



NOVEMBER

HEAD START NEWS

Deltona Lakes Head Start Newsletter



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FROM THE DESK OF YOUR CDS

By: Rhonda Lochiatto



We have a lot going on this month starting with Election Day on November 3. Don't forget that the schools are being used as polling places this day so our centers will be closed and teachers will have an in-service day. On top of that we will also be closed on Wednesday, November 11 in recognition of Veterans' Day. The words of John F. Kennedy say it best, "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." This is a month to be thankful and this is a day that we show our thanks and appreciation to those who have stood up for America. Please plan ahead for these two days. Thanksgiving break begins on November 23 and continues for that week. We will resume classes on November 30. Enjoy this time with family and friends to appreciate and be grateful for each other. As always, I am here for you. Feel free to contact me with any questions or concerns. I will always do my best for you and your child.

Ms. Rhonda, CDS



CONTACT US!

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MARK YOUR CALENDARS

November 3 – No School: Election Day and Teacher In-Service Day

November 11 – No School: Veteran's Day

November 23-27 – No School: Thanksgiving Break

November 30: Classes Resume



Head Start
Mid Florida Community Services
Early Head Start



FAMILY ADVOCATE CORNER

By: Anna Triplett

What Your Preschooler Needs to Thrive:

1. Structure. Regular routines help children feel safe, and are vital for preschoolers. Remember that doesn't mean you need to be rigid.
2. Enough sleep. Preschoolers may resist bedtime, but without sufficient sleep, three to five year olds simply do not have the resourcefulness to cope with the demands of their day.
3. Help with Emotions. While your child may no longer have frequent tantrums, they still have big feelings, and they still need you to "listen" to those feelings on a regular basis. All children need time to vent the anxieties that inevitably build up. Be sure to build daily roughhousing into your schedule.
4. To be heard. Preschoolers are famous for asking questions, the incessant "WHY?" This can drive a parent crazy. Your child wants more than information; they want to feel heard, to be acknowledged. When your child pesters you with "WHY" and doesn't seem satisfied with your answers, turn it around and ask them the question.



A NOTE FROM THE TEACHERS

CLASSROOM 418

Dear Families,

Our class is beginning a new theme on "Our Community." We will be exploring ideas about places in the community, people in the community, transportation, and taking care of the environment! The goal of this theme is to have children develop responsibility in their daily lives while learning good citizenship. Here are some ways you can show community involvement and teach responsibility at home.

- Take your child to community places and events, such as story hour at the public library or a high school sporting event.
- Talk about community workers, such as crossing guards and store clerks, and how to be respectful of them.
- Point out community resources that are part of your daily life, such as trash collection, mail delivery, bus service, and so on.
- Teach your child how to "Reduce, Reuse, and Recycle!"
- Give your child the responsibility of a daily job.

This theme strives to make children responsible for their actions, now and in the future. The concepts and life skills they learn will be invaluable. Make "going green" a family activity!

Color of the Month: Brown

Shape of the Month: Square

Concept of the Month: empty/half full

~ Ms. McCormick & Ms. Spied



HOME LEARNING / FAMILY ENGAGEMENT

Colors & Shape: Play outside. Help your child find leaves that are brown. Talk about red and orange leaves too! Look for squares in the sidewalk or windows in the houses.

Patterns: Using nature items (sticks, rocks, leaves) help your child make an AB patterns (stick, leave, stick, leave).

Empty/Full: Bring a bucket outside. Have your child fill the bucket with leaves, sticks, or pine cones and empty it into a large bag or other container. Talk about how the bucket was full and now is empty.

PARENT MEETING MINUTES

Greeting FA Anna Triplett

Subject: Our child's amazing brain:

A video was presented about the development of a child's brain and then discussion was held about the information of the principles of child development: head to toe, in to out, large muscles develop before little ones. All children develop the same way, but not all at the same speed. Some children develop faster or slower. There is no wrong way to develop. Not all areas can develop at the same time. Every child is different. Areas of child development include; language, cognitive, social-emotional, motor skills. Nature versus nurture was once a debate of how a child develops, but it is now believed that it's a combination of both nature and nurture together that develop the child into who he or she will be. Handouts about development of 3 to 4 year olds and 4 to 5 year olds were provided. Teachers talked about what the children are learning in the classroom. The subject of the month is, "All about us". The children are to bring in photos of their families and fill out a page with information.. The color for the month is orange and they are working on the letters Z, E, and F. They are also going over the routines and rules of the classroom such as wearing your mask and social distancing. The winner of the book, "Them Bones", including a fabulous four-foot, fold-out skeleton, by Ian Dicks and David Hawcock: was Mason B.

POLICY COUNCIL UPDATES

The start of a new Policy Council has begun on October 22, 2020. Policy Council met via Zoom to allow ease for communication and voting while practicing COVID 19 safety practices. All Board leadership positions were voted upon and filled. The September minutes were approved by the new Policy Council. Eight prospective hires were approved. OHS IM (ACF-IM-HS-20-05) was reviewed regarding the Focus Area One and Focus Area Two Audits, as well as CLASS will not be audited for the 2020-2021 year. Service area and center reports were approved.

"The Mouse That Was", by Paul Choy, E-book can be accessed by website kidsworldfun.com



CHILDREN'S BOOK SUGGESTION