



NOVEMBER

HEAD START NEWS

Spring Hill Early Head Start Newsletter



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FROM THE DESK OF YOUR CDS

By: Zoribel Nevarez

Welcome to November! Halloween is over, and November brings with it the scent of pumpkin pie, cranberries and of course, delicious turkey. But one thing you may not know about November is it is also recognized as National Child Safety and Protection Month. National Child Safety and Protection Month is an entire month dedicated to recognizing the unique potential dangers many children face in their everyday lives, and taking tangible steps of prevention against those challenges. This month looks at the world through the eyes of a child, so today we look at how you can recognize National Child Safety and Protection Month, and keep the children in your life safe. Safety at Home- First and foremost, children should be safe at home. According to the Center for Disease Control and Prevention, on average, 12,175 children ages birth to 19 die each year in the United States from an unintentional injury. You can prevent some of these injuries by making sure your home is a safe environment for children of all ages. Some helpful tips for safety-proofing your home include: Keep walkways and areas near stairs clear of clutter to help prevent falls. Give your children a designated place to put their toys, then work to make sure they follow through. Keep all cleaners, medications and other potentially harmful substances up high and out of reach of children. If you do keep products on lower shelves or areas, use a child-proof lock for the cabinet. When cooking, use the back burners of the stove and turn handles toward the back of stove, so children aren't able to reach or knock the pots over. Test the fire alarms in your home regularly and have a plan in place with your children in case there is a sudden fire in the home. For younger children, keep small items out of reach to avoid suffocation or choking. For infants, put them to sleep on their backs without blankets, pillows or toys in the crib. Safety in the Car-When riding in the car, children should be fastened with a seat belt into the appropriate car seat or booster seat. You can learn which safety seat is best for your child's age and size by checking online with your state department. Make sure the fastening on the seat is secure—not too tight and not too loose. Safety with Food-Choking on food can be a serious hazard for many children, both young and old. Some foods are more dangerous, such as hot dogs, hard candies and nuts. Foods like these cause up to 40% of all child choking deaths. Help prevent potential issues by monitoring what your child eats, and breaking or cutting it up into smaller bites whenever possible. Safety around Water-According to the Center for Disease Control and Prevention, drowning is the leading cause for children ages one to four. It's incredibly vital to monitor children when swimming or near a water source, provide adequate safety swimming materials and stay close by in case children experience any issues. Water can be a fun activity for the family, but requires special attention to make sure children stay safe. November recognizes National Child Safety and Protection Month by teaching parents, families and friends how to see the world from a child's perspective and make sure he or she stays safe. Safety is an important part of life, so enjoy this November by implementing it into all areas.



CONTACT US!

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Family Advocates: Nitza Jerez, Lynn Woerner,
Lynda Kersey, Joanne Roth

352-556-4800 Ext. 2204, 2203, 2105, 2201

Classroom Phone Number & Extensions

352-556-4800

Ext. 2301, 2302, 2401, 2402



MARK YOUR CALENDARS

10/9/20- In-service Health

10/23/20- In-Service Parent teacher conference

10/19/20 Parent meeting



Head Start
Mid Florida Community Services
Early Head Start



FAMILY ADVOCATE CORNER

By: Lynda Kersey, Joanne Roth, Lynn Woerner, and Nitza Jerez

We would like to thank everyone who joined our Parent Committee Zoom meeting. It was great to see you all and to see our numbers growing! Congratulation to our prize winners! Our next meeting will be on November 17th at 1:00 pm. Please bring your ideas for our future Parent Activity. Don't forget that school will be closed on November 11th for Veterans day and for the week of November 23rd through the 27th for the Thanksgiving Holiday. Thank you again for your understanding during our recent closure to ensure the safety of our children and families.



CLASSROOM 302

Happy Fall Y'all!!

I am so excited that it is November and get to spend another month with you guys! This month we will be learning about the weather, Animals at night, and Giving thanks! Speaking of giving thanks I want to say how thankful I am that you send your child to school every day and that you share them with us! We love to have you children here with us to make learning so much fun! We will still have outside time so if you could send your child in an extra pair of warm clothes. I also want to remind you that there is no school November 23rd - November 27th. We hope that everyone has a happy and thankful November!

From classroom 302-

Ms. Melody, and Ms. Laurel.

A NOTE FROM THE TEACHERS

CLASSROOM 301

Hello from Room 301!

Can't believe November is here! It's the time of the year to be grateful and thankful for all we have. For this month we will be talking about farmers, pumpkins, corn and turkey! If there is a special recipe your family would like to share or pictures at a pumpkin patch, please email it to us. We will be exploring pumpkins in different shapes and sizes along with dried corn on the cob. We are still going outside to play, so please send extra clothes just in case. Thank you for making our classroom a special place to learn and share!

Ms. Olivia and Ms. Betzy

CLASSROOM 401

Welcome November!

During the month of November, we welcome the fall, also the season of allergies and runny noses, we continue working on keeping our classroom clean, teaching our children the importance of washing their hands and working on getting used to living with masks, we cannot wait to be sure that we are free from contagion. This year there will be no fall festivals or traditional pumpkin carvings, we encourage parents to make the tradition possible in their homes and give us photos of those family moments.

Ms. Alma And Ms. Mandy

CLASSROOM 402

In classroom 402 we are going to be learning about bags. What are they? What are they made of? What are they made for? We are going to decorate our own bag and turn it into a turkey. We are going to use our painted hand print and cut them out to make the turkey feathers. Let's have fun with bags.

Ms. Donna And Ms. Sita

PARENT MEETING MINUTES

Tuesday October 20th, 2020 @ 1PM

Mrs. Roth started meeting by welcoming the parents and introducing herself and each Family Advocate introduced themselves. Ms. Amy French, teacher in 901 shared what each classroom was doing for the month of October. Mrs. Roth reminded parents to continue using the face masks and the process of moving from Virtual to brick and mortar. Parents were also informed that beginning November 2nd, classes will go to 15 children and, in January to 5 days a week. Mrs. Jerez explained to the parents what is Parent Activity and how we needed to select a day for the activity.

Parents suggested and voted to do it on March 11, 2021. Parents will bring ideas of activities to the next parent meeting. Mrs. Sarah Zayas, Policy Council Representative shared what was going on with the Board. She also shared that they received training and she started getting involved. Mrs. Jerez explained to parents that we still in need of an Early Head Start Policy Council Representative and health advisory committee and explained what is involved. Neither of the parents present wanted to run for the positions. She ended by telling parent they will try again next meeting. Mrs. Roth shared with parents about dates in November that we will be closed (November 11th and November 23-27). Parents participated on ice breaker activity and four parents won prizes. Mrs. Roth introduced parents to the "What you do Matters" curriculum and shared what each module involved. Mrs. Roth explained about the perfect attendance certificate and how they will be available in the classroom. Mrs. Roth shared with parents about Head Start Awareness Celebration week and attendance contest on October 22nd which the classroom with highest attendance will get a special visit. Mrs. Roth showed parents the blue comment cards and shared that they available at any time in the office. Few questions were asked and answered and meeting adjourned after.

HOME LEARNING / FAMILY ENGAGEMENT

Mother May I- Taking Turn Game



POLICY COUNCIL UPDATES

The start of a new Policy Council has begun on October 22, 2020. Policy Council met via Zoom to allow ease for communication and voting while practicing COVID 19 safety practices. All Board leadership positions were voted upon and filled. The September minutes were approved by the new Policy Council. Eight prospective hires were approved. OHS IM (ACF-IM-HS-20-05) was reviewed regarding the Focus Area One and Focus Area Two Audits, as well as CLASS will not be audited for the 2020-2021 year. Service area and center reports were approved.

Bear Give Thanks Author - Karma Wilson Illustrator - Jane Chapman
<https://youtu.be/4G2WXWZu3jw>

CHILDREN'S BOOK SUGGESTION