beans, Apple Slices, Milk	19 Breakfast: Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk Lunch: Cheese Calzone, Green Beans, Banana, Milk	20 Breakfast: Egg Patty w/ WG Bread, Oranges, Milk Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	21 Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk Lunch: Cheeseburger on WG bun, Tater Tots, Carrots, Peaches, Milk	22 Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk Lunch: 3X5 Breadstick Cheese Pizza OR Corn Dog, Corn, Orange, Milk
25 Breakfast: WG Donut, Peaches, Milk Lunch: Chicken Nuggets, Tater Tots, Carrots, Apple Slices, Milk	26 Breakfast: Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk Lunch: Pepperoni Calzone, Green Beans, Banana, Milk	27 Breakfast: Egg Patty w/ WG Bread, Oranges, Milk Lunch: Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	28 Breakfast: Muffin Loaf w/ Cheese Stick, Juice, Milk Lunch: Taco Nachos, Refried Beans, Peaches, Milk	29 Breakfast: Coco Cherry Bar, Cheese Stick, Banana, Milk Lunch: 3X5 Breadstick Cheese Pizza OR Burrito, Corn, Orange, Milk