

Head Start Early Head Start Annual Report 2018-2019



SOARING TO NEW HEIGHTS

WWW.MIDFLORIDAHEADSTART.COM

Hernando/Sumter Administration
835 School St.
Brooksville, FL 34601
352-754-2464

Volusia Administration
803 S. Woodland Blvd.
DeLand, FL 32720
386-736-1325



Head Start
Mid Florida Community Services
Early Head Start



Table of Contents

| | |
|----------------|--|
| PAGE 1 | Table of Contents |
| PAGE 2 | Program Overview |
| PAGE 3 | Parent Testimonials |
| PAGE 4 | Success Story |
| PAGE 5 | What's New |
| PAGE 6 | Health Services |
| PAGE 7 | Parent Engagement |
| PAGE 8 | Community Partnership |
| PAGE 9 | Head Start Financial Overview |
| PAGE 10 | Head Start Numbers |
| PAGE 11 | Early Head Start Financial Overview |
| PAGE 12 | Early Head Start II Financial Overview |
| PAGE 13 | Early Head Start Numbers |
| PAGE 14 | Kindergarten Transitioning |
| PAGE 15 | Monitoring & Audit Results |
| PAGE 16 | Center Directory |
| PAGE 17 | Our Website & Social Media Pages |



Program Overview

WHO ARE WE?

Head Start/Early Head Start is a nationwide, federally funded program whose purpose is to promote school readiness by enhancing the social, physical, and cognitive development of children. We are located in Hernando, Sumter, and Volusia counties of Florida. Head Start is provided at no cost to eligible families and accepts children age's three years old to five years old. Early Head Start provides early, continuous, intensive, and comprehensive child development and family support services to low-income infants and toddlers and their families, and pregnant women and their families. MFCS Early Head Start serves 112 children across Hernando and Volusia Counties. MFCS Early Head Start 2 serves 120 children and families. Early Head Start programs serve families through a full day, full year program, MFCS Early Head Start is Center-Based and provides early learning, care and enrichment experiences to children in an early care and education setting. Staff members also visit family homes at least twice per year.

WHAT IS OUR MISSION?

To provide comprehensive early childhood services that enhance the lives of children and families to collaboratively foster school readiness and self-sufficiency.

WHAT PROGRAMS DO WE OFFER?

Our programs promote school readiness of children ages birth to five from low-income families by supporting the development of the whole child. Our Head Start/Early Head Start programs are based in centers and schools. We believe in the support of children's growth and development in a positive learning environment through a variety of services, which include; early learning, health, and family well-being through opportunities such as:

- Frequent medical screenings
- Immunizations and dental services
- Healthy nutritional assistance (including free meals & formula)
- Referral services for a range of individual child and family needs
- Opportunities for parents to participate in school decision making
- Diapering & Toilet Training (including free diapers)

WHAT AREAS DO WE SERVE?

We have Head Start and Early Head Start centers located in Hernando, Sumter, and Volusia counties. There are twenty Head Start locations with a total of fifty-four classrooms. There are ten Early Head Start centers with a total of 26 classrooms. Two centers are located in Hernando county, one is located in Sumter county, and nineteen are located in Volusia county.

Parent Testimonials



"Head Start gave me the opportunity to grow as a professional and a person!

Today, I'm a Head Start parent and staff member. I'm helping families to become self sufficient by guiding them to be successful parents. I'm a family advocate thanks to Head Start who believe in me."
~Irmarelis F.

"My daughter's teacher Mrs. Norma makes such an effort and has made such an impression on my little girl. We are so blessed with our teacher."

~Domenica M.

"Head Start has been a pillar in my life since I was a small child, rescuing me and my family in so many ways! From there the program continued to be a part of my life as my mother went on to become a teacher for the program. My daughter was a Head Start child and I also became a teacher. The Mid Florida Community Services Head Start Program helped me achieve my goals and continue to grow professionally! I love this program, this agency, and everything they do to support children and families! They are a part of my forever family." ~Krista M.

"All three of my children have been in Head Start. As my youngest will finish his last year, I reflect on their journey. I am eternally grateful for all of the advice, friendship, and awareness this program has taught me. I had the honor of representing my child's class for a few years. I couldn't have met a nicer group of leaders and pillars in our community. Thank you so much for all you have done and continue to do." ~Angela T.

"Head Start program has had quite the impact on our 4 year old daughter. She is counting, writing, spelling even attempting to read her books. Her communication skills, personality and manners are changing and developing daily and we attribute a large part of the positive change to the great work by all the teachers and staff at Head Start combined with our good parenting skills as well. Thanks for peering [sic] me a part of your program. She will enter kindergarten confident and prepared for whatever hurdles she may encounter in the learning process. Thank you all" ~Mike & Rachel S.

This Parent is Soaring to New Heights

Parent Success Story

★ ESMERALD B. ★

Esmerald started her child Emma at Head Start three years ago. At that time, she wasn't sure what she wanted to do in life. She was working at a local food market. Esmerald was always in communication with her Family Advocate, Yvette. She'd often have conversations with her just trying to figure out what she wanted to do as a career. She quit her job in November of 2017 and decided to sign up to go to school.

Esmerald started school in January of 2018 and took courses studying Cosmetology. It was then, that she realized she really loved it. She just finished her schooling at the end of 2019, and also just passed one of her state board exams, which are required to become a licensed cosmetologist.

Esmerald loves The Head Start program and she was excited to express to her family advocate what the program means to her. "Head Start is a blessing, and without it I would not have been able to go to school. The program allowed me to find myself and what I really wanted to do." Esmerald had one child in Head Start and one child in Early Head Start. On the same day that her three year old child started at the Head Start program, Esmerald was actually due with her second child.

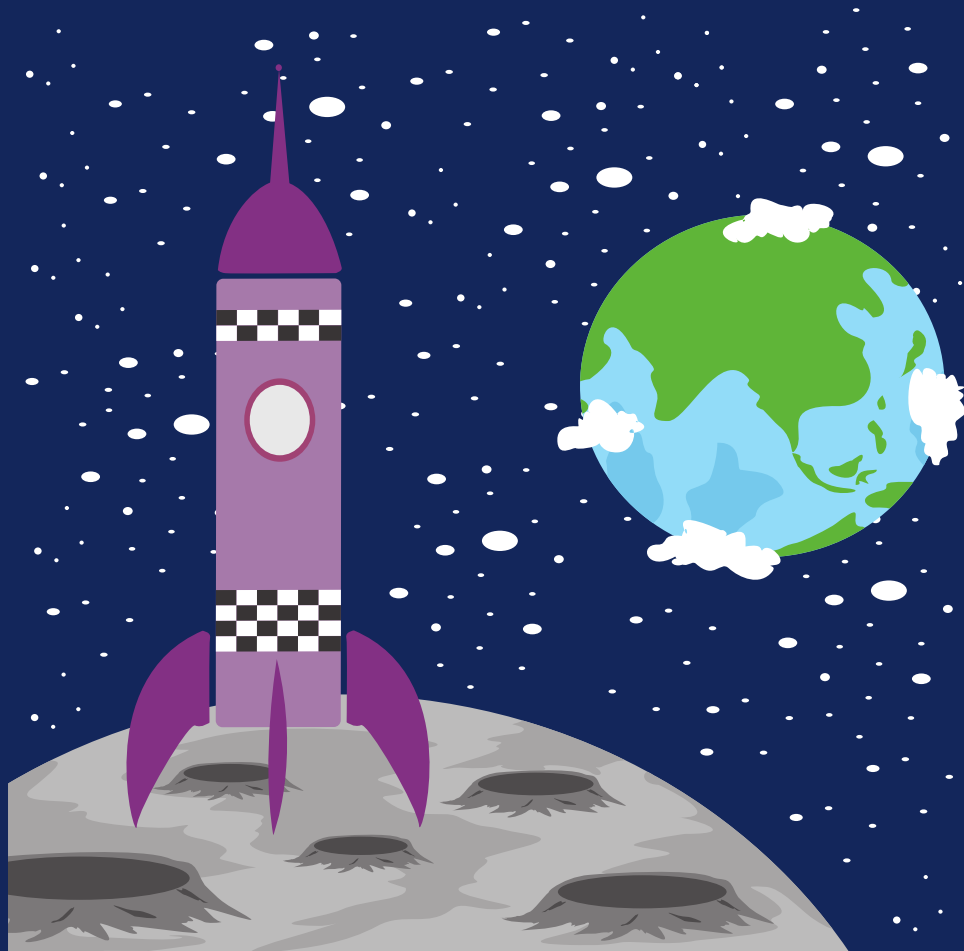


She said she is very grateful for the support and the great staff that we have at MFCS Head Start Early Head Start. She is thankful for what she has accomplished and for us taking care of her children, and providing them with a Head Start in life while she works and studies to make her new dreams a reality.



We Are Soaring to New Heights!

In March 2019, we applied and received the Early Head Start 2 expansion grant. 120 infant, toddlers, and pregnant women were able to receive our services. Through the expansion, MFCS is able to provide the home-based Early Head Start program.





Health Services

Mid Florida Community Services Head Start & Early Head Start Health Services would like to turn the spotlight on our enhanced partnerships with other community partners and agencies.

The Medical/Oral Health Services Coordinator in Hernando County was able to secure a partnership with Premier Community Health Care, the county's only Federally Qualified Health Center, to bring their mobile dental unit to our Spring Hill and Brooksville locations for the first three weeks of the school year. They also completed follow up visits for three weeks in February. The most difficult required screening to obtain for children in our program is a dental exam. The placement of the mobile dental unit on site has resulted in almost 300 dental screenings/exams being completed. We'd like to also recognize the Children's Medical Services Coordinator in Volusia County for securing a partnership with Family Health Source, the first federally recognized community health center in Volusia County. Family Health Source has provided a pediatrician and a dentist to present at our, It's A Health Thing! parent training series. This training series is presented at centralized locations for the east and west sides of Volusia County and transportation is provided if needed. Low literacy health education topics and materials presented are culturally sensitive and include: social and emotional health, challenging behavior, childhood illness, oral health and nutrition.

As the first in the parent training series, **What To Do When Your Child Gets Sick**, local pediatrician, Dr. Teresa Rojas from Family Health Source, covers the management of common childhood illnesses, injuries, and health problems.

As part of this training each parent is provided and guided through a low-literacy medical handbook in either English or Spanish, developed by the Institutes for Healthcare Advancement (IHA) entitled, **What To Do When Your Child Gets Sick**. In addition to the handbook, participants receive a digital thermometer and standardized medicine spoon.

Through the partnership with Family Health Source we were able to add in an additional parent training entitled, **What To Do for Healthy Teeth**. The Dental Director from Family Health Source, Dr. Leonel Torres, presents crucial information about children's teeth and how to keep them healthy. The attendees also received a low-literacy oral health handbook by the same name in English or Spanish, again developed by the IHA, toothbrushes, toothpaste, and dental floss.

Additionally, Family Health Source has provided professionals to present and train Head Start/Early Head Start staff at our Health In-Services. Another partnership to highlight is our most recent addition of a Mental Health Consultant, Annette Becklund, in Hernando County. Annette has been a great addition to the program and provides us with excellent support and recommendations. She has provided training to the Health Services Team and to the entire Head Start/Early Head Start staff in Hernando County. We have used her for multiple mental health evaluations and she will be presenting the **Challenging Behavior** session of It's A Health Thing parent training series for parents in Hernando County.

MFCS HS/EHS hopes to continue to strengthen these partnerships and add more resources for supporting our children and families.

Parent Engagement

MFCS Head Start and Early Head Start coordinates, promotes, and reinforces the importance of parent engagement and participation in the community. Through our services and resources, family engagement is encouraged in multiple settings. Mid Florida Community Services, Inc. Head Start and Early Head Start families and children interact, learn and play together. Each year families are given the opportunity to participate in parent committees, monthly parent meetings, parent planned activities, parent training's, and serve on the policy council.



Pictured is our first "Touchdown for Dads" event. This event included a motivational speaker, Dr. Willie Kimmons, giveaways, and parenting tips and resources. We hosted this football themed event in Hernando and Volusia counties. There were over 30 male role models in attendance. This was an event to promote male involvement in parenting.



Parents are encouraged to participate in parent engagement activities. A planned activity is held each month at our Head Start and Early Head Start centers.

Head Start Parent
Volunteers

1407

Early Head Start
Parent Volunteers

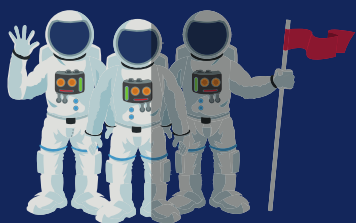
205

Head Start Father
Involvement

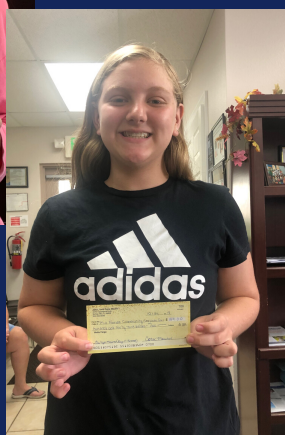
241

Early Head Start
Father Involvement

62



Community Partnership



Pictured are two students holding checks from their volunteer efforts with Project Pay it Forward.



Pictured is Katheryn Meagher who sponsored 13 Head Start Early Head Start Centers for the holidays.

At MFCS Head Start Early Head Start we take pride in building and strengthening community partnerships. We'd like to highlight what community partnerships mean to our organization. For Thanksgiving, we had several meals and turkeys donated from multiple organizations. Each of the Family Advocates worked alongside our community partners to ensure none of our families would be without a Thanksgiving meal. One of our Family Advocates, Tameka Foster even arranged to have ten Thanksgiving meals donated. She then personally delivered them to our local families in need. In addition to Thanksgiving donations, every one of our Head Start and Early Head Start centers in all three counties had a classroom holiday sponsor in 2019. The holiday sponsors collectively make it possible for each of our children to go home with a gift of their own for the holidays. We'd like to highlight some of our sponsors. Katheryn Meagher, President and Founder of Auxilium Manus DEO, Helping Hands with God has been sponsoring several of our centers for approximately five years. This year she decided to sponsor thirteen of our centers in Volusia County. She partners with the local fire department to bring Santa on a Fire Truck, elves to read the children a story, and gives each child a wrapped gift. This year she made over four hundred of our Head Start and Early Head Start children's holiday dreams come to life. Truly, the most important thing she brings is the pure joy, love, and magic of the holiday season to children who may not have otherwise experienced it. Another type of community partnership we have is with local schools. We have been partnering with Gulf Coast Middle School for the past four years. Each year, students from the middle school will select an organization to volunteer or fund-raise for. Year after year, MFCS Head Start Early Head Start has proven to be one of the most favored organizations selected. Our Family and Community Partnership Manager, Jackie Citarella attends an annual showcase night at the middle school. She explains more about the program and informs students of how they can get involved. The showcase night helps the students decide on which community organization to choose. Each year, we have approximately fifteen students who volunteer at the Spring Hill extended day program for Project Pay it Forward. We are beyond thankful for all of our community partners throughout the year. We always look forward to partnering with local organizations!



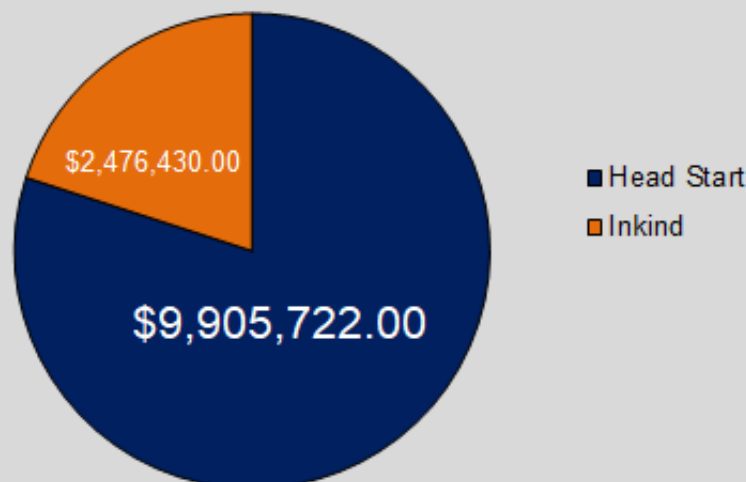


Head Start Financial Overview

Expenditures Budget to Actual

| Expenditure Category | Actual Expenditures | Budget | Variance | Percentage |
|----------------------|-------------------------|-------------------------|----------------|--------------|
| Training | \$ 115,623.00 | \$ 115,624.00 | \$ 1.00 | 0.00% |
| Salaries | 5,293,706.38 | 5,325,363.41 | 31,657.03 | 0.59% |
| Fringes | 1,782,256.81 | 2,106,331.31 | 324,074.50 | 15.39% |
| Travel | 61,037.75 | 62,606.00 | 1,568.25 | 2.50% |
| Equipment | - | - | - | 0.00% |
| Supplies | 199,216.03 | 150,574.00 | (48,642.03) | -32.30% |
| Contractual | 234,596.08 | 80,950.00 | (153,646.08) | -189.80% |
| Other | 1,289,022.57 | 1,112,032.86 | (176,989.71) | -15.92% |
| Indirect | 930,263.38 | 952,240.42 | 21,977.04 | 2.31% |
| Inkind | 2,476,430.00 | 2,476,430.00 | - | 0.00% |
| | <u>\$ 12,382,152.00</u> | <u>\$ 12,382,152.00</u> | <u>\$ 0.00</u> | <u>0.00%</u> |

Revenues Received



Head Start Numbers



Written In The Stars



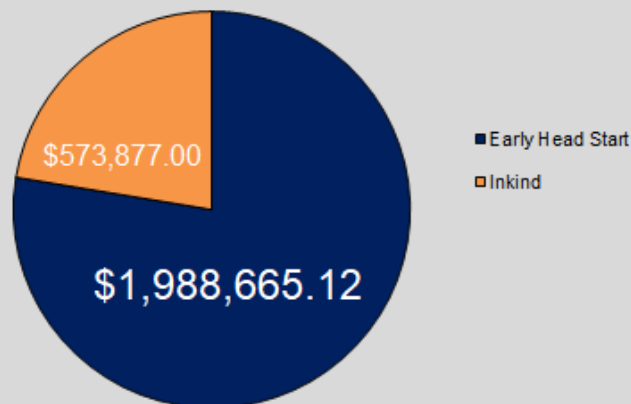


Early Head Start Financial Overview

Expenditures Budget to Actual

| Expenditure Category | Actual Expenditures | Budget | Variance | Percentage |
|----------------------|---------------------|-----------------|---------------|------------|
| Training | \$ 48,133.40 | \$ 54,603.00 | \$ 6,469.60 | 11.85% |
| Salaries | 1,005,775.66 | 1,229,628.14 | 223,852.48 | 18.20% |
| Fringes | 358,698.73 | 472,176.80 | 113,478.07 | 24.03% |
| Travel | 8,000.00 | 11,600.00 | 3,600.00 | 31.03% |
| Equipment | - | - | - | 0.00% |
| Supplies | 73,970.71 | 106,087.68 | 32,116.97 | 30.27% |
| Contractual | 15,350.23 | 16,796.00 | 1,445.77 | 8.61% |
| Other | 303,963.88 | 199,739.50 | (104,224.38) | -52.18% |
| Indirect | 174,772.51 | 204,875.88 | 30,103.37 | 14.69% |
| Inkind | 573,877.00 | 573,877.00 | - | 0.00% |
| | \$ 2,562,542.12 | \$ 2,869,384.00 | \$ 306,841.88 | 10.69% |

Revenues Received



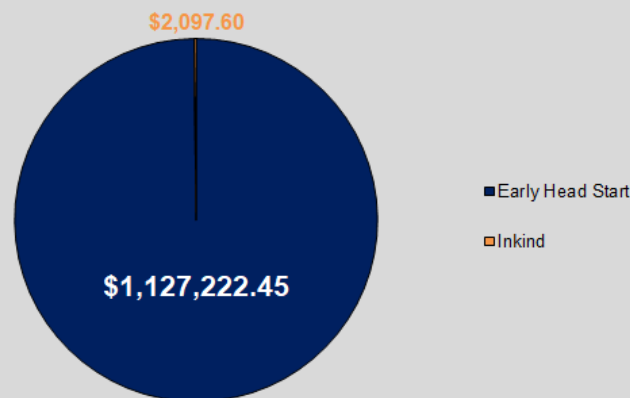


Early Head Start II Financial Overview

Expenditures Budget to Actual

| Expenditure Category | Actual Expenditures | Budget | Variance | Percentage |
|----------------------|------------------------|------------------------|----------------------|---------------|
| Training | \$ 18,874.92 | \$ 31,645.81 | \$ 12,770.89 | 40.36% |
| Salaries | 362,675.58 | 700,148.82 | 337,473.24 | 48.20% |
| Fringes | 98,823.82 | 251,368.67 | 152,544.85 | 60.69% |
| Travel | 7,866.45 | 8,573.25 | 706.80 | 8.24% |
| Equipment | - | - | - | 0.00% |
| Supplies | 282,105.70 | 202,194.45 | (79,911.25) | -39.52% |
| Contractual | 3,149.03 | 6,163.22 | 3,014.19 | 48.91% |
| Other | 322,940.47 | 236,845.27 | (86,095.20) | -36.35% |
| Indirect | 30,786.48 | 122,730.51 | 91,944.03 | 74.92% |
| Inkind | 2,097.60 | 324,370.00 | 322,272.40 | 99.35% |
| | <u>\$ 1,129,320.05</u> | <u>\$ 1,884,040.00</u> | <u>\$ 754,719.95</u> | <u>40.06%</u> |

Revenues Received





Early Head Start Numbers

Written In The Stars

Funded Enrollment

112

Cumulative Enrollment

189

Number of Families

166

Eligible Children

97%

Average Monthly Enrollment

98%

Primary Language: English

147

Primary Language: Spanish

41

Primary Language: Caribbean Languages

1

Primary Language: African Languages

0

Primary Language: European & Slavic

0

White

87

Black/
African-American

78

Hispanic/ Latino

65

Biracial/
Multiracial

21

American Indian /
Alaska Native

2

Native Hawaiian or
Other Pacific Islander

1

Newly Enrolled Children

92

Children Screened Within 45 Days

50

One-Parent Families

103

Two-Parent Families

63

Families That Received Services

278

Children Experiencing Homelessness

47

Foster Children

11

Received Medical Exams

64%

Received Dental Exams

94%

At Healthy Weight

86%



3, 2, 1, Blast-Off...



Transitioning to Kindergarten

MFCS supports our Head Start children going to Kindergarten in several ways. In late May's all outgoing children are provided with a "Transition Bag". The bag includes items such as developmentally appropriate activities parents can do with their children during the summer, school supply materials for children, a book, healthy food recipes, a registration requirement list from the local public schools, an information booklet for parents to prepare their child for kindergarten, and information about community resources.

During May, Parent Committee meetings, a kindergarten teacher from the local elementary school or a district kindergarten representative presents important information to parents regarding the kindergarten registration process and kindergarten expectations. They are also available to answer any questions.

Some of the local school districts also host Articulation Meetings and invite Head Start teachers and teachers from local private child care VPK programs. These meetings are held at an elementary school and are hosted by kindergarten teachers. The teachers present an overview of the kindergarten requirements. The Head Start and other early childhood teachers are also provided a tour of a kindergarten class and the elementary teachers are available to answer any questions.

Many of the Head Start classrooms work closely with a local elementary school and may take part in the "Adopt a Pre-School" program. This allows for the Head Start classroom to visit a local kindergarten classroom and participate in a portion of the day with the kindergarten children. Many times they are invited to join the kindergarten class for lunch. By this point the Head Start children have been practicing in their own classrooms and have learned how to carry a lunch tray. The Head Start children are very proud when they have the opportunity to participate in a kindergarten day.

MFCS Head Start was a participant in a collaborative effort with a local school district personnel and staff from the local Early Learning Coalition to develop a Kindergarten Readiness checklist. The Head Start teachers complete these checklists on children leaving our Head Start program and entering into kindergarten. They are then provided to the kindergarten teachers at the elementary school where the child will attend kindergarten.





Results of Focus Area 2 Monitoring Review

Our program received a Focus Area Two Monitoring Review of both the Head Start and Early Head Start programs from February 12-16, 2018.

Based on the information gathered during the review, our programs were found to have met the requirements of all applicable Head Start Performance Standards, laws, regulations, and policy requirements.

Results of Audit

MFCS completed their independent annual fiscal audit, conducted by Carr, Riggs, & Ingram, LLC. The Head Start finding, considered a significant deficiency, has been resolved. The finding involved management being unaware of required reporting for CFDA No. 93.600, Head Start and Early Head Start, Grant No. 04CH010229 and 04HP000076. The Organization failed to file SF-429 – Real Property Status Report and SF-429-A General Reporting. As of January 17, 2019, the Organization submitted both the 2016-2017 and 2017-2018 forms SF-429 and SF-429A on the grants.gov website.

Current Center Directory



Hernando County

HERNANDO HS/EHS

835 School Street
Brooksville, FL 34601
352-754-2464

SPRING HILL HS/EHS

11245 Spring Hill Drive
Spring Hill, FL 34609
352-556-4800

Sumter County

BUSHNELL HS

403 Lincoln Street
Bushnell, FL 33513
352-793-3737

Volusia County

BLUE LAKE HS

282 N. Blue Lake Avenue
DeLand, FL 32724
386-736-1891 ext. 243
352-277-1619

CHISHOLM HS

531 Mary Avenue
New Smyrna Beach, FL
32169
386-427-8149

COLEMAN HS

200 E. Blue Springs Avenue
Orange City, FL 32763
386-774-0423
386-774-1520

DELAND HS

726 S. Woodward Boulevard
DeLand, FL 32720
386-873-4804

DELTONA LAKES HS

2022 Adelia Boulevard
Deltona, FL 32725
382-277-1619

EASTERSEALS HS

1219 Dunn Ave.
Daytona Beach, FL 32114
386-624-1772

EVEC HS

461 S. Keech Street
Daytona, FL 32114
386-323-7115

HIGHLAND EHS

124 Highland Ave.
Holly Hill, FL 32117
386-281-3600

HOLLY HILL HS

719 Walker Street
Holly Hill, FL 32117
386-238-8455

HOPE PLACE HS/EHS

1340 Wright Street
Daytona Beach, FL 32117
386-281-3314

INDIAN RIVER HS

650 Roberts Road
Edgewater, FL 32141
386-427-8149

JO SHEPPARD HS/EHS

592 S. Volusia Avenue
Pierson, FL 32180
386-749-0300

MALLOY HS/EHS

330 E. Retta Street
De Leon Springs, FL 32130
386-315-6663
386-985-0807

OAK RIDGE HS/EHS

233 Oak Ridge Street
Holly Hill, FL 32117
386-366-8242 ext. 2007

OSTEEN HS

506 Doyle Road
Osteen, FL 32764
407-324-3865

PORT ORANGE HS/EHS

3749 S. Nova Road
Port Orange, FL 32129
386-788-1088

WESTSIDE HS

1210 Jimmy Ann Drive
Daytona Beach, FL 32117
386-788-1088

WOODWARD HS

1201 S. Woodland Boulevard
DeLand, FL 32720
352-277-1619

WVEC HS

803 S. Woodland Boulevard
DeLand, FL 32720
386-736-1891 ext. 243



For more information, visit our
website and follow us on Social Media:



www.MidFloridaHeadStart.com



[/MFCSHHeadStart](https://www.facebook.com/MFCSHHeadStart)



[@MFCSHHeadStart](https://www.instagram.com/MFCSHHeadStart)



[@MFCSHHeadStart](https://twitter.com/MFCSHHeadStart)



[/company/MFCSHHeadStart](https://www.linkedin.com/company/MFCSHHeadStart)

