NOVEMBER

HEAD START NEWS

Blue Lake Head Start Newsletter



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FROM THE DESK OF YOUR CDS

By: Jeamary Garcia



Language and literacy begin in infancy as babies are programmed from birth to communicate. While the development of language is instinctive, it does require attention, repetition and approval from loved ones to flourish. We surround the children in our classrooms with books, words, music, and the opportunity to hear people engage in conversation. The children are invited to think out loud during large and small group times, and of course, talk to other children and adults throughout the day. Learning to use and love the power of words at this age is the key to reading later in school, so we immerse our children in a language and print-rich environment to help them get started. What can parents do? Read to your child at home, sing, chant, listen to music, play word games! Describe what you are doing in detail using rich descriptive vocabulary to expose you children to a varied of words, such as, "I am folding the blue cotton shirt for your sister. It is soft and feels smooth." Delight in what your child has to say! For more ideas, talk to your child's teacher.



CONTACT US!

CDS: Jeamary Garcia - { 352} 279-2420

Family Advocate: Anna Triplett - {386} 337-4820

Classroom Phone Number

12-022: {386} 248-5883



MARK YOUR CALENDARS

No school November 3,2020 due to teacher duty day No school November 11,2020 due to Veterans day No school November 23-28,2020 due to Thanksgiving break





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FAMILY ADVOCATE CORNER

By: Anna Triplett

What Your Preschooler Needs to Thrive:

- 1. Structure. Regular routines help children feel safe, and are vital for preschoolers. Remember that doesn't mean you need to be rigid.
- 2. Enough sleep. Preschoolers may resist bedtime, but without sufficient sleep, three to five year olds simply do not have the resourcefulness to cope with the demands of their day.
- 3. Help with Emotions. While your child may no longer have frequent tantrums, they still have big feelings, and they still need you to "listen" to those feelings on a regular basis. All children need time to vent the anxieties that inevitably build up. Be sure to build daily roughhousing into your schedule.
- 4. To be heard. Preschoolers are famous for asking questions, the incessant "WHY?" This can drive a parent crazy. Your child wants more than information; they want to feel heard, to be acknowledged. When your child pesters you with "WHY" and doesn't seem satisfied with your answers, turn it around and ask them the question.



A NOTE FROM THE TEACHERS

CLASSROOM 12-022

Dear, Families,

Welcome to fall, the weather is feeling cool out now so please make sure your child has a light jacket when we are outside. We are beginning the tree study this month. In the tree study we will be learning about all the different trees and how they grow. We will be also be learning about the leaves that fall on the grown around this time of year. We are going to talk about families and being thankful. The letter of the month is S,O,T. We are introducing how to sort and count. The second step is identifying anger, same or different feelings, accidents, and caring and helping. If you are going to be late or absent please call the teacher to let them know.

Sincerely, Mrs. Marilyn and Miss. Katie



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HOME LEARNING / FAMILY ENGAGEMENT

Continue bringing family photos. Talk to families whose children find it particularly challenging to transition from home to school in the morning.



PARENT MEETING MINUTES

We had the last parent meeting on October 12,2020 at 3:00pm via zoom. The people that attend the meeting was the FA, the teacher and teacher assistant. We watch a movie about the effects of the children growing. The FA shared that she had packets to give to the parents. The teachers share that the are talking about trees and showing the children different types of trees around the school.

POLICY COUNCIL UPDATES

The start of a new Policy Council has begun on October 22, 2020. Policy Council met via Zoom to allow ease for communication and voting while practicing COVID 19 safety practices. All Board leadership positions were voted upon and filled. The September minutes were approved by the new Policy Council. Eight prospective hires were approved. OHS IM (ACF-IM-HS-20-05) was reviewed regarding the Focus Area One and Focus Area Two Audits, as well as CLASS will not be audited for the 2020-2021 year. Service area and center reports were approved.



CHILDREN'S BOOK SUGGESTION

https://youtu.be/vlhucZKcALk

<u>The Grouchy Ladybug By: Eric Carle</u>