

# \*Head Start Menu December 2020\*

Menus Created by Sumter County School District

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Milk:</b> 1% White milk offered at breakfast, lunch, and snack to all children over age 2. Whole milk offered to all children under age 1. <b>Juice:</b> 100% juice offered for all servings. <b>Condiments:</b> offered as needed. <span style="float: right;">This institution is an equal opportunity provider. Menu Subject to Change.</span>				
	<b>1</b>  <b>Breakfast:</b> Chicken & WG Waffles OR WG Apple Cinnamon Texas Toast, Juice, Milk  <b>Lunch:</b> Meatball Sub, Green Beans, Banana, Milk	<b>2</b>  <b>Breakfast:</b> Egg Patty w/ WG Bread, Oranges, Milk  <b>Lunch:</b> Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	<b>3</b>  <b>Breakfast:</b> Muffin Loaf w/ Cheese Stick, Juice, Milk  <b>Lunch:</b> WG PBJ, Cheese Stick, Carrots, Peaches, Milk	<b>4</b>
<b>7</b>  <b>Breakfast:</b> WG Donut, Peaches, Milk  <b>Lunch:</b> Chicken Sandwich, Potato Wedges, Baked Beans, Apple Slices, Milk	<b>8</b>  <b>Breakfast:</b> Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk  <b>Lunch:</b> Cheese Calzone, Green Beans, Banana, Milk	<b>9</b>  <b>Breakfast:</b> Egg Patty w/ WG Bread, Oranges, Milk  <b>Lunch:</b> Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	<b>10</b>  <b>Breakfast:</b> Muffin Loaf w/ Cheese Stick, Juice, Milk  <b>Lunch:</b> Cheeseburger on WG bun, Tater Tots, Carrots, Peaches, Milk	<b>11</b>
<b>14</b>  <b>Breakfast:</b> WG Donut, Peaches, Milk  <b>Lunch:</b> Chicken Nuggets, Tater Tots, Carrots, Apple Slices, Milk	<b>15</b>  <b>Breakfast:</b> Chicken & Waffles OR Apple Cinnamon Texas Toast, Juice, Milk  <b>Lunch:</b> Pepperoni Calzone, Green Beans, Banana, Milk	<b>16</b>  <b>Breakfast:</b> Egg Patty w/ WG Bread, Oranges, Milk  <b>Lunch:</b> Asian Chicken & Brown Rice OR Asian Chicken Wrap, Cheesy Broccoli, Juice, Milk	<b>17</b>  <b>Breakfast:</b> Muffin Loaf w/ Cheese Stick, Juice, Milk  <b>Lunch:</b> Taco Nachos, Refried Beans, Peaches, Milk	<b>18</b>