WHAT'S HAPPENING IN EHS HOME-BASED

NOVEMBER

HEALTH

Tips for keeping your baby's mouth and teeth healthy:

- Clean your baby's gums even before you can see the first tooth. Use a clean, damp washcloth to wipe the gums. Do this twice a day, especially after night feeding.
- Brush your baby's teeth in the morning and before bedtime.
- Do not dip the pacifier in sweet foods like sugar, honey, or syrup.
- Do not put your baby to bed with a bottle or sippy cup filled with breast milk, infant formula, fruit juice, or other liquids besides water. Liquids that contain sugar can cause tooth decay.

OUR HOME VISITORS

JULYETTE SANTIAGO 386-414-1458

> EDNA VIANA 386-507-4561

AQUILA KNIGHT 386-507-4562

DIXIE PHILLIPS 386-248-5271

POLICY COUNCIL

The start of a new Policy Council has begun on October 22, 2020. Policy Council met via Zoom to allow ease for communication and voting practicing COVID 19 safety practices. All Board leadership positions were voted upon and filled. The September minutes were approved by the new Policy Council. Eight prospective hires were approved. OHS IM (ACF-IM-HS-20-05) was reviewed regarding the Focus Area One and Focus Area Two Audits, as well as CLASS will not be audited for the 2020-2021 year. Service area and center reports were approved.

EDUCATION

Pregnant: Reading is a wonderful activity to do while pregnant since it will stimulate your mind and not tire you out at all!

Infant: Soothing your baby. Try different techniques to comfort your baby, such as holding, stroking, talking, and swaddling.

Toddler: Cut and Paste. Show your child how to make small cuts in a strip of paper or around the edge of a larger sheet.

LET'S GET SOCIAL

Socialization Day

- Free Book for Every Family That Participates
- Raffle Giveaway
- Snacks

BOOK OF THE MONTH STANLEY the Farmer **Big Tractor**







TOGETHER TIME

Go to the library together. Find a list of great chapter books for whatever age your children are.
Before bed, read a chapter
together. Reading together makes
for great conversation and bonding time. And if a movie was made after the book, go see it together!





NOVEMBER 2020





